

Sophia Francesca Mendez, BSN

Whittier, CA | Sophiamendez94@gmail.com | (626) 497-9277

Objective

Professional and knowledgeable healthcare professional with over no experience eagerly seeking a position at any hospital as a registered nurse to apply skills, knowledge and compassion to provide quality healthcare in a safe environment that is sensitive and supportive of the physical, emotional, spiritual, and diverse multi-cultural needs of our patients and their loved ones. Bilingual in Spanish and English.

Education

Bachelor of Science in Nursing 06/2022
West Coast University – Ontario, CA

Vocational Nursing 02/2021
American Career College – Ontario, CA

Licenses and Certifications

Registered Nurse CA License Expected 07/2022
Basic Life Support (BLS) Expires 07/2023
Advanced Cardiovascular Life Support (ACLS) Expires 03/2024

Professional Work Experience

Licensed Vocational Nurse 06/2021 to current
Maxim Healthcare – [Orange County, CA]

- Provide nursing care to 5-8 patients per shift by obtaining vital signs, assisting with activities of daily living, insulin checks and input and output monitoring
- Communicated with parents, teachers, and staff, COVID tracking, contact tracing, COVID testing, and followed COVID protocol.

Charge Nurse, Licensed Vocational Nurse 07/2021 – 10/2021
Casa Bonita Convalescent Hospital – [San Dimas, CA]

- Administer 60-70 medications through different routes such as intramuscular, oral and subcutaneous.
- Provide nursing care to 25-35 patients per shift by obtaining vital signs, assisting with activities of daily living, insulin checks and input and output monitoring
- Communication and collaboration with the doctor updating onpatient status, receiving new orders, and order changes.

Clinical Rotations

Preceptorship – Riverside Community Hospital / Riverside, CA	136 Hours
Mental Health – Pacific Grove/ Riverside, CA	91 Hours
Med Surg II – Chino Valley Medical Center / Chino, CA	136 Hours
OB – Desert Regional Medical Center / Palm Springs, CA	68.50 Hours
PEDS – Desert Regional Medical Center / Palm Springs, CA	68.50 Hours
Public Health- Los Alamitos School District / Los Alamitos, CA	91 Hours
Critical Care – Riverside Community Hospital / Riverside, CA	136 Hours

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References

Dao Brennen, RN
District Nurse
Los Alamitos School District
Los Alamitos, CA
(714) 728-7683

Erin Lawrence, MS BSN PHN RN
District Nurse
Los Alamitos School District
Los Alamitos, CA
(562) 972-2402

Jessica Catania, RN, BSN, PHN
District Nurse
Los Alamitos School District
Los Alamitos, CA
(562) 533-3930

Kristina Wells, LVN
School Nurse
Los Alamitos School District
Los Alamitos, CA
(213) 712-5011

Cierra Richardson, LVN
Charge Nurse
Casa Bonita Convalescent Hospital
San Dimas, CA
(909) 784-8028