Rachel Foster

Poynette, WI -Email me on Indeed: <u>http://www.indeed.com/r/Rachel-Foster/67e92d146ed3d593</u>

Registered nurse with 13 years of experience providing quality care to a wide variety of patients.

Work Experience

Registered Nurse

Divine Rehabilitation and Nursing - Lodi, CA November 2020 to May 2022

• Provided quality compassionate care to the geriatric population and those with acute rehab needs in a 50-bed facility

• Performed nursing skills which included; obtaining vital signs, physical assessments, administering medications/vaccines, collecting specimens(urine, wound cultures, blood samples), wound care treatments and dressing changes, etc.

• Monitored residents' health status and collaborated with facility medical director to develop and manage individualized plans of care

- Proficient in Point Click care documentation
- Educated residents and family members regarding disease processes and treatments
- Supervised CNAs, LPNs and med techs. Trained new staff members and nursing students

Registered Nurse

Froedtert Hospital 8NT March 2017 to November 2020

• Collaborate with other healthcare professionals to assess, plan, and manage patient treatments on Internal Medicine/COVID-19 unit with a bed capacity of 25 patients.

• Performs Charge Nurse duties on an as needed basis. Duties include coordination of RN and CNA patient assignments, communicating with bed placement and staffing department, leading daily care coordination rounds meeting, and mediating staff or patient conflicts

• Clinically competent in performing nursing skills and procedures (NG tube/Foley catheter/IV insertion, chest tube management, wound care, etc) and medication administration

• Provides care for for COVID-19 patients in accordance with CDC guidelines.

Administers clinical trial treatments and medications to such patients (convalescent plasma transfusion, Remdesivir, etc) in collaboration with Infectious Disease professionals.

• Proficient in EPIC documentation

• Documents data related to patients' care including assessment results, interventions, medications, patient responses, or treatment changes.

• Discuss illnesses and treatments with patients and family members in an informative and supportive manner.

Certified Nursing Assistant

Hales Corners Care Center August 2009 to March 2017

- Delivered compassionate patient-focused care daily to a caseload of up to 10 patients in a long term care/rehab facility
- Followed direction of supervisors and nurses with minimal or no supervision
- Assisted with personal hygiene and maintained residential areas
- Comforted and motivated patients and families through interaction and communication
- Assisted with performing range of motion exercises ensuring patient safety

Froedtert Hospital, 3SW Transplant/Cardiac Unit

Children's Hospital of Wisconsin, West 12 Respiratory Unit

Aurora St. Luke's Medical Center, 11T Medical/Surgical Unit

Mercy Residential & Rehabilitation Center, Long Term Care

- Trained in culturally competent age appropriate care
- Practiced in purposeful hourly patient rounding
- Developed plan of care to reflect identified needs and expected outcomes

Education

Associate Degree in Nursing

Milwaukee Area Technical College December 2016

Certifications and Licenses

RN License

CNA