

# LAKESHIA SHANDELL HARRIEL

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Humble, Tx

## PROFESSIONAL SUMMARY:

- Passionate and Motivational **Registered Nurse** with 7+ years of experience worked with different hospitals, **Medical Center, Home health, Rehabilitation Centers, LTC/SNF Facilities and Behavioral health.**
- Specialized in coordinating between patients and families to facilitate **communication and optimize care.**
- Critical thinking skills in making decisions in **fast-paced, unpredictable and stressful environments.**
- Dealt with patients of **all age groups** with **patient ratio of 1:20.**
- Proficient in **Point Click Clear (PCC), Cerner and Meditech EMR** charting system.

## SKILLS:

- Admission of Patients
- Resilience
- Flexibility
- Initial Nursing Assessment & Care Plan
- Nursing Reassessment & Care Planning Update
- Active Participation in Multi-Disciplinary Staffing
- Professional bedside manner
- Conducts Group Therapy
- Conducts Individual Therapy
- Charge Nurse
- Wound Care
- Planning
- Interpersonal Skills
- Patient Teaching
- Therapeutic Communication Skills
- Behaviorist Charting
- Discharge Planning
- Suicidal Patient
- Assaultive Patient
- Alcoholic Patient / Detoxification Therapy
- Seizure Disorders
- Rapid Tranquilization
- Closed Ward
- Crisis Intervention
- Eating Disorders
- Restraints

## EDUCATION:

- **Maryville University - St. Louis, MO** **Aug 2018 - Present**  
Family Nurse Practitioner MSN Program
- **Western Governors University - Salt Lake City, UT** **May 2016 - Mar 2017**  
Bachelors of Science in Nursing (BSN)
- **Central Texas College - Killeen, TX** **Jan 2013 - Aug 2014**  
Associate Degree in Nursing (ADN)

## LICENSE/CERTIFICATIONS:

- Registered Nurse (RN): **#864830**
- Basic Life Support (BLS)

## PROFESSIONAL EXPERIENCE:

**Kingwood Medical Center-Kingwood, TX**  
**June 2022- Present**

#### Med-Surg RN

- Ordered, interpreted and analyzed medical, imaging, and lab data for physicians with different styles of practice.
- Initiate and maintain IV access, Foley catheters, nasogastric tubes, administer blood, and assist with prn medications.
- Providing pain management, picc line care, peg tube care
- IV antibiotic therapy, implement specific procedures and programs such as dietary therapy, physical therapy, and occupational therapy

#### **Bayshore Medical Center- Pasadena, TX**

**January 2022- April 2021**

#### Contract Rehab Nurse

- Provided patient care for units with the greatest need, which included but was not limited to, the emergency room, and post surgical.
- Administered medication, applied wound care and updated patient care plans according to changes in condition.
- Implemented appropriate nursing interventions; receiving and carrying out orders; evaluating results of treatment
- Performed responsibilities including observing and accurately assessing patients; providing physical, emotional, and social needs for patients.
- Implemented discharge planning and provided health care education to the patient and significant other to promote recovery.
- Ordered, interpreted and analyzed medical, imaging, and lab data for physicians with different styles of practice.
- Collected medical histories and other pertinent information from patients.

#### **ClearSky Rehabilitation Hospital - Leesville, LA**

**August 2021 -**

**December 2021**

#### Travel Rehab RN

- Maintain awareness of comfort and safety needs for multiple patients, monitor CVA's, MVA's, head trauma, total knee or hip replacement surgery patients, as well as debilitated patients.
- Involved in ongoing teaching with the patient and their families regarding home care and additional therapy on an outpatient basis or home health.
- Initiate and maintain IV access, Foley catheters, nasogastric tubes, administer blood, and assist with prn medications.

#### **Christus St. Frances Cabrini- Alexandria, La**

**Jun 2021- Aug 2021**

#### Travel Psych RN

- Responsible for maintaining a safe environment through the use of monitoring devices and restraint techniques
- Collaborate with a variety of interdisciplinary team members to provide the best care for each individual patient.
- Provide social support for patients by creating and encouraging patients to take advantage of opportunities such as support groups, social activities and other therapeutic measures, as well as participating with patients when appropriate.

#### **ClearSky Rehabilitation Hospital - Leesville, LA**

**Feb 2021 - Apr 2021**

#### Travel Rehab RN

- Maintain awareness of comfort and safety needs for multiple patients, monitor CVA's, MVA's, head trauma, total knee or hip replacement surgery patients, as well as debilitated patients.

- Involved in ongoing teaching with the patient and their families regarding home care and additional therapy on an outpatient basis or home health.
- Initiate and maintain IV access, Foley catheters, nasogastric tubes, administer blood, and assist with prn medications.

**Central State Hospital - Alexandria, LA**  
Travel Psych RN

**Dec 2020 - Jan 2021**

- Responsible for a caseload of patients and provide direct care to the patients
- Facilitating social and emotional needs, supervising medication schedules and evaluating patient progress
- Collaborate with a variety of interdisciplinary professionals to determine and provide the best possible care for their patients.
- Educate patients' family about their conditions and how to create a supportive environment for the patients to return to for long-term care and recovery.
- Responsible for maintaining a safe environment through the use of monitoring devices and restraining techniques. I provide social support for patients by creating and encouraging patients to take advantage of opportunities such as support groups, social activities and other therapeutic measures, as well as participating with patients when appropriate.

**South valley Care Center - Albuquerque, NM**  
Long Term Care Registered Nurse

**Nov 2020 - Nov 2020**

- Responsible for performing a variety of duties to provide quality nursing care to residents
- Coordinate total nursing care for residents discharged from hospitals after surgeries
- Providing pain management, picc line care, peg tube care
- IV antibiotic therapy, implement specific procedures and programs such as dietary therapy, physical therapy, and occupational therapy
- Participating with the director of nursing and the nurse manager in establishing specific goals
- Determining work procedures and expediting work flow
- Communicating with and supervising appropriate personnel
- Providing daily reports and other periodic reports such as Medicare charting
- Perform all the duties of a certified nursing assistant when required.
- Worked with residents diagnosed with Dementia, Alzheimer's, Schizophrenia, and other mental illnesses.

**East regional state hospital - Augusta, GA**  
Travel Psych RN

**Sep 2020 - Oct 2020**

- Responsible for a caseload of patients and provide direct care to the patients
- Facilitating social and emotional needs, supervising medication schedules and evaluating patient progress.
- Collaborate with a variety of interdisciplinary professionals to determine and provide the best possible care for the patients.
- Educate patients' family about their conditions and how to create a supportive environment for the patients to return to for long-term care and recovery.
- Responsible for maintaining a safe environment through the use of monitoring devices and restraining techniques.
- Provide social support for patients by creating and encouraging patients to take advantage of opportunities such as support groups, social activities and other therapeutic measures, as well as participating with patients when appropriate.

**Princeton Place - Albuquerque, NM**  
Travel Psych RN

**Aug 2020 - Aug 2020**

- Responsible for a caseload of patients and provide direct care to the patients, which includes facilitating social and emotional needs, supervising medication schedules and evaluating patient progress.
- Collaborate with a variety of interdisciplinary professionals to determine and provide the best possible care for their patients.
- Educate patients' family about their conditions and how to create a supportive environment for the patients to return to for long-term care and recovery.
- Responsible for maintaining a safe environment through the use of monitoring devices and restraining techniques.
- Provide social support for patients by creating and encouraging patients to take advantage of opportunities such as support groups, social activities and other therapeutic measures

**Oceans Behavioral Hospital - DeRidder, LA**  
Charge Nurse

**Jan 2019 - Jun 2020**

- Responsible for a caseload of patients and provide direct care to the patients
- Facilitating social and emotional needs, supervising medication schedules and evaluating patient progress.
- Collaborate with a variety of interdisciplinary professionals to determine and provide the best possible care for their patients.
- Educate patients' family about their conditions and how to create a supportive environment for the patients to return to for long-term care and recovery.
- Responsible for maintaining a safe environment through the use of monitoring devices and restraining techniques.
- Provide social support for patients by creating and encouraging patients to take advantage of opportunities such as support groups, social activities and other therapeutic measures

**Active Day of Parkville - Parkville, MD**  
Nurse Manager

**May 2017 - Dec 2018**

- Provide nursing care to members in accordance with physician's orders and emergent needs.
- Provide nursing care and administer medication to members when necessary.
- Coordinate care with other member care services (i.e: Dietary, Pharmacy, Dental, Rehabilitation, Physical/Speech/Occupational Therapy, Audiology, and DME).
- At Active Day population consists of **elderly** and **mentally challenged** adults.
- Takes care for a psych population and coordinate appointments with psychiatrists and therapists.

**Forest Hill Health and Rehabilitation Center - Forest Hill, MD**  
Registered Nurse

**Dec 2016 - May 2018**

- Maintain awareness of comfort and safety needs for multiple patients, monitor CVA's, MVA's, head trauma, total knee or hip replacement surgery patients, as well as debilitated patients.
- Involved in ongoing teaching with the patient and their families regarding home care and additional therapy on an outpatient basis or home health.
- Initiate and maintain IV access, Foley catheters, nasogastric tubes, administer blood and assist with prn medications.
- Act as a preceptor for new and upcoming nurses, Certified Nursing Assistants, and all types of therapists including education on new procedures and equipment, caring for bed sores, and keeping skills up to date and proficient.

**Right at Home - Bel Air, MD**  
Delegating Nurse Manager

**Feb 2016 - Nov 2016**

- In this position my duties include supervising the accurate delivery of medications to residents

- Ensuring proper storage, distribution, re-ordering and discontinuation of medications.
- Monitors and properly documents status of residents who self-medicate.
- Responds to resident emergencies
- Provides first-aid assistance
- Arranges for appropriate medical attention and follow-up.
- Interacts with the resident's physician, pharmacist and medical personnel as needed.
- Performs/assists in the process of ordering and refilling med cart with medications and supplies.
- Following the guidelines as outlined in the Resident Care Plan
- Assists residents with activities of daily living including bathing, dressing, eating, toileting, hygiene, and mobility.
- Performs 45 day reviews on residents that are administered medications from unlicensed associates.
- Oversees Medication Technicians to ensure proper administration of medications.
- Participates in and attends all in-service training and education programs as scheduled.
- Worked with the Department of Social Services, Maryland Office of Health and Hygiene.
- Formed relationships with assisted living facilities, independent facilities, nursing homes, and retirement communities.

**Indian Oaks Living Center - Harker Heights, TX**  
Charge Nurse

**Feb 2015 - Dec 2015**

- Provide quality nursing care to residents and to coordinate total nursing care for residents discharged from hospitals after surgeries
- Providing pain management, picc line care, peg tube care
- IV antibiotic therapy
- Implement specific procedures and programs such as dietary therapy, physical therapy, and occupational therapy
- Participating with the director of nursing and the nurse manager in establishing specific goals
- Determining work procedures and expediting work flow
- Communicating with and supervising appropriate personnel
- Providing daily reports and other periodic reports such as Medicare charting
- Performing all the duties of a certified nursing assistant when required.
- Worked with residents diagnosed with Dementia, Alzheimer's, Schizophrenia, and other mental illnesses.