

ROLANDO SAUSA PARREÑO III
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CAREER OBJECTIVE

To obtain a position of ICU Nurse in reputed hospital setting where I will be given the chance to contribute my knowledge and skills in nursing for the benefit of the many and be allowed to grow both personally and professionally at the same time. I am highly motivated and compassionate nursing professional with over 10 years nursing experience in a critical care setting.

PERSONAL PROFILE

AGE	34 years old
GENDER	Male
HEIGHT	5'8" (170 cms.)
WEIGHT	75 kgs. (165 lbs.)
BIRTH DATE	December 05, 1987
BIRTH PLACE	Pototan, Iloilo, Philippines
CIVIL STATUS	Single
NATIONALITY	Filipino
RELIGION	Roman Catholic
LANGUAGES	Hiligaynon, Tagalog, English

EDUCATIONAL BACKGROUND

BACCALAUREATE	Central Philippine University, Jaro, Iloilo City, Philippines Bachelor of Science in Nursing , 2004-2008 ✓ Perlita Malicia Rebanal Scholarship Awardee
SECONDARY	Central Philippine University Development High School, Jaro, Iloilo City, Philippines, 2001-2004 Colegio de la Inmaculada Concepcion, Pototan, Iloilo, Philippines, 2000-2001
ELEMENTARY	Iwa-Macatol Elementary School, Pototan, Iloilo, Philippines, 1994-2000

LICENSURE/CERTIFICATIONS

Registered Nurse, USA
Illinois License Number: 041517757
Obtained: November 1, 2021
Expiration Date: August 8, 2022

HAAD Registered Nurse, Abu Dhabi, UAE

License Number: GN22668

Obtained: March 24, 2015

Expiration Date: March 24, 2023

Registered Nurse, Philippines:

PRC License Number: 0555283

Obtained: June 4, 2009

Expiration Date: December 05, 2023

PROFESSIONAL EXPERIENCE:

Duration of Employment : February 18 , 2022 to present
Name of Facility : Loretto Hospital
Address : 645 S Central Ave, Chicago, IL 60644
Bed Capacity : 63-bed Inpatient Medical/Surgery Unit
Unit : Critical Care Unit
Position : Agency Nurse under Avant Healthcare Professional

Hospital and Unit Description:

- ✓ Established in 1923, The Loretto Hospital serves more than 33,000 patients each year. We provide quality healthcare services including: primary care, geriatric, vision care, behavioral health services, women's health, podiatric medicine, and dental services. In addition, we are the largest non-governmental employer in the Austin community with more than 600 employees many of whom live in Austin.
- ✓ The Loretto Hospital's Critical Care Unit is a newly remodelled, 12 bed specialty care unit for patients with life-threatening injuries and illnesses. The CCU is equipped with state-of-the-art medical technology that provides 24/7 monitoring of patient's vital signs.

Duties and Responsibilities:

- ✓ Utilizes evidence based practice in the delivery of patient care
- ✓ Participates with quality initiatives, research or evidence based activities
- ✓ Assumes responsibility for seeking data to support care given
- ✓ Demonstrate the commitment to ongoing evaluation of quality and effectiveness of nursing practice in Critical Care.
- ✓ Supports unit standard of practice and performance improvement measures to enhance quality of care and service to the patient.
- ✓ Understands and adheres to Loretto Hospital's compliance standards as they appear in the Compliance Policy, Code of Conduct and Conflict of Interest Policy.
- ✓ Develops a therapeutic relationship with patients and families through communication and acknowledgement of patient /family perceptions of health and illness and mutual goal setting for optimal outcomes
- ✓ Creates constructive partnerships with peers, professional nurses and other disciplines to achieve positive patient outcomes
- ✓ Provides and gives courteous service to patients, visitors, staff and other disciplines both internal/external customers. Ensures that all communications and job activities results in a positive customer experience

- ✓ Supports and environment conducive to the development and enhancement of working relationships.
- ✓ Facilitates the department/hospitals ability to meet its goals and objectives. Willing to accept additional assignments or assist others to ensure the continuity of services.
- ✓ Demonstrate the ability and willingness to collaborate with the client, significant others and health care providers in providing patient centered care.
- ✓ Maintains professional attitude with patients/family and other disciplines
- ✓ Demonstrates required knowledge and skills to efficiently consider individual's diagnosis, diverse culture, religious beliefs, age, and sexual orientation.
- ✓ Demonstrates the use of the nursing process in analyzing patient condition and implementing the plan of care for optimal outcomes
- ✓ Demonstrates the ability to recognize adverse patient condition and notifies physician appropriately
- ✓ Effectively utilizes problem solving skills to prevent adverse patient events
- ✓ Consistently prioritizes patient care needs and intervenes with high priority first
- ✓ Demonstrates competency with Critical Care Skills
- ✓ Demonstrate effective communication skills with patient/family and other members of the health care team
- ✓ Assumes responsibility for compliance with mandatory competencies
- ✓ Operates assigned equipment and performs all procedures in a safe manner complying with safety standards and goals.
- ✓ Consistently demonstrates responsibility in knowing standards of critical care nursing, hospital policies and procedures
- ✓ Keeps abreast of all pertinent federal, state and Hospital regulations, laws, and policies as they presently exist and as they change or are modified.
- ✓ Able to effectively assume the charge nurse role
- ✓ Participates in unit meetings and CCU decision making
- ✓ Assumes role of preceptor for new hired RN's
- ✓ Assumes leadership role in quality initiatives
- ✓ Acts as a role model for novice nurse

Duration of Employment : July 13, 2015 to February 8, 2022
Name of Facility : NMC Royal Hospital Khalifa City
Address : 16th St.,Khalifa City A, Abu Dhabi, United Arab Emirates
Bed Capacity : 250 beds
Unit : Medical – Surgical Intensive Care Unit and Isolation ICU
Position : Staff Nurse (Full Time)

Hospital and Unit Description:

- ✓ A 250 bedded tertiary hospital that is part of UAE's largest private hospital chain aiming to become the 'Hospital of Tomorrow'
- ✓ The medical – surgical intensive care unit is consist of 11 beds and isolation intensive care unit with 3 beds. The nurse - patient ratio is 1:1 and 1:2 for high care patients.

Duties and Responsibilities:

Team Leader

- ✓ Assist the Charge Nurse in making adequate provision of nursing care of patients in the ICU and supervises that care.
- ✓ Performs general rounds of the whole department when starting the shift and gives report to different authorities as needed.
- ✓ Administers and supervises nursing activities in the unit.
- ✓ Responsible for providing quality nursing care to critically ill patients by supervising the team members.
- ✓ Perform audits along with the Charge Nurse based on the guidelines of the quality department.
- ✓ Maintains harmonious relationship among the ICU personnel, resident doctors and other members of the healthcare team.
- ✓ Spearheads the formulation, dissemination, interpretation, implementation and evaluation of the ICU and hospital policies.
- ✓ Checks and updates unit inventory and sees to it that stocks are always sufficient.

Staff Nurse

- ✓ Provides direct care and related duties in critical care and maintains current knowledge of critical care nursing practice and standards.
- ✓ Plans, implements, and evaluates nursing care given to assigned patient in an effective and organized manner.
- ✓ Provides for the physical psychological and social needs of the patient and families.
- ✓ Provide comprehensive pre-operative and postoperative nursing care to all surgical patients.
- ✓ Predominant role in preparation, administration and documentation of medication.
- ✓ Performs a wide range of nursing procedures with attention to accuracy, patient safety and comfort, including those requiring aseptic technique.
- ✓ Demonstrates sound knowledge and participates in fire safety, patient safety, infection control, and the necessary precautions as per hospital policy
- ✓ Takes responsibility for professional clinical practice and is actively involved in updating and continuing education.

Duration of Employment : November 24, 2010 – May 20, 2015
Name of Facility : St. Paul’s Hospital Iloilo
Address : Gen. Luna St., Iloilo City, Philippines 5000
Bed Capacity : 265 beds
Unit : Emergency Room (November 24, 2010 up to August 15, 2011)
Surgical Intensive Care Unit (August 16, 2011 up to May 20, 2015)
Position : Staff Nurse (Full Time)

Hospital and Unit Description:

- ✓ Saint Paul’s Hospital Iloilo is located in the heart of the city. It is managed and owned by the Sisters of Saint Paul of Chartres, a tertiary level training general hospital with a capacity of 265 beds. It can boast of its quality services, qualified medical staff, skilled personnel, the integration of spiritual care, reconciliation and healing through holistic care of patients, and a clean hospital environment. It caters to the health needs of the inhabitants of Iloilo City, its neighboring towns and provinces like Aklan, Antique, Capiz, Palawan and Negros Occidental.

- ✓ The Surgical Intensive Care Unit (SICU) consists of 5 beds (with nurse patient ratio of 1:1 and 1:2.), and provides acute, intensive care for trauma and surgical patients who require vasoactive medications, support measures, invasive monitoring and active management.

Duties and Responsibilities:

- ✓ Plans for a total nursing care of critically ill patients.
- ✓ Maintains/ establishes good working relationship with other personnel in the SICU
- ✓ Provides emotional support to patient and members of the family.
- ✓ Supervises new staff nurses and students undergoing orientation to the SICU.
- ✓ Responsible in checking stock, supplies and proper charging of SICU items used by patients.
- ✓ Responsible for maintaining cleanliness and orderliness of the SICU, reporting out of order among equipment.
- ✓ Administer medication, carries out treatments and procedures, noting any reactions.
- ✓ Participates in the general activities of the Nursing Service. Performs and complies with all systems and procedures affecting quality.
- ✓ Performs other assignments as directed.
- ✓ Makes and submits a 24 hour census report for reference.
- ✓ Ensures that patients are properly billed.
- ✓ Follows and practices hospital standard operating policies and procedures for proper implementation.
- ✓ Interprets to clients, family and visitors the rules and regulations and policies for compliance.
- ✓ Coordinates with clinical instructor the activities of the affiliating students to enhance learning experiences on patient care.
- ✓ Participates in the orientation of new, non-professional nursing personnel to maintain quality standard of care.
- ✓ Participates and initiates in nursing research and studies to keep abreast in current trends in nursing practice.
- ✓ Initiates membership in the professional organizations for growth and development.
- ✓ Attends updates, workshop and seminars for continuing education.

Duration of Employment : December 14, 2009- May 14, 2010
Name of Facility : St. Therese MTCC Hospital
Address : San Agustin St., Iloilo City
Bed Capacity : 100 beds
Unit : Emergency Room
Position : Volunteer Nurse

Hospital and Unit Description:

- ✓ St. Therese-MTCC Hospital (ST-MTCCCH) is an academic affiliate of St. Therese MTC Colleges-College of Nursing. It is accredited by the Department of Health (DOH), International Standards Organization (ISO- 9001:2000) and the Philippine Health Insurance Corporation (PhilHealth). It is a 100 bed capacity hospital.

Duties and Responsibilities:

- ✓ Perform nursing assessment, plan, implement and evaluate care rendered

- ✓ Observe and monitor patient for undue development and refer as necessary
- ✓ Nursing documentation in a brief, accurate and complete manner
- ✓ Work interdependently with other healthcare professionals
- ✓ Perform chest physiotherapy to patients requiring such
- ✓ Do ECG taking, IV cannulation, insertion of urinary catheter, nasogastric tube, and wound dressing
- ✓ Assist physician during minor procedures done on bedside such as CVP insertion, chest tube insertion and lumbar puncture
- ✓ Collect blood samples necessary for blood investigations.
- ✓ Initiate CPR during cardiopulmonary arrest
- ✓ Operate certain equipment used in the unit
- ✓ Administer oral and IV drugs as ordered by the physician

CORE QUALIFICATION

- ✓ HAAD Examination for Registered Nurse Passer
- ✓ Basic Life Support (BLS) and Advanced Cardiac Life Support (ACLS) provider.
- ✓ Dedicated, compassionate, knowledgeable healthcare professional with over 7 years of ICU staff experience providing high quality care to patients presenting diverse medical and surgical as well as pediatric and obstetric conditions in critical care setting.
- ✓ Excellent bedside manner with ability to quickly establish rapport with patients.
- ✓ Demonstrated perseverance, compassion and attention to detail.
- ✓ Knowledgeable of current nursing practices and procedures.
- ✓ Able to function autonomously and be adaptable and flexible in a rapidly changing environment.
- ✓ Able to demonstrate critical thinking and problem solving skills.
- ✓ Able to handle critical and highly stressful situations with efficiency and composure.
- ✓ Able to react decisively and intelligently in emergencies, perform and assist in medical procedures with accuracy.
- ✓ Expertly operate life support machines and other medical equipment

SKILLS

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| ✓ IV Therapy (Adult and Pedia IV Insertion, Blood Transfusion) | ✓ Suctioning |
| ✓ Physical Examination and Health Assessment | ✓ NGT Insertion |
| ✓ Laboratory draws (venipuncture, ABG extraction) | ✓ Cardiopulmonary Resuscitation |
| ✓ Urinary Catheterization | ✓ Computer Literate (Hospital Information System) |
| ✓ ECG Interpretation | ✓ ACLS |
| ✓ ECG Taking | ✓ ABG interpretation |
| ✓ Vital Signs Taking | ✓ Tracheostomy care |
| ✓ Wound Care | ✓ Medication Administration |
| | ✓ Post-Mortem Care |

MACHINES OPERATED

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|--|---------------------------------------|
| ✓ Mechanical Ventilator (Covedien Puritan Benett PB 980, Philips | Respironics V60, Newport Ht70 Plus) 9 |
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- ✓ ABG Machine (IRMA TruPoint Blood Gas Analyzer ; Roche – cobas b 2221 Blood Gas System)
- ✓ ACT Machine (Trupoint)
- ✓ Defibrillator/AED (Philips)
- ✓ IV Syringe Pump (Terumo)
- ✓ IABP Machine (Minuet)
- ✓ Pneumatic Tube System
- ✓ Cardiac Monitor (Philips)
- ✓ Central Monitor (Philips)
- ✓ Vein Finder (VeinViewer)
- ✓ Feeding pump (Kangaroo, Compat)
- ✓ Warm Touch Machine (Covidien)
- ✓ Pulse Oximeter
- ✓ SCD machine (Covidien)
- ✓ ECG Machine (Philips)
- ✓ Fluid Warmer
- ✓ Suction Machine
- ✓ IV Infusion Pump(Terumo)
- ✓ Nebulizer
- ✓ Alpha bed (Saniflow)
- ✓ Hoist Lift
- ✓ Glucometer
- ✓ CRRT Machine (Prismaflex)
- ✓ Incentive Spirometer
- ✓ Macerator

TRAININGS, SEMINARS AND RELATED LEARNINGS ATTENDED

Advanced Cardiac Life Support (AHA)

- ✓ March 21, 2022
- ✓ Nursing Unlimited, Inc

Basic Life Support for Healthcare Professionals (AHA)

- ✓ March 21, 2022
- ✓ Nursing Unlimited, Inc

Fast Track management of Acute Chest Pain

- ✓ November 27, 2016
- ✓ Lecture Hall, NMC Specialty Hospital, Electra Street, Abu Dhabi

Trauma Essentials and Trauma Care

- ✓ December 18, 2016
- ✓ Lecture Hall, NMC Specialty Hospital, Electra Street, Abu Dhabi

REFERENCES:

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I hereby affirm that all of the above information are true and correct to the best of my knowledge and belief.

ROLANDO S. PARREÑO III, RN
Applicant