

Colleen Natalie Stephens, RN

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CAREER OBJECTIVE

I am a registered nurse always seeking to grow in my profession.

LICENSURE/CERTIFICATION

	Expiration
● Florida Compact Registered Nurse License RN9366696	04/2023
● BLS	03/2024
● ACLS	03/2024

EDUCATION

Bachelor of Science, Nursing , Florida International University, Miami, FL	05/2017
Associate in Science, Registered Nurse , Miami Dade College, Miami, FL	05/2013
Licensed Practical Nurse , Sheridan Technical Center, Hollywood, FL	05/2011
Associates in Art, English , Miami Dade College, Miami, FL	08/2007

PROFESSIONAL EXPERIENCE

Jackson Health System , Miami, FL COVID RN- Float Pool PRN	02/2021-06/2022
<ul style="list-style-type: none">● Assess, monitor, treat, and educate COVID-19 infected patients● Assess, monitor, and treat telemetry patients● Collaborate with multiple disciplines and team members● Proficient utilization of feeding tubes, internal and external catheters, IV management, and transfusions● Education resource for family members● Perform admissions and discharges	
Cape Coral Hospital , Cape Coral, FL Progressive Care Observation Unit- Full Time	01/2020-09/2020
<ul style="list-style-type: none">● Assessed telemonitored patients and treated abnormal values according to order, or notified physician of abnormality● Engaged with patients, their family members, and staff in professional, age, and culturally appropriate communication● Performed admissions and discharges of patients● Administered cardiac drips● Performed patient and family teaching● Served as a resource and support to fellow staff members● Assessed, documented, reported physical and mental state of patients● Maintained safety and infection control guidelines	

HealthCare Support, Miami, FL

07/2019-12/2019

Telephonic Registered Nurse Care Manager- Temporary Full Time

- Telephonically assess members clinical and functional status to identify baselines, educational gaps, and needed interventions
- Make clinical decisions for routine patient care
- Prepare care plans to address gaps in clinical and functional conditions
- Coordinate interdisciplinary care team to consist of members, physicians, internal and community resources, and caregivers
- Accurately document and submit timely records
- Update and revise member care plans as needed
- Manage members health to decrease hospitalization
- Provide emotional support to members and caregivers

North Shore Medical Center, Miami, FL

03/2017-08/2019

Neuro Stepdown Registered Nurse- Full Time

- Coordinating with health care team members to assess, plan, implement, and evaluate patient care
- Preparing, administering, and recording prescribed medication and treatment
- Proficient use of medical equipment including feeding tubes, ventilators, suction catheters, Foley catheters, nasogastric tubes, warming blankets, chest tubes, central and peripheral access lines, and ostomies
- Teaching patients and families the linkage amongst diets, pathologies, medication, and wellness
- Supporting new hires to the unit by training and strengthening their professional growth
- Identifying irregular telemetry readings, treat according to physician orders, and notifies appropriate medical team members
- Serving as charge nurse: creating shift schedule, monitoring patients on unit, completing shift reports, managing isolation beds, cohort patients, being a resource for other nurses, addressing family/patient concerns, participating in codes
- Educating patient and family on community resources and discharge information

Caregiver Services, Inc., Miami & Fort Myers, FL

03/2013-08/2019

Registered Nurse- Per Diem

- Performing assessments for long term care insurance companies that focus on cognitive and physical abilities, identifying client health needs and matching them with appropriate medical resources such as speech/occupational/physical therapies, nursing care, medical equipment, and assisted living eligibility
- Performing home health initial nursing assessing for Medicaid/Medicare/Tricare patients after hospital discharges to ensure a continuum of care with positive outcomes and identifying gaps in patient care with nursing indicators as to why the missing resource is needed
- Providing nursing care to hospice patients and their families
- Patient/family teaching on disease processes, medication, medical devices
- Providing IM, subcutaneous and intradermal injections
- Case management
- Wound care
- IV management of medication with patients having PICC lines
- Trach care and management
- Management of patients with chronic conditions such as heart failure, kidney disease and diabetes
- Establishing and maintaining timely communication between agency, patients and insurance companies

Florida International University

CARIF Infant Feeding Study, Miami, FL

12/2016- 02/2018

Research Assistant/Program Director for Study- Part Time

- Performed outreach with agencies to gain collaborators for study
- Gathered over 60 surveys and completed 22 in-depth one-on-one interviews with subjects
- Canvassed communities to speak with/educate individuals to become subjects
- Completed quarterly and monthly reports and reconciling gift cards
- Completed data gathering and interpretation
- Participated in monthly video conferences to provide updates to international research members and reflect on overall progress
- Provided leadership to other team members to promote research success

G4S Youth Services, Miami, FL

03/2014-07/2015

Registered Nurse- Full Time

- Provided direct nursing care to male adolescents with substance abuse and criminal histories in a 24-bed jail
- Assessed, diagnosed, planned, implemented, and evaluated treatment of chronic and acute health conditions
- Organized emergent care outside the capacity of the facility
- Completed medical documents for admissions, transfers, discharge, and doctor visits
- Performed chart audits and created daily/ weekly/monthly reports
- Procured phlebotomy and urine samples; obtained blood glucose levels; ordered lab procedures; implemented and evaluated diets
- Executed medication reconciliation and administration
- Educated individual youths on disease processes and prevention, and taught a monthly group on health promotion
- Promoted and maintained communication between team members, facility, and families to ensure holistic care of children

American Providers, Inc, Miami, FL

11/2013-03/2014

Registered Nurse/Case Management- Per Diem

- Worked independently as a home health nurse/case manager
- Assumed on-going primary responsibility for an assigned caseload of patients
- Coordinated, implemented, and evaluated initial and continuing patient plan of care with other health team members to ensure optimal patient care and communication of pertinent findings
- Reviewed patient insurance information and identified appropriate billing sources
- Implemented medication reconciliation and medication administration
- Taught clients, families and caregivers about identifying/managing disease processes and expected outcome of therapy to prevent hospital readmission
- Performed supervision of home health aides