Ngati Joroh

Fredericksburg, VA 22408 gjngati@yahoo.com +1 571 477 6603

A passionate Community Psychiatric Registered Nurse, Critical thinker and lifelong learner that welcomes the opportunity to obtain a challenging and rewarding Registered nurse position with DCHS Alexandria, that utilizes the newly acquired evidence based nursing skills obtained from several years of work experience in; CSB, mental health hospitals, long-term care facilities, and Acute care hospitals.

Authorized to work in the US for any employer

Work Experience

Psychiatric Registered Nurse

CITY OF ALEXANDRIA

December 2018 to Present

- Follows established protocol to ensure the security and safety of the Medication Room and its contents; to include logging, packaging, transporting, and delivering medication received from local and state pharmacies.
- Follows CSB and Board of Pharmacy regulations and policies for the maintenance of an alternative delivery site to include but not limited to, destroying outdated and discontinued medications according to established procedures.
- Performs general and psychiatric nursing duties to include, but not limited to medication administration, intramuscular injections, venipuncture, weights, vital signs, consumer crisis intervention, and mental status examinations.
- Coordinates all activities required for the effective and timely procurement, documentation, and delivery of medications and assigned weekly medication boxes to consumers. Maintains effective communication with outside pharmacies and agency pharmacists, orders and packs medications from contractual and community pharmacies for delivery to consumers. Delivers medications to consumers as needed on medication rounds and as part of medication education with goals towards medication competency skills building.
- Transcribe medication orders to the MAR and provide oversight of MAR completion to ensure accuracy and avoid errors. Nursing staff are responsible for generating MARs for new consumers and updating/ printing new monthly MARs for all consumers on medication rounds, medication boxes, and long-acting antipsychotic injections. Provide guidance to teammates as appropriate to correct MARs. Reviews the new month's MARs prior to the start of the new month to double check errors in transcriptions from the prior month's MARs.
- Assists in the provision of medical services, such as delivering and monitoring medications, scheduling and accompanying consumers to medical appointments, collaboration with medical providers, assistance with ordering/refilling medical supplies and external non-psychiatric medications, and requesting medical records from primary care providers, and hospitalization/incarceration periods.
- Perform community visits as needed to carry out physician orders; this may include home visits and trips to the local pharmacy.

- Acts as a liaison with contractual pharmacy on daily medication deliveries and ordering of medications for repacking to help ensure timely delivery and distribution of consumer medications and provide nursing services to other units within the CSB.
- Provides oversight, guidance, and support to LPNs at the CSB.

Adolescent Unit (RN)

HCA

January 2016 to Present

- Complete pre-admission screenings and assess the mental health needs of patients under their care.
- Initiate and complete individual patient plan care.
- Determine a diagnosis, develop a plan of care, and educate patients and families on behaviors related to mental disorders.
- Monitor and note behavioral changes. Help calm patients and conduct group therapies.
- Administer medications and monitor patients for any possible side effects.
- Makes recommendations regarding changes to nursing services and unit activities.
- Participates in and supervises staff in daily patient care activities and planning of patient after-care; plans, assigns, and reviews the work of regular nursing staff.

LPN/RN

Continuum Pediatric Nursing - McLean, VA

- March 2013 to 2018
- Monitor patients one-on-one with tracheostomy who are on ventilators.
 Monitor and intervene with respiratory assistance in case of any crisis.
- Monitor ventilator settings and adjust them as ordered
- Administer medications and monitor patient for any possible adverse effects.
- Carry out measures to maintain airway patency including suctioning and chest physiotherapy.

Nurse Supervisor (LPN/RN)

HCA

September 2016 to May 2017

- •Obtains, interprets, records and reports vital signs (temperature, pulse, respiration and blood pressure), height, weight, and other values
- •Develops an appropriate nursing care plan.
- •Implements a plan of care by performing nursing interventions and assisting with procedures.
- Performs telephone screening and advice under the direction of clinician.
- •Notifies pharmacies of new prescriptions and authorizations of refills as ordered by clinician.

LPN

Medical Faculty Associates

September 2010 to March 2013

- Evaluates and assess walk-in patients and implements nursing protocols, or refers for provider evaluation/treatment when appropriate.
- Teaching patients about self-care concepts as they relate to the specific presenting problem.
- Administers medications including but not limited to immunizations and allergy injections.
- Performs venipuncture to start intravenous fluids in peripheral veins after the completion of a specialized education and certification training process.

Surgical unit, PACU, & APU. LPN

STERLING MEDICAL

August 2007 to June 2010

- As part of a nursing team, utilized the nursing process to provide patient care.
- Monitor and record physiological measurements and assist with post op & Anesthesia (PACU) care.
- Assist with cardiovascular and neurovascular procedures including IV's, central lines, arterial Lines and femoral lines.
- Performed 12-lead EKG and assist with telemetry monitoring and obtained ABG samples (draw blood)
- Initiates, monitors and discontinues IV therapy per physician's orders.
- Assists with diagnostic tests and procedures under the supervision of a head nurse.

Education

Associate of Applied Science in Nursing

Northern Virginia Community College

Skills

- Microsoft Powerpoint
- Ventilator
- · Airway management
- Basic IV
- Critical care experience
- Nursing
- · Acute care
- Epic
- ICU experience
- Documentation review
- Data collection
- Writing skills
- Communication skills
- ADLs
- Case management
- Medication Administration
- · Crisis Intervention
- Hospital Experience

Languages

• English - Expert

Certifications and Licenses

CPR

June 2018 to December 2020

RN

ACLS Certification

BLS Certification

Compact State Nurse License

Assessments

Nursing Skills: Clinical Judgment — Highly Proficient

February 2020

Assessing a patient's condition and implementing the appropriate medical intervention.

Full results: <u>Highly Proficient</u>

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.