

Aleksandra Shikhova, RN-BSN
773-297-3656 ashikhova@hotmail.com

SUMMARY OF QUALIFICATIONS

- RN, 4 years of experience in acute inpatient psychiatric setting, med-psych, geriatric psych.
- Electronic Medical Records, Epic, MEDITECH, Harmony.
- Work independently or as part of a team, strong interpersonal and leadership skills
- Charge nurse experience

EDUCATION

- Bachelor of Science in Nursing, Resurrection University, 2018
- Bachelor of Arts in Justice Studies and Political Science Northeastern Illinois University, 2009

LICENSE AND CERTIFICATION

- RN Licensure IL
- BLS Basic Life Support current
- CPI Crisis Prevention Intervention current

EMPLOYMENT

- **RN Behavioral Health, including Charge Nurse experience**, (current) at AMITA Health St Mary and Elizabeth Medical Center, Chicago, IL. Psychiatric pharmacological and non-pharmacological interventions based on assessed needs for patients with behavior related psychotic states, major depression, mood disorders, personality disorders, substance abuse, anxiety, dementia, managing high suicide risk and violent behavior. Med-psych unit, managing acute psychiatric patient with cooccurring medical issues requiring immediate attention (wounds, IVs, airway management, COVID19).
- **Mental Health Counselor**, AMITA Health St Mary, Chicago, IL 2012-2018. Assessment and interventions to maintain a therapeutic milieu. Monitor patient condition and response to treatment and report/document changes to Registered Nurse (RN)/Psychiatrist (MD) to assure optimal patient outcomes.
- **Psychiatric Technician**. Meryville Academy Scott Nolan Hospital, Des Plaines, IL, 2012. Participation in development and implementation of therapeutic groups based on assessed needs, monitoring pediatric patient population with special precautions, such as suicide, elopement, assault, self-harming behavior. Maintaining safe therapeutic environment, providing appropriate interventions and crisis management. Collaborating with healthcare team in the development and implementation of individualized treatment plans, documenting observations in the electronic medical records.
- **PCT ICU/Telemetry** 2010-2011, Methodist Hospital of Chicago, Chicago, IL 2010-2012. Assisting RN in high acuity/high pace environment.
- **Mental Health Counselor** 2011-2012. Behavioral health services on general adult and geriatric population units, treatment group counseling, assessment, planning, crisis intervention, psychoeducation, continuous monitoring for safety of patients and therapeutic milieu.
- **HCA (Homecare Assistant)** Addus HealthCare, Chicago, IL, 2003-2019. Provided basic healthcare assistance to elderly clients to promote independent living: ADLs, budgeting, resolving variety of issues over the phone and in person between clients and medical offices, doctor appointments and transportation arrangement; helping clients with application for health insurance and other benefits; verbal interpreting and translating documents; supervision of medication self-administration and safe use of medical supplies. Other duties included participation in group activities and presentations during seminars, and biweekly client reports.