

# Kimberly Polenz

## **Registered Nurse**

Sherwood, WI 54169

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+1 920 740 1947

Willing to relocate to: Appleton, WI

Authorized to work in the US for any employer

## Work Experience

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### **Registered Nurse**

Heartland Home Health and Hospice - Sherwood, WI

October 2018 to Present

Performed Hospice admissions, Pre-hospice Assessments, continued patient assessment on a daily basis, Pain and symptom management of hospice patients. Coordination of care with Medical Director, social worker, Chaplain, and peer nurses. Provided palliative care, home care, created hospice aid care plans, perform supervisory visits. Management of caseload, visit schedule and travel time. Death Attendance and postmortem care and discharge. Timely and accurate charting was performed during the entire process.

### **Registered Nurse Case Manager**

Aspirus Comfort Care and Hospice - Wausau, WI

April 2018 to September 2018

Performed Hospice admissions, Pre-hospice Assessments, continued patient assessment on a daily basis, Pain and symptom management of hospice patients. Coordination of care with Medical Director, social worker, Chaplain, and peer nurses. Provided palliative care, home care, created hospice aid care plans, perform supervisory visits. Management of caseload, visit schedule and travel time. Death Attendance and postmortem care and discharge. Timely and accurate charting was performed during the entire process.

### **Registered Nurse**

Interim Health Care- Hospice - Wausau, WI

August 2017 to November 2017

Performed Hospice admissions, Pre-hospice Assessments, continued patient assessment on a daily basis, Pain and symptom management of hospice patients. Coordination of care with Medical Director, social worker, Chaplain, and peer nurses. Provided palliative care, home care, created hospice aid care plans, perform supervisory visits. Management of caseload, visit schedule and travel time. Death Attendance and postmortem care and discharge. Timely and accurate charting was performed during the entire process.

### **Registered Nurse**

Ascension Employer Solutions - Wausau, WI

June 2015 to July 2017

Perform pre-employment exams, perform first aid, DOT drug testing, audiograms, pulmonary function testing, management of silica cellar payments and noise surveillance programs. Train employees in blood-borne pathogens, coordinate and help train the emergency response team members. First aid trainer, management and development of health promotion programs

### **Registered Nurse - Oncology/Progressive Care Unit (PCU)**

FLORIDA HOSPITAL ALTAMONTE - Altamonte Springs, FL  
2008 to 2014

Administered chemotherapy and pain management for adult patients of all ages in a 36-bed specialized unit geared to manage patient care during end of life stages as well as whole patient treatments for recovery.

#### Specialized Patient Care

- Managed and monitored patient blood transfusions and chemotherapy in accordance with specified protocol for critical care services.
- Monitored heart activity for patients with cardiac monitors, assessed patient condition relative to their cardiac rhythm, and performed hemodynamic monitoring on all patients.
- Performed phlebotomy for patients and successfully managed ports using sterile procedure, resulting in never being associated with a central line infection.
- Assisted in bedside invasive procedures, including bone marrow biopsies and monitored patients with central lines, patients with endotracheal and tracheostomy tubes.
- Manage maintenance of heparin locks and central lines, treatments, and dressings.
- Provide post-operative care to patients after bone marrow biopsies, post-kidney removal, and other surgical procedures involving removal of cancerous areas, including monitoring of vitals, dressing changes, verifying cognitive abilities, and maintaining surgical site.

#### Staff & Unit Development

- Recognized for exceptional leadership, teaching, and communication skills used to clearly provide directions for patient care while mentoring or coaching nursing staff, patients, and patient families.
- Served as a Preceptor for the Oncology/PCU, trained student nurses and new hires in an individualized one-on-one training program to improve nursing success.
- Volunteered to participate in specialized wound care training seminars and subsequently built expertise as the sole provider for patients with a wound vacuum during the night shift.
- Collaborated for pain management and participated in a fall reduction team.
- Conducted peer evaluations of staff members to assess performance and maintain quality of care.
- As a daily round nursing captain for the night shift, presented other healthcare providers with examples of proper rounding protocol.

## Education

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### **Bachelor's of Science in Nursing**

FLORIDA HOSPITAL COLLEGE OF HEALTH SCIENCES - Orlando, FL  
August 2011

### **Associate in Nursing**

Florida Hospital College

2008

## Nursing Licenses

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### **RN**

Expires: February 2024

State: WI

## Skills

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- Hospital Experience (6 years)
- Nursing (10+ years)
- Pain Management (10+ years)
- Occupational Health Experience (2 years)
- Hospice care (6 years)
- Critical Care Experience (1 year)
- ICU Experience
- Medication Administration

## Military Service

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### **Branch: Active Army**

Service Country: United States

Rank: PFC

September 2000 to September 2004

I worked as a legal secretary and was honorably discharged.