

# Lauren Moser

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## Work Experience

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### **Registered Nurse**

Physicians Surgery Center of Frederick - Frederick, MD

February 2021 to Present

Specialty Pre-Op/PACU

- Verify patient's identity and surgical procedure
- Reviews consent forms with patient and answers patients questions relating to surgical procedure.
- Implements the plan of care: Perform individualized risk assessments; relaying patient's current status and any pertinent information regarding patient to the appropriate parties
- Provides information and support for patients and family members
- Gathers and documents patient's pre-operative vital signs and post-operative vital signs
- Gathers patient's medical history and any allergies to food/medications
- Start intravenous line on patient (Pre-Op) or discontinue intravenous line (PACU)
- Administer any pre-operative or postoperative medications if ordered by the physician
- Observes patient reaction to medication, and acts appropriately if any reactions occur
- Reviews post-operative instructions with patient as well as designated support person
- Remain up to date with equipment and supplies and stocks units when needed
- Perform Narcotic Count with another RN; signs correct verification of count in Narcotic Log
- Take part in pre/post-op phone calls and communicates any problems to appropriate person(s).

### **Registered Nurse**

Brook Lane Health Services - Hagerstown, MD

November 2020 to January 2021

Left this job for my safety, due to patient's being violent to staff.

- Demonstrate clinical competence and applies clinical knowledge and expertise to patient assessments and interventions
- Utilize good interviewing skills to obtain relevant history and physical information about patients for admission
- Administer medications correctly as well as accurately documenting transcription of order, dosage, timing and follow up
- Provide direct patient care through individual and group activities
- Implement treatment plan involving patients and other treatment team members as required; arranges for and coordinates group activities
- Observe and monitor patient's response to treatment; revises nursing plan as needed
- Complete documentation of patient care plan, patient condition, treatment interventions and patient's response to treatment
- Follow protocols and document for specific procedures and incidents such as accidents, seclusion and restraints
- Demonstrate problem solving skills

- Use interpersonal skills which communicate a sense of caring with staff, patients and families

### **Registered Nurse**

Shenandoah Community Health - Martinsburg, WV

April 2019 to November 2020

- Promote patient independence by establishing patient care goals; teaching patient, friends, and family to understand the condition, medications, and self care skills
- Gives medication as directed by the provider, vital signs; such as blood pressure, temperature, and weight. Basic wound care, injections and immunizations
- Entering information into the Electronic Medical Record (EMR)
- Scheduling appointments, keeping medical records current, and working with insurance companies
- Performs effective intake assessments including brief patient history, chief complaint, current medications, allergies, and significant medical/psychological problems
- Assists in preparing and directing patients for examination
- Screens assigned telephone messages and processes inquiries or refer to appropriate medical personnel
- Performs Point of Care testing, nursing procedures/treatments and medication administration per protocols upon request of the provider
- Notifies the physician of significant findings or changes in the patient's physical/mental condition
- Monitor patient's INR that are on Coumadin per physician's protocol
- Overseeing and supervision of LPN's and MA's within the department
- Monitoring patient flow between front office, providers, and other clinical staff to assure efficient use of staff time and exam room capacity

### **Respite Care Provider**

IRRV Special Needs TR Agreement - Mount Airy, MD

August 2016 to May 2019

- Care for a ventilator dependent patient
- Suction/bagging to relieve secretions from airway
- Activities of Daily Living- Bathing, diaper changes, urinary catheterization's and irrigation
- Change and sterilize tracheostomy and GI tube on patient
- Operate pulse ox, chest PT percussion, cough assist, nebulizer and GI tube feeding
- Measure and administer medications per doctor specifications

### **Registered Nurse**

Chambersburg Hospital - Chambersburg, PA

May 2017 to April 2019

From May 2017- August 2018 I was a Nurse Intern while in Nursing School; from August 2018- April 2019 I was a RN

- Care for patients on Progressive Care Unit (PCU)
- Assess patients, monitor vital signs, monitor lab work
- Administer medications to patients and monitor any type of reactions
- Communicate and advocate for patients and their families
- Assist patients with ADL's
- Communicate with doctors and other hospital personnel
- Post catheterization checks
- Cardiac strip interpretations
- Cardiac medication drip initiation and monitoring

## Education

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### **Associate's in Nursing**

Hagerstown Community College - Hagerstown, MD

August 2016 to May 2018

## Skills

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- American Sign Language
- Tube Feeding
- Experience Administering Injections
- Patient Care
- Medication Administration

## Certifications and Licenses

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**RN License**

**CPR Certification**

**BLS Certification**

**PALS Certification**