

# Mala Amnathvong

## **Registered Nurse - BSN**

Stafford, VA 22554

[Mala.C.Amnathvong@gmail.com](mailto:Mala.C.Amnathvong@gmail.com)

ICU nurse looking for local travel/contracts opportunity.

Authorized to work in the US for any employer

## Work Experience

---

### **Travel Nurse**

Sentara Healthcare - Woodbridge, VA

December 2021 to Present

- ICU travel nurse at facility for 6 months
- Helped full time staff when census was high
- Flexible and accommodating to new changes
- Fast learner in new environment
- EPIC EMR
- ICU skills, same as previous jobs.

### **Travel Nurse**

First Choice/Trinity Health - Silver Spring, MD

August 2021 to November 2021

- Travel assignment at Holy Cross Hospital as an ICU nurse
- Flexible to new changes, floated to different units throughout the hospital to help (ED, L&D, PACU, IMC Acute care, and step-down)
- Cared for critical patients in the ICU as well as helping other units.
- ICU skills same as previous jobs.
- Cerner/EPIC EMR

### **Registered Nurse CVICU**

Inova Heart and Vascular Institute - Fairfax, VA

May 2020 to August 2021

- Monitor critical surgical patients in a high paced CVICU
- Patient population include CABG, heart transplant, lung transplant, heart failure, vascular procedures such as TAVR, TEVAR, minimally invasive valve replacement, and providing thrombolytic therapy for vascular emergencies.
- Recover patients straight from the OR
- Monitor and trouble shoot lines such as arterial lines, PA/swan catheters, and chest tubes.
- Titrate high risk drugs per protocol (Insulin, Dopamine, Milrinone, Precedex, Propofol, Epi, Cardene, Vasopressin, Heparin)
- Monitor vitals and treat accordingly by collaborating with the surgeons and physician assistants.
- CRRT experience

## **Registered Nurse (ICU)**

Mary Washington Healthcare - Fredericksburg, VA

November 2018 to February 2021

- Caring for critically ill patients with multiple co-morbidities in the medical ICU
- Monitor for unstable vitals and treating it accordingly
- Care for patients that are vented and sedated
- Titrate high risk meds according to protocol (Levophed, Propofol, Cardene, Insulin drips, and etc)
- Experience with trach patients
- Experience with respiratory equipment such as suctioning, Bipap, Hi-flow, deep suctioning, and nasal cannula
- Experience with all types of patient population such as people who have COPD, heart failure, sepsis, GI bleeds, Cardiac arrhythmias, and wounds that need dressing changes or require a wound vac.
- Experience in caring for patients that have G-tube, J-tube, small bowel feeding tube.
- collaborate with intensivist regarding patient's plan of care
- Ability to communicate with family members regarding their wishes for the care of their loved ones

## **Registered Nurse**

Inova Fairfax - Falls Church, VA

October 2016 to November 2018

- Provide high quality care for cardiac and vascular patients in a fast paced telemetry unit
- Monitor patient's vitals and labs while providing treatment according to the plan of care.
- Prepare patients for procedures such as cardiac catheterization, stress testing, diagnostic testing, and surgical procures.
- Recover patients after surgical procedures by monitoring vitals per protocol and performing head to toe assessments
- Collaborated with physicians, surgeons, residents, and case management
- Titrate high risk medications according to hospital protocols (Heparin, Diltiazem, Argatroban, and Insulin).
- Care for patients with chest tubes, radial bands, NG/PEG tubes, and wound vac machines.
- Performing EKG test; reading and interpretation of EKG strips.
- Have the ability to multitask, pay attention to details, and work well in a team environment.

## **Emergency Medical Technician**

EMT-B - Alexandria, VA

September 2012 to September 2014

- Provide quality nursing care for patients in a fast paced Emergency Department
- Phlebotomy Skills: Obtaining blood specimens, starting intravenous lines (IV's), and removal of IV's
- Assist in Cardiopulmonary resuscitation (CPR)
- Insertion and removal of urine foley catheters
- Monitor a patient's vital signs to ensure they are in stable condition

- Work well in a team environment
- Multitasking with the ability to maintain calm under stressful situations
- Perform Electrocardiogram (EKG) for patients when needed
- Perform a variety of splints for sprained or broken extremities
- Prioritizing patient care in triage

## Education

---

### **Bachelors of Arts in Nursing**

George Washington University - Ashburn, VA  
September 2014 to December 2015

### **Bachelor of Arts in Communications**

Old Dominion University - Norfolk, VA  
August 2004 to May 2008

## Nursing Licenses

---

### **RN**

Expires: February 2024

State: VA

### **RN**

## Skills

---

- EXCEL (4 years)
- MICROSOFT OFFICE (5 years)
- MS OFFICE (5 years)
- BLS, ACLS, CPR certified (2 years)
- RN
- Med Surg
- Critical Care
- Acute Care
- Epic
- Nursing
- ICU Experience
- EMT Experience
- Medication Administration
- Phlebotomy
- Hospice care
- EMR systems

## Certifications and Licenses

---

### **EMT-B**

February 2016 to February 2020

### **BLS, ACLS, NIHSS**

## Additional Information

---

- Software Skills: Microsoft Office (Excel, PowerPoint, Word), Outlook, Adobe Photoshop and Adobe Premiere
- EMR: Epic, Meditech, Cerner