

TIAHA ALLWOOD

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📍 ATLANTA, GA 30341

SKILLS

- EKG
- Basic IV
- Patient care
- Medication administration
- EMR systems (Cerner, EPIC)
- Wound care
- Maintaining calm in stressful situations
- Lab Draws/ phlebotomy

CERTIFICATIONS

Registered Nurse (RN)- GA
Compact

Advanced Cardiovascular Life
Support (ACLS)

Basic Life Support (BLS)

NIHSS Stroke Scale

C-SSRS Suicide Scale

PROFESSIONAL SUMMARY

Dependable and skilled Registered Nurse with over 10 years experience in an acute Trauma, medical/ surgical and Telemetry environment bringing proven clinical abilities, knowledge, and judgment to needed Facilities. Delivers quality, cost-effective care with deep compassion and good understanding of the nursing process. Expertly handles all facets of treatment delivery for all patients. Versed in EMR charting, infection prevention, and Joint Commission standards.

EDUCATION

BACHELOR OF SCIENCE: NURSING, HONS
The University Of the West Indies
Kingston, Jamaica

PERSONAL INFORMATION

Good Clinical judgment
Charge Nurse
Professional Bedside Manner
High Level of Personal Accountability
Flexible
Self Directed
Strong interpersonal skills

EXPERIENCE

REGISTERED NURSE TRAVELER

NYC Health + Hosital/ Lincoln Hospital
Bronx, NY

January 2022 - March 2022

- Caring for multiple covid positive patients.
- Managed respiratory care and reported and changes in status.
- Performed nursing techniques to promote comfort and well-being of patients and optimize level of functioning.
- Collected biological specimens for lab for processing.
- Conducted complex assessment, high-intensity therapies, and interventions to care for patients experiencing life-threatening problems.
- Administered prescribed medications orally, by injection, and through therapeutic equipment to support proper handling and storage.
- Educated patients, family members, and caregivers on disease prevention and prescribed treatments
- Assessed, triaged, and treated acute and chronic conditions.

REGISTERED NURSE TRAVELER

Northside Hospital Gwinnett

Atlanta, GA

August 2021 - January 2022

- Caring for 5-6 Covid positive patients on medical/surgical and Telemetry units.
- Recognized changes requiring nursing intervention and implemented care to reduce risks.
- Collaborated with other medical and social service organizations to coordinate continuum of care.
- Monitored patients closely to spot problems and reported serious concerns to treating physicians for timely interventions.
- Monitored, recorded, and reported symptoms or changes in patients' conditions.
- Administered prescribed medications and monitored patients for side effects and adverse reactions.
- Immunized patients against common infections such as influenza, Covid and pneumonia with routine vaccines.
- Educated patients, family members, and caregivers on conditions and treatment protocols to aid in compliance and improve outcomes.

REGISTERED NURSE TRAVELER

NYC Health + Hospital/ Bellevue Hospital

New York, NY

January 2021 - July 2021

- Caring for 6-7 Covid positive patients on medical/surgical and Telemetry units.
- Administration of Covid vaccines; monitoring and observing patients for possible medication reactions.
- Caring for patients with various medical and cardiac conditions.
- Admit, discharge and transfer of patients to various units based on level of care needed.
- Efficient nursing care and recognizing change in patients condition with swift interventions in covid positive patients.

REGISTERED NURSE TRAVELER

Northside Hospital Gwinnett

Atlanta, GA

November 2020 - January 2021

- Assessing and managing patients with varying medical/surgical conditions.
- Caring for 4-5 Covid-19 positive patients during different stages of disease process.
- Monitoring and managing patients in respiratory distress .

REGISTERED NURSE

Wellstar Atlanta Medical Centre

ATLANTA, GA

June 2019 - November 2020

- Effectively managing care of four to six adult patients within an acute care 38 room Cardiac Telemetry Unit.

- Caring for patients with various cardiac conditions that require acute continuous management through collaborative interventions.
- Caring for multiple Covid-19 positive patients.
- Educated patients and families on conditions, treatments, and possible outcomes.
- Delivered top-notch care and implemented infection control procedures to protect patients and staff.
- Recognized changes requiring nursing intervention and implemented care to reduce risks.

REGISTERED NURSE

The Kingston Public Hospital

Kingston, Jamaica

January 2014 - June 2019

- Effectively manage care of 8 to 15 adult patients within an acute 35 bed Surgical unit with various Traumatic Injuries eg Multiple gunshot wounds, Penetrating Injuries, Motor Bike and Vehicle Accidents, 3rd Degree Burns over 40% of Body, Upper and Lower GI Bleeds, intestinal obstruction, fractures, Immobilization devices (skeletal tractions, skeletal and skin traction with weights), Minor to Major Traumatic Brain Injuries.
- Managing care of 8 to 20 adult patients on an acute 50 bed Medical ward with various conditions eg Sickle Cell, Diabetes Mellitus, Tuberculosis, MRSA, Peritoneal dialysis, Mental disorders (depression, schizophrenia, Bipolar Disorders), Cardiac Tamponade, Seizures, Diabetic Ketoacidosis /Coma.
- Management of care for patients on specialized unit for Urological, Fabio-Maxillary, ENT and Neurological surgeries, pre and post operative care.
- Management of care for patients with specialized ophthalmological conditions eg, Pre and Post Cataract surgery, Corneal ulcers, Corneal Lacerations, Eye Lid Lacerations, Chemical Injury to eyes, Endophthalmitis,.
- Utilizing the Nursing process to conduct a complete assessment and on-going development of an individualized care plan.
- Collaborate with medical, surgical and interdisciplinary team daily to coordinate patient care, address needs and provide timely interventions as needed.
- Serve as Charge Nurse during select shifts, ensuring flow and safety and patients and staff.
- Build positive trusting relationships with families and patients to achieve optimal patient rehabilitative goal.
- Supervision of New Graduate and Student Nurses.
- Contribute to a positive work environment via teamwork and respect.
- Educate patients daily on medication regime, exams and plan of care.
- Records accurate data and maintain health records in accordance with regulations.
- Informed physicians of changes in patient conditions and

nursing needs.

REGISTERED NURSE

St Joseph Hospital

Kingston, Jamaica

March 2013 - January 2014

- Management of care for 4-6 adult patients with various sub acute and acute conditions on a 20 bed medical-surgical unit.
- Treatment of many Elective and Day case admission ranging from major to minor surgeries and medical condition.
- Build positive trusting relationships with families and patients to achieve optimal patient rehabilitative goal.
- Nursing Specific Therapies Peripheral Intravenous Therapies, Enteric Tube Care/Feeding, Colostomy Care, Oral and Nasopharyngeal Suctioning, Peritoneal Dialysis, Blood Product Administration, Central Line Care, Procedure/Surgery Prep, Oxygen equipment management, Medication administration/side effect management, Neurological Assessment, CPR.