
Cecilia Arnstein

Registered Nurse and Midwife



To Whom It May Concern:

I am an enthusiastic and dedicated bilingual registered nurse, with over 10 years of experience as a medical professional. I have 4 years of emergency room nursing experience. For the last 5 years, I have been working as a Pre Op, PACU and OR Circulator nurse for several specialties such as Plastics, Pain Management, Vascular, GI, Orthopedics, OBGYN, Urology, Eyes, IV infusion therapy expert, and in blood draw and laboratory processing. I have excellent IV skills, patient concierge management, and personalized patient education techniques. Since March 2019, I have been working as D.O.N. at multispecialty surgery centers, working in administration and clinical practice. I also have been working at Southern California Hospital at Culver City, part time for nearly a year. I am always looking to continue to expand my experience and find a position that best matches my abilities.

I also have a degree in midwifery, specializing in obstetric and neonatal care. I have a BSN in nursing and also a BSN in midwifery, (neonatal and obstetric care) and 2 years of work experience in neonatal and obstetric care. I care deeply about providing excellent care for all of my patients, from infants to senior citizens.

I am bilingual in Spanish and English.

Thank you for your time,

Cecilia Arnstein

11937 Carabela Ct, Porter Ranch, 91326

T: 424-387-7274
E: Cecilia.arnstein@gmail.com

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PERSONAL INFORMATION

- **Nationality:** US Citizen, born in Chile.
- **RN license number:** 95127858
- **Marital Status:** Married
- **Address:** 11937 Carabela Ct, Porter Ranch, 91326
- **Telephone Number:** 424-387-7274
- **Computer Skills:** Use of computers, Internet and Applications, Windows and Macintosh Advanced Level
- **Languages:** Bilingual in English and Spanish
- **Personal Interests:** Music, Art, Sports, Health and Education

PROFESSIONAL EXPERIENCE

BASC (Bedford ambulatory surgery center) Beverly Hills. D.O.N.

July 2021 - Present

Southern California Hospital at Culver City (Per Diem - Medely - OR Circulator, Pre Op, Pacu)

Aug. 2021 - Present (Part time through Medely)

United Pacific surgery Center, Providence (Per Diem - Medely - OR Circulator, Pre Op, Pacu)

June 2021 - Present (Part time through Medely)

Rexford Operating Rooms, Beverly Hills. D.O.N.

March 2019 - June 2021

Cedars Sinai Endoscopy Center, Beverly Hills Pre Op and PACU.

June 2018 - Oct 2018 (Part time through Medely)

West Regional CTV, Vascular Interventional Radiology Pre Op and PACU.

Oct. 2017 - Feb 2018 (Part time)

Westside Pain Specialists, Pain Management Pre op , OR and PACU.

Sept. - 2018 - May 2020 (Part time)

Broadway Surgical Institute, Santa Monica, Pain Management Pre op and PACU.

June 2018 - October 2018 (Part time through Medely)

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Swall Surgery Center, Beverly Hills, Plastic Surgery Pre Op, OR and PACU.

October 2018 - March 2019 (Part time through Medely)

Infusio Beverly Hills IV Infusion Center.

October 2018 - November 2018 (Part time through Medely)

Beverly Hills Integrated Surgery Center. Orthopedics, Pre op and PACU.

June 2018 - August 2018 (Part time through Medely)

Cedars Sinai 90210 Surgical Center, Beverly Hills, Orthopedics and Eye Surgery.

August 2018 - December 2018 (Part time through Medely)

Beverly Surgical Center, endoscopy /Colonoscopy Urology

August 2018 - December 2018 (Part time through Medely)

Roxbury Surgery Center, Beverly Hills, Plastic Surgery and OB GYN Pre Op, OR and PACU.

July 2018 – Aug 2018 (Part time)

Medely (RN - OR , PRE OP AND PACU)

April 2018 - Present (Working at various facilities in Los Angeles).

Lifespan Medicine (RN - OR)

October 2017 - April 2018

Medical Imaging DISC Surgery Center (Pre op, OR and PACU)

December 2017 - March 2019 (Part time)

Neurological Associates of West Los Angeles (RN - OR)

June 2017 - October 2017

Emergency Room RN at Clinica Alemana La Dehesa, Santiago, Chile

September 2014 – June 2017

Pediatric Traumatology Emergency Room RN at Clinica Alemana de Santiago, Chile

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January 2014 – June 2017

Vaccination Center RN at Clinica Alemana de Santiago Vitacura, Santiago, Chile.

December 2013 – June 2014

Director, Maseduc (Organization of midwives dedicated to Sexual and Reproductive Health Education for young people in primary and secondary schools in rural communities)

July to December – 2010

Neonatal RN Midwife at Clinica Las Condes, Santiago Chile

January to December – 2010

RN Midwife, Fundación San José's Casa Belén, Santiago Chile

July to December – 2009

Maternity RN Midwife at Hospital San Borja Arriaran, Santiago Chile

January to August – 2009

Surgical Pavilion RN Midwife at Hospital San Borja Arriaran, Santiago Chile

January to August – 2009

Neonatal Nursing Assistive Personnel, Clinica Indisa, Santiago Chile

January to December – 2007

Neonatal Nursing Assistive Personnel, Clinica Dávila, Santiago Chile

January to February – 2006

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EDUCATION

UNIVERSIDAD MAYOR

Medicine Faculty / Nursing School.

2011-2013

Registered Nurse Professional Title.

Graduated in Nursing with High Honor.

UNIVERSIDAD MAYOR

School of Medicine / Child Care and Midwifery School.

2003-2008

Midwife Professional Title.

Graduated in Obstetrics and Child Care with High Honor.

OTHER COURSES

- **Moderate Sedation Course, Healthy Visions, A Continuing Education Provider**
April, 2020
- **CNOR Prep Course from CCI**
April, 2020
- **ACLS Course for healthcare professionals by the American Heart Association**
September, 2019
- **BLS from ACLS Certification Institute**
September 29, 2019
- **Stromal Vascular Fraction (SVF) Procurement Training for the Processing of Stem Cells at Cell Surgical Network**
July, 2017
- **ACLS Course for healthcare professionals by the American Heart Association**
July, 2017
- **BLS Course by the American Heart Association**

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October, 2017

- PALS Course (Pediatric Advanced Life Support) by the American Heart Association
October, 2017
- BLS Course by the American Red Cross of Santa Monica
June, 2017
- PALS Course (Pediatric Advanced Life Support) by the American Heart Association and American Pediatric Academy for health professionals at Clinica Alemana
February 2015
- ACLS Course for healthcare professionals by the American Heart Association at Clinica Alemana
January 2015
- Anesthesiology and Sedation Course for health professionals at Clinica Alemana
June 2014
- BLS Course by the American Heart Association for healthcare professionals at Clinica Alemana
February 2014
- Basic Clinical Electrocardiography Course at Universidad Mayor's School of Nursing
July/2011
- Neonatal resuscitation program based on the standards of the Neo Red American Academy of Pediatrics, at Clinica Indisa
July/2010
- Massage Course for Newborns and Lactating Women at Clinica Alemana. (Fundación San José for Adoption)
August/2009
- Universidad Catolica de Chile: Attachment Development in Newborns and Lactating Women (Fundación San José for Adoption)
July/2009
- BLS Course by the American Heart Association for healthcare professionals at Centro de Formación en Apoyo vital (CEFAV)
June/2009

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- **XIII ICMER “Human Sexuality” Course at the National Institute of Sexual and Reproductive Health**
October/2008
- **2nd Course on Basic Mastology at Universidad de Chile’s Clinical Hospital**
July/2008

REFERENCES

Dr. Kamran Broukhim, Chief of Anesthesia, Rexford Operating Rooms. 310-722-7210

Cindy Lee. Director of Nursing, Swall Surgical Center. 562-841-6436

Todd Hinker, Nurse Manager 310 400- 4449 at West Regional CTV, Vascular.

Dr. James Nassiri, Anesthesiologist 310 210 8679 at Westside Pain Specialists.

Rosemary Roman, Surgery Center Manager 818 445-9081 at Swall Plastic Surgery Center.

Kimberly Quaglia, Kimberly@micsc.com, 818-257-1111. Nurse Director, Medical Imaging,

Flor Amaya, Manager, Lifespan Medicine, FAmaya@lifespanmedicine.com, 323-704-5201

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