
SAYRA MARTINEZ

Costa Mesa, CA 92626 ♦ 7146310922 ♦ m.sayra@ymail.com

PROFESSIONAL SUMMARY

To obtain a New Graduate Registered Nurse position, where I can utilize my clinical knowledge and quality management experience in an environment that will promote career and educational opportunities.

SKILLS

- Bilingual in Spanish
- Medication Administration
- Verbal and written communication
- Detail-oriented
- Teamwork
- Responsible
- Patient Care
- Flexible & Adaptable

WORK HISTORY

Registered Nurse, 01/2022 to Current

Long Beach Memorial Medical Center – Long Beach, CA

- Managed care from admission to discharge.
- Organized and managed care of patients undergoing various therapies and procedures.
- Evaluated healthcare needs, goals for treatment and available resources of each patient and connected to optimal providers and care.
- Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.
- Implemented medication and IV administration, catheter insertion and airway management.

Support Coordinator/LVN, 09/2018 to Current

Kaiser Permanente – Anaheim, CA

- Responded to patient requests with appropriate clinical and personal assistance.
- Worked with multidisciplinary team to carry out successful treatment plans for diverse acute and chronic conditions.
- Delivered oral medications, intramuscular injections to mitigate or resolve patient symptoms.
- Managed appointment calendar for scans, lab tests and evaluations.
- Assisted with admissions, appointments, transfers and discharges.

Licensed Vocational Nurse, 04/2017 to 09/2018

OC Global Medical Center – Santa Ana, CA

- Circulated assigned floor to measure and record patients' fluid and food levels, implementing measures to promote healthy intake and output as necessary.
- Helped patients complete day-to-day tasks, including bathing, dressing and eating.
- Delivered oral medications, intramuscular injections.

Licensed Vocational Nurse, 12/2016 to 06/2017

Oceanfront Recovery – Laguna Beach, CA

- Responded to patient requests with appropriate clinical and personal assistance.
- Assessed patients' temperature, pulse and blood pressure and recorded in electronic medical records.
- Reviewed patient history to verify conditions and current medications.

Nursing Assistant, 02/2014 to 01/2016

Fountain Valley Regional Hospital – Fountain Valley, CA

- Maintained patient stability by checking vital signs and weight, and recording intake and outtake information.
- Provided patients with personal hygiene assistance by giving bedpans, baths, backrubs and assisting with travel to bathroom.

EDUCATION

Bachelor Of Nursing: Nursing, 06/2022

Grand Canyon University - Phoenix, AZ

Associate Degree In Nursing: Nursing, 05/2021

Palomar College - San Marcos, CA

Associate Of Arts And Sciences: Nursing, 08/2019

Saddleback College - Mission Viejo, CA

Vocational Nurse Diploma: 09/2011

Concorde Career College - Garden Grove, CA

CERTIFICATIONS

- Certified- American Heart Association BLS exp: 12/30/23
- Registered Nurse #95262078 exp: 09/30/2023
- Licensed Vocational Nurse #277701

ADDITIONAL INFORMATION

- References Available Upon Request