**SJ**

S T E P H A N I E J E F F E R S

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VA, 23701

**PROFESSIONAL SUMMARY**

Skilled team player with strong background in communication. Works well independently and in a team to handle assignments. Continues to push for that next level of education, working on my BSN.  Able to adapt fast, and able to keep a calm environment during emergency situations.

**SKILLS**

Medication administration Team coordination

Problem-solving Collaboration

Patient care Patient assessments

Care planning

**EXPERIENCE**

**RN, First Choice Nurses,** December 2020-Current

Helping to staff hospitals in need on multiple different floors. Being flexible and adaptive to whatever floor I am being sent to. Assisting patients and providing them a healing environment.

**RN**, **Fresenius Kidney Care**, May 2019 – March 2022, Virginia Beach, VA

Assessing and monitoring patients while they receive their dialysis.  Monitoring and leading my team that starts and ends my patients' treatments.  Overseeing the Access management of my dialysis patients.

**Orthopedic Technician**, **US ARMY**, Nov 2012 - Current, Virginia Beach, VA Assist surgeons post surgery, making splints for the patient.  Working in ortho. clinics making casts and splints.

**RN**, **Sentara Leigh Hospital**, May 2018 - May 2019, Virginia Beach, VA I worked ortho/Med surg.  I managed a six patient load. Overseeing pain management, Physical therapy, and the overall wellbeing of my patients.  Caring for patients post surgery.

**CNA**, **Visiting Angels** , Jun 2012 - May 2018, West Point, VA

Supported patients with daily activities and attending to personal hygiene, transporting patients, and assisting them in walking and exercising.

**EDUCATION**

Associate of Science, Nursing May 2018

**Rappahannock Community College** - West point, VA

High School Diploma June 2012

**Mathews High School** - Mathews , VA