

Tiara Lester

LPN Field Nurse

Clarksville, TN 37042

lestertiara@gmail.com

+1 870 740 3660

Licensed Practical Nurse

Highly skilled nurse with 4 years practical nursing experience in long term care setting, and 4 years in home health care.

Established in patient support including assessment, counseling, education regarding medications and disease management.

Proficient in performing nursing procedures such as care of foleys, drains, tracheostomy tubes, nephrostomy tubes, wound care, suture removal, wound vacs, colostomy care, urostomy care, and peripheral IV care.

Knowledgeable in documentation using Kinnser, Homecare Home base, and Vision EMR. Proficient in managing heavy daily patient volume including telephone triage, appointment scheduling, and patient referrals.

Able to remain calm and follow orders swiftly and correctly in emergency situations.

Work Experience

LPN

Cumberland Manor Nursing & Rehabilitation Center - Nashville, TN

November 2017 to Present

Administered medications, performed nursing procedures as ordered by physicians, transcribe orders, assist with ADLs, and delegate tasks to CNAs.

LPN Field Nurse

NHC Homecare - Springfield, TN

March 2017 to March 2017

Perform home visits for teaching on chronic disease processes, and perform wound care. Obtain labs as ordered, and transcribe orders.

LPN field nurse

Intrepid Healthcare - Pleasant View, TN

June 2013 to November 2016

care management

Performed teaching on disease processes such as DM I and II, COPD, CHF, CKD, CRF, Cancer, Asthma, Pneumonia,

Dementia/Alzheimers, wound care, Pain, Knee/Hip Replacements, and Spinal Surgeries. Required to care coordinate physical therapy, occupational therapy, speech therapy, and MSW services for optimal patient healthcare.

Coordinated with DME companies and MDs to supply patients with equipment needed in home.

Referred pts to ALFs and Hospice if necessary and approved by physicians.

Patient Care Coordinator/LPN

Suncrest Home Health - Clarksville, TN

September 2016 to September 2016

Enter referrals for home health services from hospitals, and doctor's offices. Scheduled patient visits to clinicians as ordered by physicians. Performed home visits for teaching and wound care.

(Tennessee Health Management)

Clarksville Nursing and Rehab. (931) 552-3002. 9/2015-3/2016

Cumberland Manor Nursing and Rehab (615) 726-0492

Clarksville & Nashville, TN

-LPN

Administered medications, performed wound care, foley care, assessments, assigned CNA shift tasks, transcribed orders, reported abnormal findings to MD/NP, obtained labs, and scheduled appointments.

MDS coordinator/LPN Charge Nurse

Heritage Square Nursing and Rehab Center - Blytheville, AR

February 2011 to June 2013

Responsible for initiating care plans, education of LPN's and CNAs, care coordination between families, physicians, and residents.

Administered medications, performed wound care, foley care, scheduled appointments, completed planning for admissions and discharges.

Education

Arkansas State University - Marked Tree, AR

January 2010 to December 2010

Skills

- Nursing
- Alzheimer's Care
- Dementia Care
- Medication Administration
- Transcription
- EMR Systems

Certifications and Licenses

BLS/CPR

March 2019 to March 2021

LPN

RN

LVN