

Sarah Elizabeth Nelson

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A compassionate, attentive and reliable nurse that strives to provide the best quality of care to critically ill patients. Has 8+ years experience in the medical field and is eager for the opportunity to expand knowledge as an ICU nurse. Seeking a position that is focused on teamwork, continued education and open communication. Commended for having soft skills and a warm personality.

Medical Experience

Wilson N. Jones Regional Medical Center April 2017-November 2021

Registered Nurse

- Assessed patients closely, prioritized nursing interventions and communicated effectively to physicians and other members of the health care team to ensure optimal patient outcomes.
- Monitored vital signs, lab values, heart rhythm and LOC, managing invasive IV gtt medications and notified attending physicians of changes.
- Participated in the Rapid Response Team, coordinating with the health care team and assisting with emergent procedures.
- Documented patient condition, procedures, interventions, patient outcomes and education provided accurately and completely in EHR.
- Frequently took the role as a charge nurse and preceptor, providing guidance and leadership, resolving interpersonal conflicts when needed.
- Maintained a good rapport among patients and families, educating and providing emotional support when necessary.
- Staff RN for Med-Surg/Tele/Ortho Unit for two years where I learned to multitask, perform basic nursing skills and identify subtle changes in patient condition, avoiding adverse patient outcomes.
- Floated to Behavioral Unit, Post-partum and Progressive Unit.

The Villagio of McKinney September 2013-April 2017

CNA/Graduate Nurse

- Gave individualized care to residents with various stages of Alzheimer's Disease, promoting a safe environment, protecting their dignity and delivering high quality care.
- Assisted with ADLs and performed other duties such as doing laundry, tidying up rooms, encouraging group activities and participating in events.
- Documented patient care, observations and medication administered daily, responding to concerning changes using the chain of command.

Baybrooke Village Care and Rehab Center June 2014-February 2015

CNA

- Provided safe, competent care to geriatric, long-term, respite and rehabilitation patients.
- Experienced in caring for patients with chronic disorders such as cerebral palsy, multiple sclerosis, and ALS.
- Proficient with different mobility tools and safe patient transferring and repositioning.

Skills

- Current ACLS, BLS, NIHSS Certifications
- CRRT
- Teamplayer
- Attention to detail
- Interpersonal skills
- Patient Advocacy

Education

RN, ADN - Collin College

December 2016

License: 917989

CNA - North Central Texas College

June 2013