

Gracie Mehle

NICU/Postpartum RN looking for travel contracts!

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I am an experienced RN with specialty in Level II NICU/SCN and former LDRP with current experience and expertise in Postpartum/Couplet care. I moved to Scottsdale, AZ from Seattle, WA and am looking for travel RN and contract opportunities. I have extensive experience as a staff RN in acute care settings. I am known to be very flexible, motivated and compassionate in my work environments and always looking to advance my skills and knowledge in the medical field. I desire to continue advancing in the field of registered nursing through professional and academic excellence.

Authorized to work in the US for any employer

Work Experience

Staff Registered Nurse

HonorHealth - Scottsdale, AZ

May 2021 to October 2021

- Attended stable and high-risk deliveries including c-sections and other surgical inventions; resuscitation and stabilization of newborn infants
- Transfer and admission of infants to NICU from delivery suite and operating room
- Responded to Family Childbirth Center concerns and requests for neonate assessment
- Collaborated with Licensed Independent Practitioners and care team members to formulate appropriate, holistic plans of care
- Implemented provider orders, while practicing within the hospital protocols and exemplifying company values and mission statements
- Provided ongoing care to compromised neonates including preterm, respiratory support including HFNC, CPAP, bilirubinemia, NAS and other high risk conditions
- Proficiency in all related skills including, but not limited to, IV starts and blood draws, medication administration, NG/OG insertion and maintenance, gavage feedings, vital sign monitoring/assessment, NAS scoring and appropriate inventions as indicated
- Implemented protocols and established appropriate feeding modalities based on individual patient assessment and needs
- Provided lactation education, instruction and support as appropriate for neonate status
- Ongoing assessment of patient status changes and progress
- Identified and provided education to parents and families of neonates
- Completed discharge process including discharge education, other resources to provide complete family support, ensuring all tasks completed prior to discharge
- Transferred, admitted and cared for stable mothers and babies on Couplet Care Unit on 3:1 ratio
- Performed all Postpartum functions including, but not limited to, vital signs, full body assessments, post anesthesia/epidural care, indwelling catheters, fundal checks, pain management, venous lab draws, lactation instruction and assistance and ongoing assessment for post-delivery complications in accordance with provider orders

- Performed all stable newborn tasks on Couplet Care unit including, but not limited to, vital signs, full body assessments, weights/measurements, heel sticks and venous draws, lactation support and assessments, ongoing assessments for newborn complications in accordance with provider orders
- Certified in CPR/BLS and NRP
- Expertise in EPIC applications

Staff Registered Nurse - Level II NICU/Postpartum

Swedish Medical Center - Edmonds Campus

April 2019 to November 2020

- Attended high-risk deliveries including surgical interventions; resuscitation and stabilization of newborn infants
- Transfer and admission of infants to NICU from delivery suite and operating room
- Responded to Family Childbirth Center concerns and requests for neonate assessment on stable baby unit
- Collaborated with Licensed Independent Providers, Nutritionists, MSWs and other relevant care team members to formulate appropriate, holistic plans of care
- Implemented provider orders, while practicing within the hospital protocols and exemplifying company values and mission statements
- Provided care to compromised neonates including preterm from 32 weeks gestation, respiratory support including HFNC, VT and CPAP, bilirubinemia, NAS
- Proficiency in all related skills including, but not limited to, IV starts and blood draws, medication administration, NG/OG insertion and maintenance, gavage feedings, vital sign monitoring and assessment, NAS scoring and appropriate interventions as indicated
- Implemented feeding protocols and established appropriate feeding modalities based on individual patient assessment and needs
- Provided lactation education and breastfeeding instruction and support in accordance with Baby Friendly standards as appropriate for neonate status
- Ongoing assessment of patient status changes and progress
- Identified and provided education to parents and families of neonates
- Completed discharge process including discharge education, collaborating and consulting with OT/PT, lactation, social work and other resources to provide complete family support, ensuring all tasks completed prior to discharge
- Precepted new grad nurses and oriented experienced nurses to SCN
- Certified in CPR/BLS and NRP
- Expertise in EPIC applications

Fellowship - Staff Registered Nurse - Level IV

Swedish Medical Center - Seattle, WA

December 2018 to April 2019

- Participated in NICU Fellowship including being precepted/trained by advanced skill RNs
- Attended and participated in associated NICU classes and education opportunities
- Acquired skills in advanced neonate care including full care of neonates from 24 weeks gestation and above
- Respiratory support including VT, CPAP, intubated patients supported by PRVC, SIMV, NAVA, NIV NAVA, HFOV
- INO therapy
- Pre and Post-op
- Assist with chest tube insertion and set up

- Formulated plans of care tailored to specific patient status and needs
- Educated and supported families in NICU setting
- Collaborated with LIP/medical staff on patient status changes and plan of care, received and implemented orders

Staff Registered Nurse - Level II NICU/Special Care Nursery

Swedish Medical Center - Ballard Campus

April 2015 to December 2018

- Completed 6 week residency at First Hill Level II NICU
- Attended high-risk deliveries including surgical inventions; resuscitation and stabilization of newborn infants
- Transfer and admission of infants to NICU from delivery suite and operating room
- Responded to Family Childbirth Center concerns and requests for neonate assessment on stable baby unit
- Collaborated with LIPs while implementing orders, appropriate protocols and plan of care
- Provided care to compromised neonates including preterm from 32 weeks gestation, respiratory support including CPAP, bilirubinemia, NAS
- Proficiency in all related skills including, but not limited to, IV starts and blood draws, medication administration, NG/OG insertion and maintenance, gavage feedings, vital sign monitoring and assessment, NAS scoring and appropriate inventions as indicated
- Implemented feeding protocols and established appropriate feeding modalities based on individual patient assessment and needs
- Provided lactation education and breastfeeding instruction and support in accordance with Baby Friendly standards as appropriate for neonate status
- Ongoing assessment of patient status changes and progress
- Identified and provided education to parents and families of neonates
- Completed discharge process including discharge education, collaborating and consulting with OT/PT, lactation, social work and other resources to provide complete family support, ensuring all tasks completed prior to discharge
- Precepted new grad nurses and oriented experienced nurses to SCN
- Certified in CPR/BLS and NRP
- proficiency in EPIC

Staff Registered Nurse - LDRP

Swedish Medical Center

September 2012 to April 2015

- Admitted labor patients to Family Childbirth Center
- Care of patient through labor and delivery process including vaginal and cesarean delivery and recovery
- FHR and Toco monitoring - assessment, response and intervention as indicated
- Primary labor RN in surgical setting including shoulder dystocia, vacuum assist, cesarean sections, hemorrhage emergencies and neonatal resuscitation/stabilization
- Role as Circulating RN in surgical settings
- Proficiency in all other related skills including, but not limited to, IV starts and blood draws, Foley catheter insertion and maintenance, assist on epidural/spinal anesthesia initiation and maintenance, medication administration, cervical checks and progress assessment
- Provided lactation education and breastfeeding instruction and support in accordance with Baby Friendly standards
- Collaborated with LIP during labor and delivery process to provide patient-centered care

- Formed and implemented plan of care tailored to patients' needs
- Certified in CPR/BLS and NRP
- Fully proficient in EPIC and OBIX

Staff Registered Nurse

Postpartum

November 2007 to September 2012

- Admitted vaginal delivery patients, c-section post-op patients, newborn infants and high-risk readmitted patients to Postpartum unit
- Assessed and monitored stable and high-risk patients
- Developed and implemented plans of care based on individual patient needs
- Implemented LIP orders according to patient assessment and fulfillment of care plans
- Supervised and delegated tasks to Neonatal Assistants and Licensed Practical Nurses
- Led and participated in emergent patient status changes including PP hemorrhages, PIH/preeclampsia/eclampsia emergencies, neonatal resuscitations
- Provided hands-on instruction on delivery recovery, new infant care and breastfeeding
- Educated and discharged stable and recovered patients
- Served as relief Charge Nurse as needed
- Formed and implemented plan of care tailored to patients' needs
- Certified in CPR/BLS and NRP
- Fully proficient in EPIC

Accounts Payable and Billing Specialist II

Harris Group, Inc

1998 to 2002

- Supervised the A/P and expense report processing for four offices
- Completed full cycle invoicing, daily cash management, cash position reporting and reconciliation of G/L accounts
- Set up and tracked project budgets and revenue
- Liaison to sister company, Harris Group International, Inc.

Internal Auditor

Forever Living Products, Inc

1997 to 1998

- Audited ongoing inventory and bookkeeping for all managers in US/Canada
- Produced extensive audit result reports
- Assisted Controller in accounting process

Field Paramedic

Tempe Pop Warner

June 1996 to August 1996

- Medically supervised athletes during league football play
- Responded to and assessed injuries sustained; triage cases
- Medically treated injuries as able; stabilized, transferred and referred acute/unstable cases to appropriate EMS/medical services
- Medically cleared athletes for play; advocated for athletes when medically unfit for play

Awards/Achievements

Labor and Delivery, Postpartum and Antepartum Preceptorship

- Evergreen Medical Center, Spring 2007

Class President - Bellevue Community College

- BCC Nursing Class of 2007

President

- National Student Nurses' Association, BCC College Chapter, 2005-2007

Wave Scholar

- Awarded Wave Scholarship April 2006

Dean's List

- Spring, Summer, Fall 2004 - Cumulative GPA 4.0, Seattle Central Comm. College
- Spring and Fall 2004 - Cumulative GPA 4.0, North Seattle Comm. College
- Fall 2005, Fall and Winter 2006, Cumulative GPA 4.0, Bellevue Comm. College

Honors, Graduating with Distinction

- Associate Degree Nursing - RN, Bellevue Community College, 2007

Volunteer Emergency Medical Technician

- Phoenix Fire Department, 1996-1997

Education

ADN

Bellevue Community College - Bellevue, WA

2005 to 2007

ADN

Seattle Central Community College - Seattle, WA

2004 to 2005

ADN

North Seattle Community College - Seattle, WA

2004 to 2005

AAS in Fire Science

Phoenix College - Phoenix, AZ

1996 to 1998

Nursing Licenses

RN

Expires: April 2025

State: AZ

RN

Expires: September 2021

State: WA

Skills

- Infant Care
- EMT Experience
- Critical Care Experience
- Hospital Experience
- Triage
- ICU Experience
- Nursing
- Epic
- Medical Records
- Pain Management
- EMR Systems
- Supervising Experience
- Patient Care
- Experience Administering Injections
- Medication Administration
- Employee Orientation
- Vital Signs
- Nurse Management
- Phlebotomy
- Venipuncture

Certifications and Licenses

Neonatal Resuscitation Program (NRP)

May 2022 to May 2024

BLS for Healthcare Providers

March 2022 to March 2024

STABLE

Present

Cardiac STABLE

Present

CPR Certification