



Kristina Holecek

Professional Summary

Family Nurse Practitioner eager to contribute to team success through hard work, attention to detail and excellent organizational skills. Motivated to learn, grow and excel in providing care across the lifespan.

Work History

Meritas Health - Family Nurse Practitioner

North Kansas City, MO

05/2022 - Current

- Ordered and interpreted diagnostic tests to develop and implement treatment plans.
- Provided preventive care such as well-child checks, adult physicals.
- Coordinated referrals for specialty services and additional care.
- Prescribed appropriate pharmacologic and non-pharmacologic treatment modalities to support health and comfort of patients.
- Coordinated with physicians, specialists and other medical staff to develop treatment plans for chronic conditions.

Lee's Summit/Independence Pediatrics - Family Nurse Practitioner

Lee's Summit/Independence, MO

09/2021 - 05/2022

- Provided preventive care such as well-child checks, immunizations, vision screening.
- Coordinated with physicians, specialists and other medical staff to develop treatment plans for chronic conditions.
- Educated patients on treatment options, medical needs and non-medical options for treatments and therapy.
- Coordinated referrals for specialty services and additional care.
- Performed patient physicals and compared and contrasted results with established medical records to provide proper diagnosis and facilitate appropriate treatment.
- Recorded patient medical history, applicable test results and vitals into medical records.
- Discussed care plans with patients and explained test results and proper use of medications.
- Assessed, evaluated and cared for pediatric patients.

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📍 Parkville, MO 64152

Skills

- Performance of PAP smears
- 2000 Clinical hours were in rural setting seeing patients from newborn to geriatric adult.
- Performed basic labs in house such as Urine dipstick, rapid strep, mono, and flu tests.
- Skilled in phlebotomy and intravenous access
- Assistance in placement and management of arterial lines
- Assistance of emergent intubation and ventilator management
- Tracheostomy care
- Ostomy care and education
- Initiation and management of parental and enteral feeding.
- Administration of Continuous Renal Replacement Therapy
- Collaboration with medical care team and coordination of patient care
- Intravenous drug administration and anticipation of side effects
- Interpretation of EKG
- Communication of complex medical conditions to patients and family
- Timely interpretation of lab results and reporting to physicians
- Placement and management of nasogastric tubes.
- Knowledge in blood gas interpretation and therapeutic treatment

Favorite Healthcare Staffing - RN

Overland Park , KS

02/2021 - 09/2021

Currently working contract at KU Medical Center working in the main hospital Pre/Post operative area.

- Provided individualized care and dedicated oversight to 1-2 patients on average in post-operative recovery room.
- Kept meticulous charting notes regarding patient assessments and medications, later transferring information into records management system.
- Evaluated patients' pain levels, implementing correct dosage of medication to alleviate discomfort.
- Conducted patient assessments, recorded vitals and analyzed records and charts to define care requirements.
- Oversaw various aspects of telemetry, arterial line care, vasoactive drugs, titration, thrombolytic therapy, dysrhythmia interpretation and chest tubes.
- Evaluated patient histories, complaints and current symptoms.

College Park Endoscopy - PACU RN

Overland Park , KS

09/2020 - 02/2021

- Cross trained in multiple areas of endoscopy including preoperative, perioperative , PACU, and scope technician.
- Administration of CRNA pre and post operative orders.
- Provided individualized care and dedicated oversight to patients throughout their procedure.
- Kept meticulous charting notes regarding patient assessments and medications, later transferring information into records management system.
- Monitored patient condition, including interpreting and tracking EKG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity.

HealthTrust Workforce Critical Care Per Diem RN - ICU Staff Nurse

Overland Park, KS

08/2019 - 09/2020

- Coordination of care for diverse population of critically ill patients from ICU, PCU, CCU, PACU and telemetry
- Managed care and treatment for STEMI/Stroke patients
- Management of post-operative surgical patients
- Administration of vasoactive drips/ sedation/ pain management
- Timely communication of patient's status to physicians
- Education of patients and family members on health status, medications, and plan of care Critical Care Float Pool.

North Kansas City Hospital - Critical Care Float Pool Registered Nurse

North Kansas City, MO

11/2015 - 08/2019

- Provided care to diverse population of critically ill patients from CVICU, Neuro/trauma ICU, Cardiac ICU, ED, telemetry

- Family advocacy
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Education

08/2020

University of Missouri Kansas City

Kansas City, MO

Master of Science: Family Nurse

Practitioner

08/2013

Research College of Nursing

Kansas City, MO

Bachelor of Science: Nursing

05/2005

Rockhurst University

Kansas City, MO

Bachelor of Science: Biology

Certifications

AANP Board Certified

BLS

- Administration of vasoactive drips/ sedation/ pain management
- Assistance with bedside surgical procedures •CRRT •Care management and treatment for STEMI/Stroke patients •Management of postoperative care of CABG patients •hypothermia patients.

Research Medical Center - ICU Staff Nurse

Kansas City, MO

08/2013 - 11/2015

- Provided care to diverse population of critically ill patients in Level I Trauma Center •Expected to float between surgical and medical ICU PRN •Administration of vasoactive drips/ sedation/ pain management
- Assistance with bedside surgical procedures •CRRT •Managed care and treatment for STEMI/Stroke patients •Provided care post op care to CABG patients/ hypothermia patients.

Accomplishments

Completed 2,000 clinical hours at rural Missouri sites that included patients across the lifespan
Magnet Committee involvement to obtain North Kansas City Hospital Magnet status
Daisy Nominee North Kansas City Hospital
North Kansas City Hospital Auxiliary Scholarship recipient
Active in Shared Governance at North Kansas City Hospital
Dean's List Rockhurst University/ Research College of Nursing
HCA Scholarship Recipient

Affiliations

AACN Member since 2013
AANP Member since 2020

Licenses

Licensed as a Family Nurse Practitioner in the State of MO and KS.