

# Avalon Zakazakina

## **Psychiatric and Medical skills**

Timberon, NM 88350

[Hillnurse1@gmail.com](mailto:Hillnurse1@gmail.com)

+1 325 668 0020

Patient-driven RN is comfortable and effective in many settings: medical, psychiatric, supervisory, administrative, and direct care. Great attention to the best patient care coupled with fast learning and a truly non-judgmental approach make me a useful addition to any team. Difficult situations with patients or staff are my specialty. I am equally comfortable bedside or as management as needed.

Authorized to work in the US for any employer

## Work Experience

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### **RN Nursing Education & Implementation**

TaskMaster Pro

October 2019 to June 2022

Web-based

Online nursing education for software, data entry of medical information, consultation for upgrades and changes in system, very knowledgeable about computers and many programs; part of Hill Resources listed below. ICD-10 coding and supervision of entries and charts remotely is part of this position.

### **RN Behavioral Health**

GCRMC - Alamogordo, NM

November 2020 to June 2021

PRN work of a few weekend and holiday shifts per month on locked Behavioral Health Unit. Medication administration, physical and psychiatric assessments, group therapy, admit and discharge patients, and occasional Charge nurse.

### **DON and Direct Care RN**

Hill Resources - Abilene, TX

November 2014 to October 2019

Direct care and case management for Foster and Live-in clients of community homes for the Intellectually and Developmentally Disabled population. Case load of 88 patients, full-time RN plus call night and weekends, heavy phone triage, DON duties. Transferred to Task Master Pro within same company.

### **RN**

Anson General Hospital ER and Home Health - Anson, TX

March 2013 to October 2014

Rural ER with duties of direct patient care including EKG's, IV and IM medications, coordination of care and arrangement of transfers to other facilities or admit, also Home Health full time after 6 weeks. Duties include direct patient care and of supervision of nursing and attendant staff. Coordinate care of all patients between nurses and programs, conduct supervisory visits for nursing and attendant staff. On-call for patients as needed. OASIS, MNLOC completions, ICD-9 coding, Medicare and Medicaid familiarity. Found other employment when agency closed.

## **Nurse Manager/Charge Nurse/DON/ADON**

Acadia Healthcare - Abilene, TX

August 2011 to March 2013

ADON/DON, Charge Nurse on Children's, Adult's, & Military units for 90-bed Acute Care Psychiatric Hospital. Arrange schedules and staffing for 24-hour care, management of 50+ employees. Work with interdisciplinary team of psychiatrists, psychologists, doctors, nurses, and assistive staff. Participated in development and implementation of individual treatment plans for patients with broad range of mental health and medical issues. Ensured that doctors' orders were effectively carried out, including testing, medical procedures, outside consultations and stat orders for restraints and medications. Counsel, hire and teach nursing and assistive staff. Found more flexible employment to facilitate ongoing school.

## **RN Case Manager/Direct Care RN**

Abilene State School - Abilene, TX

January 2009 to August 2011

Managed all aspects of care for 30 mentally retarded men with many psychiatric and medical issues in permanent State care. Oversaw 30 employees, both nursing and assistive staff. Worked with interdisciplinary team of assistive supervisor, psychiatrist and psychologist. Attended staffing and performed detailed care review on each person quarterly and annually. Attended Psychiatric clinic monthly and oversaw medical clinic daily. Attended off campus visits around Texas in the course of patient care and patient placement into community homes. Performed medication administration and wound care as needed, assisted with RT, PT, Hospice services for individuals. Found employment with more life/work balance.

## **Emergency Room RN**

Hendricks Medical Center - Abilene, TX

January 2008 to January 2009

Night Shift ER nurse. Triage and care for patients in Level III Trauma center.

## Education

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### **Bachelor of Science in Nursing**

Hardin Simmons University - Abilene, TX

December 2004 to December 2007

## Nursing Licenses

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### **RN**

Expires: October 2023

State: TX

## Skills

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- Mental Health Counseling
- Nurse Management
- Nursing

- Difficult people and situations are my specialty
- Triage
- Critical Care Experience
- Medication Administration
- ICD-9
- Case Management
- ICD-10
- Medical Billing
- EMR Systems
- Supervising Experience
- Hospital Experience
- Anatomy Knowledge
- Patient Care
- CPT Coding
- Medical Coding
- ICD Coding
- Medical Terminology
- Crisis Intervention
- Vital Signs
- Medical Records
- Medical Office Experience
- Phone Etiquette
- Cerner
- Behavioral Health
- Home Care
- Group Therapy

## Military Service

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**Branch: Army**

Rank: PFC

September 1987 to September 1989

76 Yankee Unit Armorer

Commendations:

Good conduct

## Certifications and Licenses

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**BLS Certification**

**CPR Certification**

## **First Aid Certification**

### Assessments

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#### **Clinical Judgment — Proficient**

August 2020

Assessing a patient's condition and implementing the appropriate medical intervention.

Full results: [Proficient](#)

#### **Electronic Health Records: Best Practices — Highly Proficient**

August 2020

Knowledge of EHR data, associated privacy regulations, and best practices for EHR use

Full results: [Highly Proficient](#)

#### **Medical Terminology — Expert**

August 2020

Understanding and using medical terminology

Full results: [Expert](#)

#### **First Aid — Highly Proficient**

August 2020

Treating common medical emergencies

Full results: [Highly Proficient](#)

#### **Verbal Communication — Expert**

August 2020

Speaking clearly, correctly, and concisely

Full results: [Expert](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.