

Rebecca Cardenas

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Work Experience

RN

RN NETWORK

October 2021 to Present

Travel nursing working :

Preop/PACU for general, orthopedic, and pediatric surgery. Preop/PACU for outpatient endoscopy at SE Georgia Health System in Brunswick GA

Regulatory Registered Nurse Surveyor

HHSC State of Texas - Austin, TX

October 2019 to September 2021

Responsibilities included regulatory survey process for home health/ homecare community-based agency to ensure compliance with state and federal regulations involving client/patient care and state licensing requirements for both initial licensing and renewal of licenses. This process also included the investigation of consumer complaints against an agency relating to patient care and staffing negligence. Proficient with the use of ASPEN federal survey documentation system used for the drafting and submission of survey reports and submission of licensing violations for enforcement. Proficient knowledge of state and CMS regulations relating to OASIS, patient care, and home health agency operational requirements.

RN

USPI/ Medical Park Tower Surgery Center - Austin, TX

September 2018 to September 2019

Pre-Operative Services /PACU

Initial intake and assessment preoperative of the surgical patient to include IV insertion, documentation of patient history, ensuring appropriate procedure consents and anesthesia consent obtained, and administration of any pre-op med

Monitoring and care of the post-sedated patient to included monitoring vitals, cardiac rhythm, post-surgical pain control per Anesthesia orders, patient discharge teaching

Any other tasks necessary under my Scope of Practice as a RN

RN

HCA Corp - San Antonio, TX

August 2016 to January 2018

Pre-Admission Testing and T

Execution of necessary pre-op testing prior to surgery to include

Collection and documentation of medical history and computerized charting data entry

Performance of EKG for cardiac evaluation

Collection of ordered laboratory specimens

Evaluation of collected laboratory and diagnostic data

Communication of abnormal findings will referral to specialty services as applicable
Coordination of additional testing as applicable
Pre-op teaching related to surgical prep to include diet, medication, special appliances, time, location ,
and any additional information deemed necessary to ensure adequate preparation prio to surgery
Preparation of patient charts with current H/P, orders and surgical consents prior to surgery
Auditing of charts for correct documentation prior to surgery
*Any other tasks necessary under my Scope of Practice as a RN

RN

San Antonio Gastroenterology Associates/AMSURG - San Antonio, TX
August 2013 to August 2016

Pre-Operative Services and PACU

Admission and Assessment of patients for outpatient ambulatory\endoscopy setting
IV insertion and administration of necessary preop meds per MD orders
Collection of patient date to include history, vitals, and status of ordered bowel prep prior to procedure
Recovery of patients post Anesthesi
Monitoring and documentation of post anesthesia vitals per protoco
Supervision and delegation to LVN staff in the recovery are
Securing of applicable prescriptions prior to discharge
Discharge and Teaching of patients post procedure

Acute Care Telemetry Charge Nurse

Santa Rosa Health Care - San Antonio, TX
May 2012 to August 2013

Primary care nursing in acute/hospital setting to include assessment and implementation of individualized Plan of Care

Charge nurse duties to include bed assignment and nursing assignments foa 28 bed unit
Collaboration with other interdisciplinary to ensure timely patient discharge
Act as a resource for nursing and ancillary staff
Recorded patients' medical history, vital statistics and test results inelectronic charts.
Make sound, ethical and independent decisions based on staffing, patieacuity, patient and family needs, as well as facili
Assist with admissions and discharge of patients as well as unit rounding for and patient/ family satisfaction purposes and anticipated next day discharges
Interact with multiple specialties of MD to ensure order compliance and address complaints
Auditing of charts to ensure order compliance and necessary MDdocumentation
Evaluated patient needs, prioritize care to maintain patient flow.
Evaluation of cardiac data collected via remote Cardiac monitoring with interventions as applicable based on abnormal findings to include use ofRRT and participate in Code Blue as necessaryMentoring and teaching of new RN grads, remedial training, preceptor ofnew RN hires

RN

Homecare Dimensions - San Antonio, TX
May 2011 to May 2012

Field Case Manager/ RN for Home Health

Initial admission and re-certification of home services: HMO, medicare, medicaid,workers comp, and private pay (BCBS, Ae

Development of initial and extended Plan Of Care
Assist with implementation of patient follow-up care need
Obtain and maintain current physician orders per Plan
Sound, ethical and independent patient care related decisions in a field setting
Provided necessary health/ disease related education to patient and family.
Managed caseload of 20 clients, providing education, treatments, IV therapy, wound care (including wound vacs), colostomy care, Istatcollection, evaluation of home safety issues, referral for applicable services
Auditing of LVN skilled visits for compliance of documentation of home care based on Plan of Care and Medicare regulations
Collaboration with Primary Care and interdisciplinary staff
Documentation of patient date using OASIS electronic charting format

RN/ ADON

New Creations Health Care
September 2010 to May 2011

Direct management role
Scheduling and delegation of skilled home visits
Management of physician, patient, family and staff concerns/ complaints
Evaluation of employees to include corrective action plan when needed
Auditing of LVN skilled visits for compliance of documentation of home care based on Plan of Care and Medicare regulations
Collaboration with Primary Care and interdisciplinary staff
Educations of field staff related to protocols and documentation related to home visits, reimbursement, qualifying guidelines for home health, and reportable occurrences per Medicare guidelines.
Development of initial and extended Plan Of Care
Documentation of patient date using OASIS electronic charting format

RN/ CHARGE NURSE

St. Luke's Baptist Hospital - San Antonio, TX
October 2008 to September 2010

Primary care nursing in acute/hospital setting to include assessment and implementation of individualized Plan of Care
Charge nurse duties to include bed assignment and nursing assignments for a 37 bed unit
Collaboration with other interdisciplinary to ensure timely patient discharge
Act as a resource for nursing and ancillary staff
Recorded patients' medical history and pertinent patient data using McKesson electronic charting system.
Make sound, ethical and independent decisions based on staffing, patient acuity, patient and family needs, as well as facility needs
Assist with admissions and discharge of patients as well as patient rounding for patient/ family satisfaction and anticipated next day discharge
Interact with multiple specialties of MD to ensure order compliance and address complaints
Auditing of charts to ensure order compliance and necessary MD documentation
Maintaining and documentation of patient census and allotted staff based on designated staffing grid to maintain adequate staffing and budget compliance
Evaluated patient needs, prioritize care, and assign staffing ensuring proper work flow of the unit

Evaluation of cardiac data collected via remote Cardiac monitoring with interventions as applicable based on abnormal findings to include use of RRT and participate in Code Blue as necessary
Administration of IV chemotherapy as well as chemo teaching
Mentoring and teaching of new RN grads, remedial training, preceptor of new RN hires

RN/ Outpatient Oncology infusion nurse

CCCST - San Antonio, TX

January 2008 to July 2008

Teaching related to chemotherapy and various cancer diseases
Administration of IV chemotherapy
Insertion of peripheral IV
Access and care of Mediport/ Power port and PICC lines

* LVN WORK EXPERIENCE:

LVN

Capefear Valley Hospital - Fayetteville, NC

May 2005 to September 2007

- ** Acute Care Medical/Oncology Unit
- ** Primary care nursing
- ** Administration of chemotherapy and blood products
- ** PCA titration for pain control, comfort measures, and end of life care per MD orders
- ** Assessment and documentation of acute patients with multiple medical issues complicated by non-responsive varied cancers.
- * Administration and monitoring of chemotherapy per appropriate protocols for both therapy and palliative purposes.

LVN

PPDG and Altos Federal Group - San Antonio, TX

November 2000 to March 2005

- ** Contract Nurse for Acute Care Med/Surg unit at Wilford Hall Medical Center Team Nursing
- ** Assessment of patients with multiple medical problems
- ** Administration of medications via oral, IV, and IM

LVN

HCR Manor Care - San Antonio, TX

October 1999 to October 2000

- * Long-term care nursing
- ** Long-term geriatric primary care nursing

LPN

Correctional Medical Services - Upper Marlboro, MD

October 1997 to July 1999

- * Triage Nurse for county jail system of 1500+ inmates
- ** Nurse Manager for Chronic/Infectious Disease Clinic
- ** Management of supplies for infirmary, triage, and clinic
- ** Primary nursing assistance to MD for sick call Clinic

* * Primary nursing assistance to PA for specialized clinics (Infectious Disease, Diabetes, and Seizure Disorders)

LVN Program

Delta Career Institute - Beaumont, TX
March 1997 to March 1997

Education

Associates Degree in Nursing in RN Program

Sandhills Community College - Pinehurst, NC
May 2007

Nursing Licenses

RN

RN

Expires: March 2022

State: TX

Skills

- Phlebotomy (10+ years)
- Outlook (10+ years)
- Leadership skills (8 years)
- Hospital (10+ years)
- RN (10+ years)
- Home Health (3 years)
- Med Surg (7 years)
- Staff Nurse (10+ years)
- Medical Surgical (7 years)
- Nurse Management
- Primary Care Experience
- McKesson
- Medication Administration
- Laboratory experience
- Healthcare Management
- Auditing
- Supervising Experience
- Heavy lifting
- Acute care

Certifications and Licenses

BLS, ACLS

Current until March 2024

AED Certification

AED/ACLS current until March 2024

CPR Certification

PALS Certification

Current until March 2024

Compact State Nurse License

TX compact multi state license current until 3/31/2024

Assessments

Clinical judgment — Familiar

September 2021

Assessing a patient's condition and implementing the appropriate medical intervention

Full results: [Familiar](#)

Patient-focused care — Highly Proficient

September 2021

Responding to patient concerns with sensitivity

Full results: [Highly Proficient](#)

Protecting patient privacy — Expert

September 2021

Understanding privacy rules and regulations associated with patient records

Full results: [Expert](#)

Medical terminology — Expert

September 2021

Understanding and using medical terminology

Full results: [Expert](#)

Customer focus & orientation — Expert

September 2021

Responding to customer situations with sensitivity

Full results: [Expert](#)

Home health aide skills — Highly Proficient

September 2021

Providing care to patients in a home setting

Full results: [Highly Proficient](#)

Basic computer skills — Highly Proficient

September 2021

Performing basic computer operations and troubleshooting common problems

Full results: [Highly Proficient](#)

Basic attention to detail — Proficient

September 2021

Identifying differences in materials, following instructions, and detecting details among distracting information

Full results: [Proficient](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.

Additional Information

SKILLS:

I POSSESS STRONG PHLEBOTOMY SKILLS AS WELL AS THE ABILITY TO CRITICALLY THINK IN BOTH ACUTE/ FAST PACED SETTINGS AND SLOWER PACED CLINICAL SETTINGS. I HAVE VERY STRONG, INDEPENDENT ASSESSMENT SKILLS WITH THE ABILITY TO FORESEE POTENTIAL MEDICAL COMPLICATION, TO ENSURE PATIENT SAFETY IS ALWAYS THE HIGHEST PRIORITY. I HAVE STRONG INTRA-COMMUNICATION SKILLS AND A VAST RESEVOIRE OF MEDICAL KNOWLEDGE TO SHARE WITH BOTH PATIENTS AND COLLEAGUES. I CONSIDER MYSELF A TRUE PATIENT ADVOCATE AND ENJOY THE ONE TO ONE INTERACTION WITH MY PATIENTS AND HONORED TO BE A PART OF THEIR DAY. I POSSESS STRONG LEADERSHIP SKILLS AND PRIDE MYSELF ON BEING A HANDS-ON SUPERVISOR. THE THING I FIND THE MOST REWARDING AS A NURSE IS THE OPPORTUNITY TO BOND WITH AND EDUCATE MY PATIENTS ON THEIR CURRENT MEDICAL ISSUES. MY FULLFILLMENT COMES FROM KNOWING THAT I ARM THEM WITH THE KNOWLEDGE FOR BETTER HEALTH IN THE FUTURE AND THEY KEFT ME WITH A POSITIVE OUTLOOK FOR TODAY.