Danna K. Lara MSN, APRN, CPNP PC/AC, CPN

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Professional Profile

Dual certified pediatric nurse practitioner with 24 years of acute care pediatric nursing experience is passionate about quality, safety, and education. A mature professional who is knowledgeable, reliable and resourceful and I am seeking an opportunity in pediatric acute care as a pediatric nurse practitioner.

**Work Experience**

## Little steps pediatrics, Las cruces, new mexico

*Pediatric nurse practitioner – Primary care clinic, March 2022 – June 2022*

* Overseeing the health of pediatric patient and their families focusing on wellness and disease prevention through education and understanding.
* Through history and physical exam, lab interpretation and diagnosis.
* Clear and direct communication with families ensuring education and understanding.
* Open communication and respectful shared decision making.
* Dedicated to lifelong learning, professionalism, and clinical expertise.

## Children's Health Plano, Plano, Texas

*Registered Nurse – Perioperative services, Nov 2016 – Feb. 2022*

* On the day of surgery, educate families and answer question about the surgical process, set realistic expectations, obtain a brief health history and assessment to ensure the patient is safe for surgical procedure under anesthesia. Identify any concerns that will change the perioperative plan of care.
* Empowering families through education and understanding that their individual perspective will influence each encounter.
* Maintain clear, calm, and direct communication as a professional member of the medical team.
* Postoperative care management and includes instructions that are tailored to the patients’ individual circumstances and Teach Back methods to ensure safe care at home.
* Actively leading process improvement work groups in department to identify education needs, ensure patient safety, satisfaction, and quality outcomes.
* Unit champion in regulatory guidelines, hospital policy and unit council member 4 years.

CHILDREN’S HEALTH, SOUTHLAKE, TEXAS

*Registered Nurse – Specialty care, surgery center and MRI, May 2011 – Nov 2016*

* Three days prior to the day of the day surgery procedure, review the medical record for any problems that may modify perioperative care and identifies anything that may raise concern or further action to ensure safety in the surgical process. Further action includes gathering information from medical records, patient, and family interview, as well as findings from previous lab studies, electrocardiograms, or radiographs.
* On the day of surgery, perform a brief health history, assessment to ensure the patient is safe for surgery and anesthesia. Identify any concerns that will change the perioperative plan of care.
* Expanded role from surgery to MRI cases requiring anesthesia (same as noted above).
* Expanded role in covering clinic, assisting with procedures in clinic including circumcision, flexible scope exams, and outpatient lab services.
* Knowledgeable in regulatory guidelines for outpatient surgery center from Texas Department of Health, Joint commission, and Texas Department of Pharmacy.
* Children’s Health Patient Safety Champion Award in August 2013, March 2014, and a consistent Unit Council Member.

CHILDREN’S MEDICAL CENTER OF DALLAS, DALLAS, TEXAS

Registered Nurse – PSC Surgery Center, Variable Staffing Pool (All inpatient units including cardiology and nephrology, PICU and ER), *June 1997 – May 2011*

* Attention to detail in patient care and assessment to ensure safety in complex and critical care patients including heart and kidney transplant, peritoneal dialysis manual and cycler
* Maintain active communication with medical care team in patient care process.
* Maintain complete and detailed documentation of care provided
* Educate patient and family to ensure safety, decrease anxiety and promote positive outcomes.
* Carry “code pager” for hospital code team, for resuscitation and transport of critically ill patients.
* Preceptor for newly hired staff or new to a department.

# Education

## University of alabama at birmingham, birmingham, alabama

## Master of Science in Nursing Pediatric Primary and Acute Care, May 2020

## oklahoma wesleyan university, bartlesville, oklahoma

## Bachelor of Science in Nursing, June 2016

* Cum Laude Latin Honors, June 2016

## el centro dallas college, dallas, Texas

## Associate Degree in Nursing, May 1996

# Clinical Rotations at UAB

* Pediatricians of Dallas: 77 hours, Fall 2018
* Children’s Health Plano Gastroenterology and Hepatology: 103 hours, Fall 2018
* Children’s Health Dallas Otolaryngology: 170 hours, Spring 2019 & Spring 2020
* Children’s Health Dallas Pulmonology: 120 hours, Spring 2019 & Summer 2019
* Children’s Health Plano Emergency Room: 232 hours, Summer 209 & Fall 2019
* Children’s Health Dallas Pediatric Intensive Care Trauma: 102 hours, Fall 2019
* Children’s Health Andrews Center (pediatric orthopedics): 70 hours, Spring 2020

# Additional Information

* Texas Board of Nursing: RN 628946, APRN AP1016613, Prescriptive Authority 39347
* New Mexico Board of Nursing: RN w/ prescriptive authority 66452
* DEA ML7055608 & NPI 1578224275
* BLS and PALS certified
* PNCB Certified Pediatric Primary/Acute Care Nurse Practitioner
* PNCB Certified Pediatric Nurse
* NAPNAP member since 2020
* Icare recognition from families, Icare winner June 2021