# Mihirika Maduranganee

Lilongwe 207201 madumihirika@gmail.com +265 996 49 11 13

I am a registered nurse in Malawi and Sri Lanka and seeking an exciting and challenging career to further my skills, abilities and experience to the fullest and to work with an organization or an institute where I can possess valuable skills such as confidence and empathy, that I believe make me suited for an ideal nurse.

- # Expert multitasker and highly organized, which makes it easier for me to manage several patients on my caseload at once.
- # Respected team player throughout my career, equipping me with the right mindset to want to offer my total time and effort to improve patient outcomes.
- # Excellent sense of integrity and honesty when dealing with sensitive subjects and situations related to patients.

## Work Experience

### School Nurse)

Paramount International Academy - Lilongwe June 2019 to Present

- Providing basic healthcare to students in case of injuries or acute illness.
- Developing health plans for students with chronic illnesses and disabilities.
- Providing relevant information and advices to the teachers who have students with chronic illnesses, disabilities or special needs.
- Educating students and staff on healthy habits and supporting to maintain healthy habits inside the school.
- Updating students' health history.
- Ensuring compliance with national and local health policies.

June 2019 - present (Science teacher)

- Planning study programs to meet students' needs, interests and abilities.
- Designing curriculum as per the needs of the students.

### **Registered Nurse**

KCH - Lilongwe)

January 2018 to December 2020

- # Being responsible for the total nursing care of the sick child staying in the unit.
- # Assisting in all procedures done by the clinicians while providing and being responsible and accountable for the sterility of the relevant equipment.
- # Monitoring and recording patients vital signs and quick attempts in deviations.
- # Preparing the patient and bed side for relevant special procedures.
- # Maintaining privacy in the patients who are suffering from HIV.
- # Providing relevant information and assisting in the ART treatments to those patient when possible and to the family as required.
- # Maintaining the unit to the utmost best while guiding the junior staffs.

### **ENT Nursing Officer**

Lady Ridgeway hospital for children - Colombo, Sri Lanka March 2013 to June 2015

### **ENT Nursing Officer**

(ENT Unit, Rady Ridgeway Hospital for children) March 2013 to June 2015

- # Provided a planned and emergency treatments for the ENT patients
- # Undertook the assessment of patient care needs, and the planning, implementation and evaluation without supervision.
- # Provided the special treatments such as ENT aural toilet, nasal douching, ENT foreign body aspirations, nasal pack removals except routine nursing care
- # Treat and care for the patients after ENT minor and major surgeries by monitoring vital signs, administering medications and cleaning and dressing in surgical areas according to the medical advices.
- # Maintained a sensitive and effective communication with patients, families and members of multidisciplinary team, in appropriate to people and situations, minimizing and resolving conflict and complaint
- # Worked as a supervisor for the unit and helped and guided junior nurses and student nurses on special ENT procedures as well as routines.

#### **Neonatal Intensive Care Unit**

Mahamodara Teaching Hospital, - Sri Lanka) June 2010 to March 2013

- # Have worked in a highly organized atmosphere as a Paediatric ICU nurse.
- # Identified neonates' physical conditions with critical sicknesses, birth injuries or defects and deviations of their normal and early attendance in them.
- # Maintained ventilator care to the relevant patients and managed the ventilators in the unit.
- # Collaborate with Neonatologists, families and other staff members when developing a plan for care and treatment during the ICU stay.
- # Treat and care for sick neonates while, administering oral, SC, IM, IV medication,
- IV cannulation, IV fluid maintaining, blood drawing and applying usual nursing care.
- # Provided the actual information to the families on patient's condition while providing the maximum emotional support.
- # During the discharging procedure educated the parents on the current immunization schedule which should be given to the new born.
- # During discharging procedure educated the parents in baby care, immunization schedule and family planning methods and guiding them to the relevant places.

#### **Nursing Officer**

Medical ward and Emergency Treatment Unit at Base Hospital, - Western, NE April 2009 to June 2010

#### **Emergency Care Unit**

Panadura, Sri Lanka) April 2009 to June 2010

# Noted patient physical condition, vital signs, daily routine, and medication schedule in the emergency care unit during serious illnesses or injuries.

- # Respond to emergency situations where patients are in life threatening conditions by following the correct procedure and maintaining a calm and effective demeanor.
- # Professional management of Triage and assisting to medical staff in transferring patients in to relevant departments.
- # Ensuring accurate record keeping according to the nursing and hospital policies
- Evaluate and assess students' progress on a periodic basis.
- Taking corrective measures to enhance student learning abilities.
- Instructing students on proper use of equipment, materials and textbooks.
- Setting and monitoring standards of students' behavior.
- Maintaining sound interpersonal relationships with parents on student affairs.
- Ensuring compliance of teaching objectives to state law, administrative regulations and procedures.

#### Education

### **Undergraduate in Bsc Nursing**

Nursing in Open University of Nawala - colombo May 2012 to Present

### **Certificate In Pediatric Nursing in Pediatric Nursing**

Post Basic College of Nursing - Colombo 2011 to 2012

### **Diploma in English**

University of Ruhuna - Matara September 2006 to September 2010

### **Diploma in General Nursing**

College of Nursing-Galle - Galle 2005 to 2008

#### Skills

- Dedicated patient advocate, which has me putting the needs and care of the patient above everything else.
- Strong oral and written communication skills, since much of this profession requires speaking to patients kindly and discussing care with other medical staff.
- I have a good command of Sinhala and English languages.
- · Also have a basic knowledge of Chichewa
- Also have a sound analytical skills and a very good ability to read and understand.
- Also have a good knowledge on Word and Power point.
- Medical Records
- Hospital Experience
- Family Planning
- Critical Care Experience
- ICU Experience

- Vital Signs
- Nursing
- Infant Care
- Case Management
- Teaching
- Patient Care
- Triage
- Venipuncture
- Experience Administering Injections
- Classroom Management
- Management

# Languages

• English - Fluent

# Certifications and Licenses

# **RN License**

# **Certified Pediatric Nurse**