

## **CYNTHIA NKESI ANELE, RN**

832) 889 0541 - nkesi1209@gmail.com

### **Objectives:**

Autonomous, dedicated and compassionate nursing professional with unquestionable passion for patient and family care, self-motivated, competent, quick learner and a driven Registered nurse years of experience in direct patient care, home health nursing, and management. Adept at establishing and working toward team goals, administrative and supervisory skills to employees, teammates and other supportive staff. Strong work ethics and professionalism, excellent time management skills with ability to Muti task effectively and meet deadlines.

### **Education:**

Bachelor of Nursing  
Summer, 2021. Grand Canyon university.

Associate Degree in Nursing  
Summer, 2019. Ideal professional Miami Florida

Diploma in Licensed Vocational Nursing  
Summer, 2013. Fortis college Houston Tx

### **Skills:**

- Problem solving
- Adaptability
- Collaboration
- Strong work ethic
- Time Management
- Critical thinking

### **SUMMARY OF QUALIFICATIONS**

- Experience in nursing duties for about 9 years.
- Highly motivated and self-directed individual
- Ability to manage large budget
- Interpersonal skills

### **Work Experience:**

**Registered Nurse, (Director of nursing) The Crescent Rehab.**

- **Management of the Department of nursing, including evaluation of staff, hiring, firing and development of nursing staff.**
- **Maintaining high standards of care for all patients**
- **Communicating with Doctors, patients and family members about patient care**
- **Maintain and update audit, for staff and patients.**
- **Establish new policies and update existing ones.**
- **Directing and overseeing all nursing staff, Guiding staffing procedures**
- **Conducts supervisory rounds daily, ensures smooth and efficient operation of the nursing staff, which ranges from planning and evaluating that individual patients are receiving optimal care**
- **Supervise and guide nursing staffs on their daily job duties and ensure they follow department procedures and policies.**

**Registered Nurse, (Assistant Director of Nursing) The Crescent Rehab.**

- **Assist with Management of the Department of nursing, including evaluation of staff.**
- **Maintain and update audit, for staff and patients.**
- **Conducts supervisory rounds daily, ensures smooth and efficient operation of the nursing staff, which ranges from planning and evaluating that individual patients are receiving optimal care**
- **Supervise and guide nursing staffs on their daily job duties and ensure they follow department procedures and policies.**

**Registered nurse, Richard A Anderson veteran home 14041 Cottingham st Houston TX 77048  
RN Supervisor (September 30th 2019 to present)**

- **Lead and mentored new licensed nurses and new employees in developing and achieving professional expertise.**
- **Responsible for providing direct patient care to Residents, Ensuring that medications and care is given.**
- **Supervising nursing staff and monitoring the quality of Patient care provided.**
- **Receiving and processing Physicians orders and making sure its well transcribed.**
- **Rounding and Monitoring safety of Patients**
- **Facilitated Patient transfers to hospitals, appointments**
- **Processing admissions, Physician orders, and communicating patient concerns to the physician and Director of Nursing promptly.**

**Registered Nurse, Spring branch Transitional care Nursing home, 1615 Hillendahl blvd Houston TX 77055. RN Supervisor (June 2019 to September 2019)**

- interact and communicate with Patients of all backgrounds with respect to providing quality medical care
  - Responsible for providing direct patient care to Residents, Ensuring that medications and care is given.
  - Supervising nursing staff and monitoring the quality of Patient care provided.
  - Receiving and processing Physicians orders and making sure its well transcribed.
  - Rounding and Monitoring safety of Patients
  - Facilitated Patient transfers to hospitals, appointments
  - Processing admissions, Physician orders, and communicating patient concerns to the physician and Director of Nursing promptly.
- Maintained strict adherence to HIPAA at all times.

Registered Nurse, Kappa Home Health, Tx

- Conducts home visits to patient home to assess educational needs for health promotion with emphasis on preventive care and wellness using SMART goals and implemented with patient and family involvement
- Completes head to toe assessments of patients using a body systems approach with each category to identify deficits in vital signs and body system assessment to report any changes or worsening symptoms to doctors
- Educate patients on disease management with focus on self advocacy/self management of conditions such as Asthma, COPD, Diabetes, CHF, HTN, and CAD as well as refer patient to complex care team and identification of gaps in care and barriers to treatment for the prevention of re-hospitalizations.
- Complete some specific interventions like wound care/dressings as needed.

**Licensed Vocational Nurse**, Spring branch Transitional care Nursing home, 1615 Hillendahl blvd Houston TX 77055. Supervisor (October 2015 to June 2019)

- Receiving and processing physician orders.
- Act as charge Nurse in the skilled unit.
- Processing Admissions, physician orders, administering oral medications and IV medications, monitored and documented patient's response to prescribed treatment prescriptions and promptly communicated problems to the physician and as assigned by Director of Nursing.
- Supervised nursing staff and monitored the quality of patient care provided

**Licensed Vocational Nurse**, La Hacienda Nursing and Rehabilitation facility/Long Term Care, 3730 West Orem, Houston TX 77036 (May, 2013 – October, 2015)

- Responsible for providing direct patient care, ensuring understanding of medications administered / ordered.
- Receiving and processing physician orders.
- Acted as charge Nurse in the skilled unit.
- Processing Admissions, administering medications, administering IV medications and all other duties as assigned by Director of Nursing.

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- **REFERENCES:**
- Furnished upon request.