Vicky Forka

Katy, TX 77449 vickybebeto92@yahoo.com +1 713 894 5769

Work Experience

RN

HCA Healthcare - Tomball, TX May 2020 to Present

- Performs patient assessments in accordance of operational guidelines with documentation of these assessments as a basis for planning of each patient's care
- Possesses the specialized knowledge and clinical skills necessary to provide excellent care for general acute illnesses
- Coordinate educational communication and use appropriate resources to develop and implement an individualized teaching and discharge plan with patients and their families
- Performs hands-on nursing care by utilizing the nursing process to achieve quality outcomes for out patients
- Serves as the patient and family advocate with respect to the patients right to privacy by protecting confidential information
- Follows established guidelines for reporting a significant medical error or unanticipated outcome in the patient's care which results in patient harm
- Serves as the patient and family advocate with respect to the patient's right to privacy by protecting confidential information
- The priority of data collection is determined by the patient's immediate condition or needs
- Maintains responsibility for own professional development through active participation in services

RN Staff Nurse

Houston therapy consult PLLC - Houston, TX May 2020 to September 2021

- nursing care and management of gastronomy and tracheotomy
- Routine tracheotomy care
- · management of mickey button
- facilitate the removal of bronchial secretion
- Taking care of patients on ventilators

Certified Medication Aide (CMA)

Evergreen Cottages Bridgewater Village - Katy, TX January 2017 to August 2018

- Responsible for dispensing oral and topical medications to residents per physician's order and properly document
- Observe residents for symptoms and conditions that could be related to medication interactions, adverse drug reactions or medication side effects and report any problems to the nurse
- Record what medications were given for the day and the dosage in the nurse's medication administration record (MAR) chart

- Monitors medications to ensure adequate accountability measures are taken when medications are ordered, received into the facility, administered and at change of shift as required by policies and procedures and applicable state/federal regulations
- Demonstrates awareness of proper infection control practice by using Universal Precautions and following policies and procedures; including OSHA's Blood borne Pathogen Standards
- Assist with resident care as needed.

Certified Medical Assistant (CMA)

Woodridge Nursing and Rehabilitation - Houston, TX April 2011 to September 2017

Houston, TX

- nursing care and management of gastronomy and tracheotomy
- · Routine tracheotomy care
- management of mickey button
- facilitate the removal of bronchial secretions
- Secure airway in patients with major facial injuries
- Passes medications and gives treatments according to physician's orders and in accordance with facility policy.
- May be required to give shift report on status of residents.
- May be required to document in the resident records.
- Responsible for notifying charge nurse of medications needing to be refilled.
- Assures personal and staff compliance to residents' rights.
- Responsible for maintaining a clean and organized medication cart and medication room.
- May be required to assist residents with personal hygiene tasks, and other activities of daily living.
- May be required to assist with psychosocial groups and or activities. May be required to develop and maintain accurate accounting of all resident personal property for assigned unit.
- Identify property and keep inventory sheet current.
- May be required to pass ice. May be required to perform duties as set forth on Certified Nurse Aide job description as needed.
- Assists with ADL by serving meals and feeding patients as needed; offering fresh water and snacks; helping patients ambulate, turning positions and transferring.
- Takes care of patients' personal hygiene by assisting with or giving bath, offering bedpans, proving skin care and keeping patients always clean.
- Follows nurse instructions to perform procedures, including but not limited to administering enemas, applying non-sterile dressings, ice packs, and heart treatments; giving sitz or therapeutic baths, and applying restraints on the order of a physician.

Accomplishments:

- Interacted with the patients and monitored vital signs during the time of admission and reporting the details to the registered nurse.
- Established good relationships with patient and families.
- Maintained medication stock, MAR and administered the medications
- Reviewed patients' progress and the effects of medication in the patient
- Performed cleaning of room and equipment, changing the drape and bed sheet, etc. Kept digital records of patient details, medication, billing and other activitie

Education

BSN in Nursing

University of Nebraska Medical College - Omaha, NE March 2020

Associate in Biology

Houston Community College - Houston, TX August 2016 to May 2018

Nursing Licenses

RN

Expires: January 2023

State: TX

Skills

• Nursing (3 years)

- ICU Experience
- Vital signs (9 years)
- EMR Systems (9 years)
- Patient Care (9 years)
- Laboratory Experience (3 years)
- Medication Administration (9 years)
- Critical Care Experience
- Care plans (3 years)
- Home care (2 years)
- Resident's rights (9 years)
- Airway management (1 year)
- Epic (1 year)
- ADLs (9 years)
- Ventilator (1 year)
- Catheterization (3 years)
- Hospital experience (3 years)
- Cerner (2 years)
- Employee Orientation

Certifications and Licenses

ACLS Certification

February 2023

BLS Certification

2023

ACLS Certification

2023

CPR Certification

Assessments

Clinical judgment — Expert

October 2020

Assessing a patient's condition and implementing the appropriate medical intervention

Full results: Expert

Work style: Conscientiousness — Proficient

May 2020

Tendency to be well-organized, rule-abiding, and hard-working

Full results: Proficient

Patient-focused care — Familiar

October 2020

Addressing concerns and using sensitivity when responding to needs and feelings of patients

Full results: Familiar

Workplace safety — Familiar

October 2020

Using safe practices at work

Full results: Familiar

Electronic health records: Best practices — Proficient

October 2020

Knowledge of EHR data, associated privacy regulations, and best practices for EHR use

Full results: Proficient

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.