# Ciara Bonds

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Hello.

My name is Ciara and I have been a nurse for 7 years. I became a LPN in June of 2015. I became a RN in April of 2022. My work background includes working in long term care and primary health care clinic. The last year and half I have been helping my community with the pandemic on the COVID-19 team at Katy Trail Community Health. This team consisted of performing COVID-19 testing and the administration of COVID-19 vaccinations to patients and community members. I can't wait to expand my career and try new things! Nursing truly is a passion of mine.

Authorized to work in the US for any employer

## Work Experience

## Registered Nurse (RN) - Agency

Health Care Pro's March 2022 to Present

Agency nursing for long term care facilities. Providing services to nursing homes in need of nursing staff. This position includes being the charge nurse. This is a family owned agency. I started with this company while I was preparing to take my RN NCLEX. My job title changed from LPN to RN once I passed my test.

## **COVID-19 Vaccinator and COVID-19 Screener**

Katy Trail Community Health - Sedalia, MO January 2021 to Present

Vaccinator - Being knowledgeable of all COVID-19 vaccines (the age groups allowed to receive each vaccine, dilution instructions if any for each vaccine, proper storage of vaccines, expiration of stored vials and the expirations of opened multi dose vials). Safely administering COVID-19 vaccines to patients in the clinic setting and in the community, providing information and education about the COVID-19 vaccine of choice, monitoring patients for the recommended time per CDC guidelines after administration of COVID-19 vaccine, documentation of COVID-19 vaccine into the EMR, and scheduling/informing patients of next their appointment for 2nd dose or boosters.

Screener - Donning and doffing of recommended/appropriate PPE to safely perform nasal or NP swabs for the detection of COVID-19 infection, performing rapid COVID-19 testing, collection and storing of the COVID-19 sample until transported to a laboratory, notifying patients of COVID-19 results/quarantine instructions per CDC guidelines, and reporting results to the patient's local health department.

Travel was required to provide these services to each one of our Katy Trail Community Health locations per a set schedule (Sedalia, Marshall, Versailles, and Warsaw MO).

### LPN/Phlebotomist

Katy Trail Community Health - Marshall, MO February 2018 to January 2021 Doctors office, rooming patients, taking vital signs, gathering chief complaint, going over current medications, obtaining lab specimens/venipuncture, assisting with procedures, scheduling test/routine or yearly screenings, providing education about chronic diseases or illnesses, and notifying patient's of abnormal/normal lab results etc.

### **LPN Medication Nurse**

Carroll House Nursing Home - Carrollton, MO April 2017 to April 2018

Administer medications and treatments. Checking blood sugars and administering insulin. Ensuring the safety of residents. Following protocol in the event of a fall or death. Checking vitals, charting, answering call lights as needed etc.

### **LPN Staff Nurse**

Fitzgibbon Hospital (Orthopedic clinic) - Marshall, MO February 2016 to April 2017

Rooming patients and taking vital signs. Gathering information about the patients complaint and assisting the physician in the care of the patient. Drawing up medications, ordering test, and preparing the patient for surgery.

## **LPN Charge Nurse**

Lakeview Healthcare and Rehabilitation Center - Boonville, MO November 2016 to March 2017

Receiving/giving report at shift change. Administering medications and doing treatments. Checking blood sugars and administering insulin. Supervising the CNA's in the care of the residents. Ensuring the safety of residents. Following protocol in the event of a fall or death. Checking vitals, charting, answering call lights as needed etc.

### **LPN Charge Nurse**

Carroll House Nursing Home - Carrollton, MO August 2015 to February 2016

Receiving/giving report at shift change. Administer medications, doing skin assessments, and treatments. Checking blood sugars and administering insulin. Supervising the CNA's in the care of the residents. Ensuring the safety of residents. Following protocol in the event of a fall or death. Checking vitals, charting, answering call lights as needed etc.

#### DA1

Marshall Habilitation Center - Marshall, MO June 2012 to May 2015

Providing direct care to the mentally disabled. Helping them with ADL's. Care included feeding, bathing, dressing, bathroom assistance, cooking, cleaning, communicating with med tech when there was a change in condition, and ensuring safety. Understanding the wants and needs of nonverbal patients.

### Education

### **Bachelor of Science in Nursing**

Missouri Valley College - Marshall, MO January 2019 to November 2020

## **LPN** in Licensed Practical Nursing

Saline County Career Center - Marshall, MO 2014 to 2015

# Grade 7-12th in basic education, Graduated Salutatorian with an honors diploma

Malden High School - Malden, MO 2002 to 2007

## **Nursing Licenses**

## PΝ

Expires: May 2022

State: MO

### RN

Expires: April 2023

State: MO

## Skills

- Affable, able to adapt to different working environments, good observational skills, able to adjust to
  difficult situations, hard worker, dedicated, passion and commitment for helping others, works well
  with others, good listener, fast learner, and detail oriented
- LPN (7 years)
- Staff Nurse
- Medication Administration
- EMR Systems
- Vital Signs
- Experience Administering Injections
- Laboratory Experience
- Tube Feeding
- Venipuncture
- Patient Care
- Teaching
- Caregiving
- Medical Office Experience
- · Phlebotomy
- Medical Scheduling
- RN, BSN

## Certifications and Licenses

## **IV Certification**

December 2014 to Present

## LPN

July 2015

# **Basic Life Support (BLS)**

May 2021 to May 2023

CPR and AED certified

## RN - BSN

April 2022

Groups

# Missouri State Association of Licensed Practical Nurses

October 2014 to 2018