

Aditi Alina Naik

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EDUCATION

The University of Texas at Austin, School of Nursing

Austin, TX

- Bachelor of Science in Nursing Honors, *Public Health Emphasis*
 - GPA: 3.44/4.0

December 2018

The University of Texas Health Science Center at Houston, Cizik School of Nursing

Houston, TX

- Master of Science in Nursing, *Psychiatric/Mental Health Nurse Practitioner*
 - GPA: 3.83/4.0

December 2021

WORK EXPERIENCE

Stanford Hospital (Level I Trauma Center, Magnet Hospital)

Palo Alto, CA

Travel Nurse, Acuity Adaptable Neurology – Medical/Surgical/Telemetry/Step down, Unit L5

April 2022 – July 2022

- Cared for complex neuro patients, such as post-stroke requiring TPA, IVIg, and seizure protocol on continuous EEG
- Managed patients on continuous telemetry monitoring demonstrating skill in reading rhythm strips and EKGs
- Adapted to environments by floating to EENT, cardiothoracic, vascular, surgical, & multiple general medicine units

Harris Health System Ben Taub Hospital (Level I Trauma Center, Magnet Hospital)

Houston, TX

Medical/Surgical/Telemetry Registered Nurse, Charge Nurse, CoP Chair, Unit 5B/C

Feb 2019 – March 2022

- Delivered compassionate treatment to thousands of medically complex patients in a metropolitan county hospital
- Demonstrated proficiency in skills, such as IV insertion, blood draws, complex wound care, and tracheostomy care
- Cared for a variety of medical conditions, such as CHF, ESRD, COPD, CVA, liver cirrhosis, and cancer, among others
- Utilized therapeutic communication to educate high-risk patients about physical and mental health promotion
- Led as Charge Nurse over more than 20 employees at a time, promoting unit productivity and patient satisfaction
- Served as Community of Practice (CoP) Chair, leading employees in quality initiatives to improve patient outcomes

The University of Texas MD Anderson Cancer Center

Houston, TX

Professional Student Nurse Extern

June 2018 – Aug 2018

- Collaborated with various members of the health team to assess, educate, and care for over 40 oncology patients
- Advocated for patients with complex diagnoses by addressing their physical, mental, and emotional needs
- Provided patient-centered care by involving patients and their families in health decisions

RESEARCH & COMMUNITY EXPERIENCE

Influenza Vaccine Campaign at Parker Lane United Methodist Church

Austin, TX

Public Health Nursing Student

October 2018

- Administered flu vaccines to over 50 people, including members of the Matu refugee community
- Worked in a team to promote a flu vaccine campaign and educated community members on disease prevention
- Led focus groups on the importance of physical and mental health care in refugee families

Likelihood of using Pre-Exposure Prophylaxis (PrEP) in IV Drug Users

Austin, TX

Research Assistant

Sep 2016 – Nov 2016

- Administered 20-minute surveys and engaged with intravenous drug users (IVDUs) seeking medical resources
- Educated IVDUs on Pre-Exposure Prophylaxis and referred them to The Austin PrEP Access Project Clinic
- Collected and evaluated data on demographics, perceived risk for HIV, and medication adherence in IVDUs

RELEVANT CERTIFICATIONS/ORGANIZATIONS/SKILLS

- **American Heart Association, 2022** – Basic Life Support (BLS), CPR/First Aid Certificate
- **American Heart Association, 2022** – Advanced Cardiac Life Support (ACLS) Certificate
- **Sigma Theta Tau International Honor Society of Nursing, 2021** – Zeta Pi Chapter
- **Language Skills:** Spanish – conversational