

Esther Amo Apeah

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Culturally competent Registered Nurse with practical experience in delivering quality care to patients. I have excellent exposure in all populations in nursing with a proven history of excellence in the services provided. I am proficient in Medication administration, Assessment Infection control, Wound Cleaning/Irrigation, and Tracheostomy care. Additionally, I have experience providing both hospital and private homecare delivery. I am a caring and reliable person with excellent listening, evaluation, team building, communication, and leadership skills. More specifically, I am effective and efficient in Electronic Charting and multitasking in stressful environments.

Medical Skill Set:

- Perform Patient-Centered Care while ensuring patient safety and HIPAA compliance.
- Utilize Evidenced-Based Practice through teamwork and collaborative application.
- Establish professional communication methods to attain health care outcomes.
- Implement standards of care to guarantee quality improvement in a cost-effective manner.

Administrative Skill Set:

- Capability to navigate established electronic medical record environments (i.e., MediTech, MatrixCare, PCC, and EPIC)
- Effective communicator with post-surgical patients.
- Successful application of cultural competency with in-patient populations.
- Demonstrates success with multitasking high client-centered workloads.
- Demonstrate ability to precepting Nursing Students.

Acquired Knowledge Base:

- Bachelor level Nursing degree utilizing a patient-centered care model.
- Integrated health philosophy encompassing: Chronic Disease and Medication Compliance; Geriatrics and Elder Sensitivity; Health Informatics, Documentation and Electronic Health Records/EHR; Navigating Health Plans (Medicare, Medicaid, Private and HIPAA Rules); Cultural Diversity in Health; Global Health Care Ethics.

Work Experience

RN

Houston Methodist Hospital

April 2021 to Present

- Assess, plan, implement, and perform diagnostic tests on patients.
- Assist and begin treatments with required medical procedures.
- Use organizational skills, technical skills to provide evidence-based practice to care for patients
- Demonstrate the ability to use critical thinking in providing effective care to patients
- Demonstrate ability in taking care of patients with Impella 5.5, Balloon Pumps, Swan-Ganz PA catheter and CRRT.

- Responsible and take accountability to actions taken.
- Provide and be resourceful to patient and family members for any questions
- Demonstrate the ability to work in a team approach environment.
- Demonstrate the ability to evaluate, show empathy, be respectful, dedicate, and ensure effective communication to patients and family members.

RN

Eastern New Mexico Medical Center
September 2020 to April 2021

- Responsible and accountable for planning and providing patient care under established Nursing Standards of Care.
- Demonstrate initiative, knowledge, and clinical skills in caring for the patient with complex needs.
- Demonstrates the ability to manage patients by assuming full responsibility for patient care effectively.
- Assess, plan, implement, and evaluate nursing care and directly reports to a designated nurse manager.
- Accountable for the delivery of safe patient care utilizing the nursing process.
- Assess plans, deliver, coordinate, integrate, and evaluate nursing care related to patient needs. Contributes to the support of patients through interdisciplinary teamwork.
- Demonstrate respects, care, acknowledge and takes responsibility for the duties

RN

Marlborough Hills Healthcare and Rehab
August 2019 to July 2020

- Assume responsibility and accountability for assigned residents.
- Provide nursing care through coordination, implementation, and evaluation of the plan of care in accordance with current federal, state, and local standards, guidelines, and regulations that govern a long-term care facility.
- Manage the working environment to maintain resident safety and supervise the resident care activity performed by nursing assistants.
- Coordinate total nursing care for patients, participate in patient and family teaching, and provide leadership by working cooperatively with other nursing staff and multidisciplinary team members in maintaining standards of professional nursing practice

Advocates Inc. and Life Skills Inc - Framingham, MA
May 2017 to September 2019

- Successfully perform vital signs, behavior/redirection techniques, colostomy and gastrostomy care, nephrostomy and nasogastric tubes, use of pumps, etc.
- Administer all necessary medications, as directed by the care plan, monitoring for compliance, and adverse reactions.
- Enhance patient well-being by supporting participation in medical, behavioral, spiritual, and social based activities.
- Accurately record all required client documentation by using established electronic medical record environments, such as Medi Tech and EPIC.

Student Nurse - Clinicals

UMass Memorial Medical Center - Worcester, MA
January 2019 to May 2019

St. Vincent Hospital - Worcester, MA
September 2018 to December 2018

Personal Care Assistant

Home Care Agency - Westborough, MA
August 2016 to July 2017

- Monitored vital signs and medication use, documenting variances, and concerning responses.
- Recorded client status progress and challenges in logbooks and reports.
- Monitored the health and well-being of each client, including any significant status changes.
- Completed scheduled patient check-ins and progress reports for all clients.

Jewish Health Care Center - Worcester, MA
September 2016 to December 2016

Education

Bachelor of Science in Nursing in Nursing

Anna Maria College - Paxton, MA

Certifications and Licenses

BLS Certification

TNCC Certification

Compact State Nurse License

RN License

CPR Certification