

Mailo Her, RN

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Objective

To obtain an RN position in the ICU Department. I am a CN II hard-working nurse with eight years of medical experience seeking to expand my medical practice while contributing skills, knowledge, and expertise in patient-centered care to provide quality care to my patients.

Skills

Direct care of patients in acute and chronic care settings, including general assessment, medication administration, and patient teaching. Ability to educate patients and families on various health issues; ability to act in emergencies and show patience and tolerance in severe cases; strong communication and organizational skills; multitasking ability without compromising the quality of work.

Education

California State University Stanislaus

Bachelor of Nursing, BSN

August 2021-May 2022

Fresno City College

Associate of Science in Nursing, ADN

May 2018 – May 2019

Gurnick Academy of Medical Arts

Diploma in LVN

October 2015- February 2017

Fresno City College

Associate of Science in Mathematics

August 2009- May 2011

Licenses/Certifications

- **Registered Nurse # 95211809**; 12/201-06/2021
- **Basic Life Support (BLS)**; 02/2019-02/2023
- **Advanced Cardiac Life Support (ACLS)**; 08/2018-07/2022
- **Pediatric Advanced Life Support (PALS)**; 06/2022-06/2024
- **NIHSS**; 06/2020-06/2023
- **TNCC**; 02/2021-02/2025

Job Experience

Adventist Health Selma: *Selma, CA*

Clinical Nurse II, Emergency Department

October 2021- Present

- I performed minor procedures and assisted physicians with conscious sedation, splinting, Arthrocentesis, Lumbar Puncture, Chest Tubes, Intubation, Arterial Line Placement, Paracentesis, and Nasal Packing procedures.
- We communicated openly and collaboratively with all healthcare staff to organize successful patient care.
- Answered codes quickly and orchestrated efficient, skilled medical care.
- Trained new nurses in proper techniques, care standards, operational procedures, and safety protocols.
- I am teamed on trauma and emergency interventions involving severe head injuries, gunshot wounds, and thoracic trauma.
- I collaborated with physicians to assess patients quickly and deliver appropriate treatment while managing rapidly changing conditions.
- Administered chemotherapy, pain medications, and other medicines based on physician orders and patient requirements.
- Educated patients on nutrition, medication side effects, and proper skin treatments after radiation.

- Administered IV fluids, medications, and blood products through a peripherally inserted central venous catheter to support long-term treatment for infections, cancer, or heart and kidney problems.
- Questioned patients to garner information about side effects, mobility and energy levels, documenting information in CERNER.

Exodus Recovery: Fresno, CA

RN, PHF

September 2021- April 2022

- I coordinated with medical and paramedical professionals to provide appropriate input and effectively formulate and implement patient treatment plans.
- I administered medication and treatments to patients to observe and record responses.
- I explained practical coping methods to relieve depression and anxiety.
- Oversaw care of suicidal patients and acted swiftly to reduce the risk of harm to themselves or others.
- Responded to numerous volatile situations and violent outbreaks to restore the safety and security of patients and staff.
- I have cared for patients in a 16-bed unit, supporting fellow nurses in delivering special treatment to patients.
- I collaborated with leadership to devise initiatives for improving nursing satisfaction, retention, and morale.

Community Regional Medical Center: Fresno, CA

Clinical Nurse II, Trauma Intensive Care Unit

April 2021- August 2021

- Explained health care issues and ramifications to patients and families to promote informed medical care choices.
- Delivered age-appropriate medical care for adult, adolescent, and geriatric ICU patients.
- Maintained a respectful treatment environment that honored patients' and families' cultural and religious traditions and preferences.
- Monitored patients' respiratory status and ventilator operation and adjusted to promote stabilization.
- Assessed ventilator, EVD drain, arterial line/central line, CVP monitoring, and ET tube equipment for safety and functionality and requested repair or replacement of non-conforming machines.
- Quickly responded to situations impacting the safety and security of the unit, actualizing crisis prevention interventions to control and de-escalate situations.

Community Regional Medical Center: Fresno, CA

Clinical Nurse II, Emergency Department

January 2020 – April 2021

- Delivered outstanding care to patients with various diagnoses and managed care from treatment initiation to completion.
- Equipped patients with tools and knowledge needed for speedy and sustained recovery.
- Monitored patient condition, including interpreting, and tracking EKG readings, identifying irregular telemetry readings, and updating team members on changes in stability or acuity.
- Advised patients and caregivers on proper wound management, discharge plan objectives, safe medication use, and disease management.
- Accurately documented all elements of nursing assessment, including treatment, medications, IVs administered, discharge instructions, and follow-up care.
- Managed patients who were recovering from medical or surgical procedures, including facilitating wound care, ostomy care, pressure ulcer prevention, and pain management.
- Partnered with physicians, social workers, activity therapists, nutritionists, and case managers to develop and implement individualized care plans and documented all patient interactions and interventions in electronic charting systems.
- Contributed substantially to successful department JCAHO accreditation by consistently operating to the highest standards of care.

- Educated patients, families, and caregivers on diagnosis and prognosis, treatment options, disease process, management, and lifestyle options.

Community Regional Medical Center: Fresno, CA

LVN, Emergency Department

May 2018 – January 2020

- Monitor, record, and report symptoms or changes in patients' conditions.
- Maintain accurate, detailed reports and records.
- Record patients' medical information and vital signs.
- Order, interpret and evaluate diagnostic tests to identify and assess a patient's condition.
- Modify patient treatment plans as indicated by patients' responses and conditions
- Consult and coordinate with healthcare team members to assess, plan, implement, or evaluate patient care plans.
- Monitor all aspects of patient care, including diet, physical activity, and wound care.
- Instruct individuals, families, or other groups on health education, disease prevention, or childbirth and develop health improvement programs.
- Prepare patients for and assist with examinations or treatments.

Community Regional Medical Center: Fresno, CA

PCA, ICU Stepdown/Neurology ICU

June 2015 – April 2018

- Data collection includes clinical observations, clinical measurements, specimen collection, and documentation of research participant-reported outcomes.
- Adequate knowledge in caring for infectious diseases such as patients that need unfavorable pressure rooms, Neutropenia patients, and caring for sickle cell and HIV patients.
- Completed documentation of care, hospital actions, and patient activities.
- Supported patient mobility needs with correct assistive devices and proper body mechanics to prevent injuries.
- Collected vitals and biological samples to support diagnostic plans and ongoing assessment strategies.

Awards

Nursing Honor student ♦ Member of Alpha Theta Nu Honor Society ♦ Honor Society ♦ Academic Achievement Award ♦ Dean's List Fall 2021 and Spring 2022 at CSU Stanislaus ♦ Member of Sigma Theta Tau International Honor Society of Nursing 2022

References: Available upon request