

ERIKA F. ROMAN

REGISTERED NURSE

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Bilingual and enthusiastic RN with the ability to stay calm and intervene during crises seeking to utilize earned skills and knowledge to assist Rideout Regional Medical Center in providing and upholding quality healthcare to the patients and the community. 6 years' experience as a Licensed Vocational Nurse on post-acute unit in skilled nursing facilities, home health care, and Covid-19 testing and care.

EXPERIENCE

RN, Emergency Department

Adventist Health Rideout, Yuba City | March 2022-Current

- Performed EKG's, venipuncture, cardiac monitoring, urinalysis, and UCG testing.
- Providing supervision of non-RN personnel and acting as a resource for ancillary staff on assigned unit
- Proficiencies in emergency responses such as resuscitation/ codes, hazmat response, and emergency childbirth.
- Manage up to four patients at a level 3 trauma center and a STEMI and stroke receiving center.

RN PRECEPTORSHIP

Orchard Hospital, Gridley | 135 Hours

- Monitored 5 assigned patients, updating information on vital signs and progress of treatments.
- Documented data related to patients' care including assessment results, interventions, medications, patient responses, or treatment changes.
- Collected patient information and communicated results to preceptor on the Medical-Surgical/Telemetry unit.
- 16 hours spent providing care of pre, intra, and post operative patients. Monitored 2 patients in the post anesthesia care unit.

RN Clinical

Northbay Hospital, Vacaville | 135 Hours

- Collaborated with other healthcare professionals to plan, manage, and assess patient treatments on the Medical-Surgical/Telemetry unit.
- Under the supervision of the RN, completed physical assessments, IV push and piggyback medications, IV insertions, and wound treatments.
- Utilized NIH Stroke Scale for patients post CVA and patients exhibiting signs and symptoms of a stroke.
- 8 hours spent in the ER where I was able to place and interpret EKG's, triage, psych assessments. Assess patient condition immediately upon arrival, checking vital signs, reviewing EMT reports, determining initial prioritization according to existing patient caseload.

RN Clinical

Capitol Transitional Care, Sacramento | 90 Hours

- Managed care of diverse patient population including colo-rectal, acute respiratory distress syndrome, gastrointestinal, thoracic, and traumatic injury resulting in use of ventilators.
- Was in charge of 3 ventilated patients, providing full care.
- PICC line care and dressing changes.

LVN

Kaiser Permanente, Roseville | September 2020 - Current

- Oversee 12 nurses while testing 300-1,400 patients for Covid-19.
- Assist with emergency within the LVN highest scope of practice.
- In charge of reviewing department schedule and making changes according to the daily needs.
- Facilitate daily huddles where I introduce, educate, and enforce new policies and procedures in alignment with Kaiser Permanente values.
- Maintain department compliance with infection control as per OSHA and CDC guidelines.
- Perform inventory on a daily and weekly basis and replenishing supplies to ensure a steady and constant availability of supplies.

LVN, Supervisor

Siena Transitional Care, Auburn | March 2017-April 2020

- Oversaw a 54 bed post- acute unit where I participated in problem identification and resolution, delegation, prioritization of work assignments.

- Completed duties with regard to safety practices and policies, including infection control, workplace safety, and management of aggressive behaviors.
- Demonstrated proficiency in the use of computers and telecommunications in documentation, tracking, conveying information.
- Obtain and record EKG's and vital signs, blood draws and IV starts when applicable.
- Assist patients to and from bathroom, in general ambulation, and transported patients as needed all while maintaining proper body mechanics.
- Assist with new patient admissions and discharges per MD order.

LVN, Supervisor

Pine Creek Care Center, Roseville | December 2015-March 2017

- Supervised a post- acute unit consisting of 34 patients.
- Supervised 7 CNA's and 5 nurses in patient care coordination.
- Administration of oral and injectable medications, glucose monitoring, daily nursing assessments and observation, monitoring and obtaining vital signs, computer and paper charting, transcribing MD orders, admitting and discharging patients, and wound care.

EDUCATION

Carrington College Sacramento, CA ADN	July 2021
Kaplan College Sacramento, CA Licensed Vocation Nurse Certificate	July 2015

PROFESSIONAL CERTIFICATES

- Advanced Cardiac Life Support (ACLS) from the American Heart Association, Current-2024
- Basic Life Support (BLS) from the American Heart Association, Current-2023
- Licensed Vocation Nurse (LVN): License number 293130, Active since 2015
- NIH Stroke Scale Certification from the National Institute of Neurological Disorders and Stroke
- Pediatric Advanced Life Support (PALS) from the American Heart Association, Current-2024
- Registered Nurse (RN): License number 95278174, Active since 2022
- Trauma Nursing Core Course (TNCC) from the Emergency Nurses Association, Current-2026