

ADAORA SABINA OBI BSN, RN

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PERSONAL PROFILE

A dedicated registered nurse with Bachelor's Degree in Nursing Science from Madonna University, Rivers State, Nigeria; seeking a position as a nurse where my strong work ethics, firm commitment to teamwork and compassion can ensure empathic and focused patient care. I have over 9 years experience and I have also actively participated in the development and implementation of individual treatment plans for clients with a broad range of health issues. I am an ethical healthcare provider with the ability to intervene during crises, facilitate groups and collaborate with multidisciplinary teams. I have proven ability to build relationships with clients and family members in order to manage challenges faced by them to rekindle their confidence, while ensuring that due process is properly followed.

ACADEMIC HISTORY/ADDITIONAL CERTIFICATES

- **RN** 2022 Texas Board of Nursing
- The **S.T.A.B.L.E.** program Certification 2022
- **NRP Certification** 2022
- **ACLS Certification** 2022 American Heart Association
- **BLS Certification** 2022 American Heart Association
- **Bachelor in Nursing Science** 2007 – 2012 Madonna University, Elele Campus, Rivers State, Nigeria
- **Registered General Nurse** 2007 – 2012 Madonna University, Elele Campus, Rivers State, Nigeria
- **Registered Midwife** 2014 Madonna University, Elele campus.

RELEVANT WORK EXPERIENCE

St Joseph Medical Center, Houston March 2022 to Date

Labor and Delivery Unit

Responsibilities:

- Triage potential laboring patient, preterm labor patients, patients who have ruptured their membranes and identify obstetric emergencies
- Admit pregnant patients to the labor and delivery unit, perform admission assessment, and develop a nursing plan of care
- Insert intravenous catheter and initiate and maintain IV fluids and medications
- Determine dilatation, effacement, and fetal station from vaginal exams
- Monitor, review and report vital signs related to stage and phase of labor and other obstetrical considerations
- Assist the physician in the birth of a baby, preparing for an obstetrical emergency, and assessing vital signs to ensure postpartum stabilization
- Assist the physician in the birth of a baby, preparing for an obstetrical emergency, and assessing vital signs to ensure postpartum stabilization.
- Circulate in the operating room for cesarean section, providing assistance to the surgical team and providing reassurance to the patient.
- Provide care for postoperative cesarean section patients.
- Deliver initial stabilization of the newborn, administer newborn medications, assist with newborn procedures, and monitor early newborn vital signs.
- Provide immediate postpartum care by monitoring fundal height, bleeding, and vital signs.
- Record newborn feeding schedule.
- Assist with breastfeeding, if possible, or refer to a lactation consultant.

**Brazosview Healthcare
Responsibilities:**

May, 2022 till Date

- Utilizes the nursing process towards development of individual plan of care and treatment modalities
- Identify risk level, precautions, and expected outcome to residents
- Demonstrate knowledge of resident disorders and intervene appropriately
- Administer medications as prescribed
- Monitor resident and record accordingly
- Communicate with physician and Nurse Practitioner accordingly

Epiphany Community Health Outreach Services (ECHOS) May 2021-March 2022

Responsibilities:

- Coordinate community health fairs
- Visit sick members of the congregation at home and in the hospital
- Provide spiritual support to patients
- Form and lead support groups within churches
- Educate patients on preventive health measures
- Provide health screenings for members of the church
- Act as a go-between for patients, the community, and other members of the healthcare team

First Delta American Hospital, Asaba, Nigeria Sept. 2020 – April 2021

Responsibilities:

- Record medical history and symptoms
- Collaborate with team to plan for patient care
- Advocate for health and well-being of patient
- Monitor patient health and record signs
- Administer medications and treatments
- Care for medical-surgical patients
- Operate medical equipment
- Educate patients about management of illness

El-Comfort Hospital, Asaba, Nigeria Aug. 2018-Aug. 2020

Responsibilities:

- Monitoring and evaluation of care of neonates
- Medical-surgical nurse
- Maternal and child health care
- Schedule needed treatment for patients
- Advising and supporting parents in the daily care of their newborn babies

Chukwuemeka Odumegwu Ojukwu University Teaching Hospital, Nigeria April, 2015 – July, 2018

Labor Ward April 2015 – February 2017 Responsibilities:

- Quality management of pregnant women and delivery of newborns.
- Insert intravenous catheter, initiate and maintain IV fluids and medications
- Determine dilatation, effacement, and fetal station from vaginal exams
- Monitor, review and report vital signs related to stage and phase of labor and other obstetrical considerations
- Monitoring of pregnant women
- Communicate with doctors completing rounds
- Writing records
- Tutoring student nurses and midwives

Medical Surgical Unit March 2017 – August 2018

Responsibilities:

- Managing patients with acute to chronic diseases needing management, organizing and prioritizing complex multiple client assignment
- Patients with diverse admitting diagnosis and not limited to a single body system
- Patients with complex and multiple comorbidities
- Patients and their families; I was competent in guiding patients and their families from the challenges that come along with the complex healthcare systems.
- Integrate admission and discharge plan into the patient's daily care by collaborating with other members of the health care team.
- Use of technology, including new medical innovations.
- Capability to integrate research in relation to a diverse care needs

- Integrate the best practice guidelines in relation to diverse clinical situations
- Advocate for ethical, quality, and safe work setting

RELATED CLINICAL EXPERIENCE

- Madonna University Teaching Hospital Clinicals

Male Surgical Department March-June 2009

Female medical Unit Feb-August 2010

Pediatric Department Feb-August 2011

Women's Health Department Feb-July 2012

- National Orthopedic Hospital, Enugu, Enugu State August-Oct. 2011
Burns and Plastic Department
- Federal Medical Center Owerri, Imo State April-May 2011
Ear, Nose, and Tongue Department and; General Internal Medicine
and Acute Care Step-Up Unit
- Nwaorubi Community Health Center, Imo State June 2010
Immunization Department, Nwaorubi L. G.A
- KaluNta Psychiatric Hospital, Aba, Abia State June - July 2010
Recreational/Occupational Therapy Unit, New Market Road, Aba

KEY COMPETENCE AND SKILLS

- Excellent communication skill
- Ability to work under pressure as a team and on my own initiative
- During my BSN course which is built around life cases and group work, I have developed skills in the development of practical nursing plans to deliver overall nursing objectives and strategies.
- Excellent clients' healthcare skills with data accuracy and attention to details
- Strong observational skills
- Flexibility and adaptability
- Ability to follow instructions and procedures

REFERENCES

Available on request.