

Jessie Liza P. Esteban

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OBJECTIVE

To obtain a registered nurse position in the company.

EDUCATION

El Paso Community College, El Paso, Texas, Associate Degree in Nursing, May 2022

Four- D College, Victorville, California, Diploma in Vocational Nursing, November 2009

EXPERIENCE

6/2017 to present-El Paso VA clinic, El Paso, Texas-LVN, Primary Care, 5001 N Piedras St. El Paso, TX 79930, Nurse Manager Marissa Encina, 915-487-7063. Patient screening with vital signs and reason for seeking care documented, completion of nursing reminders, medication administration via oral, intramuscular and topical routes, immunizations, patient calls, routing and follow up of patient messages, as well as dressing changes and assisting providers. Conduct blood pressure and glucose checks as well as teaching Veterans with newly ordered equipment from provider staff. All clinical documentation is entered in the electronic patient record with strict security protocols such as laboratory and diagnostic procedure results using the of Computerized Patient Record System(CPRS) and Joint Legacy Viewer (JLV). Secure Messaging and Message Manager. Complete all documentation in an accurate and timely manner. Float to Women's Health to assist different providers with Pap smear and other gynecological exams. Float to assist with Pharm D, Mental Health and other providers within Primary Care. Assist with flu and pneumonia vaccines at the front entrance. Assist with front entrance screening for COVID-19 and assist COVID-19 RNs with swabbing Veterans. Assist with COVID-19 vaccination clinics for employees, Veterans, and Veteran's caregivers. TrueMetrix trainer for Primary Care. Substitute Lead for LVN Float nurses.

12/2013 to 05/2017. 40 Hours per Week, Licensed Practical Nurse, Connor Troop Medical Clinic, Bldg 10506 Euphrates River Valley Road, Fort Drum, NY 13602, Supervisor Captain Ashley Mount, (315)772-7244. Collects, reports, and records subjective and objective data. Apply pharmacology, EKG functions, insertion techniques, universal precautions, principles of infection control, and psychosocial skills; skill in use of monitors and equipment; recognizing deviations from normal; and observing and identifying the patient's physical and emotional problems.

Teach and notify patients of necessary preparation and medication to be administered prior to treatment; assists in skills upgrade training identifies and explains use of specialized equipment and supplies; participates in development and implementation of nursing care plans; documents instruction provided and patient's responses; participates in patient/family education, individualized patient teaching. Participate in all levels of nursing staff development programs, clinic mandatory training, and continuing education to be current within nursing practice. Obtain vital signs, charts patient history, completes required screenings, and discusses reason for visit and specific symptoms. Counsel patient/family members on self-care, diagnosis, and use of medications. Evaluate patients and notifies Registered Nurse or Physician of any abnormalities. Explain procedures as appropriate. Assist and prepare patient for minor surgical and diagnosis procedures such as dressing changes, wound care, suture/staple removal, ear irrigation, vasectomies, endometrial biopsies, colposcopy, pap smear, pelvic exams, IUD insertion/removal, Nexplanon insertion/removal, wart/mole/epidermal inclusion cyst/lipoma removals, toenail removals, incision and draining of cysts, and laceration repair. Prepare exam room to include instruments and equipment. Drape and position patients, collects specimens and labels for the laboratory. Educate patient/family after the procedure on post procedure precautions, etc. Prepare and administer prescribed medication (oral, topical, intramuscular). Instruct patients of possible medication side effects and self-care treatment of side effects when appropriate. Performs various laboratory and diagnostic procedures to include throat cultures, finger-stick blood glucose, visual acuity, STI workups, and/or EKGs. Perform additional nursing services for service members such as place referrals to specialty clinics, lab orders for physical exams, DME orders for CPAP and tens unit, Pregnancy Profiles, access to Medpros, access to eProfile, Depo Provera injections, and telephone consults. Input data into computer and retrieve information such as laboratory and diagnostic procedure results using the of Composite Health Care System (CHCS), Armed Forces Health Longitudinal Technology Application system (AHLTA), Meditech, Citrix, and Health Connections. Support 10th Mountain Division (LI) overall Medical Readiness by screening all scheduled patients up to 72 hours out for compliance with medical readiness, HEDIS measures, and overdue Clinical Practice Guidelines. Adhere to the Soldier Centered Medical Home (SCMH) workflow model to include accurate and timely intake and evaluation of all patients, remaining present in the room to scribe, enter orders and consults, provide patient education, and coordinate overall care. Participate in unit nursing practice initiatives to include participation in weekly staff meetings and daily team huddles and demonstrate a lead role in focused area of nursing practice without unexcused absences. Demonstrate collegiality through skill-building, evidence-based practice and/or research activities (e.g. serve as preceptor for new staff members (2) and/or medics (35)). Member of the Infection Control committee and Nurses Week 2017. 2nd nurse in charge of the Procedure room.

9/19/2013 to 11/19/2013. 40 Hours per Week, Licensed Practical Nurse/Medical Secretary, Pain Solutions of Northern New York, 107 Court Street, Watertown, NY 13601, Chris Smith, RN, (315)782-7246. Answer multi-lined phones. Register newly referred patients into Electronic Medical Record (Citrix). Call newly referred patients and scheduling them into an open appointment slot. Obtain prior authorization from patient's insurance companies for specialty procedures such as MRI's, injections, DME, and other specialty referrals. Maintain records of paperwork of patient through scanning and indexing into patient's EMR. Collect patient's copay and other payments from patients. Obtain vital signs, charts patient history, completes required screenings, and discusses reason for visit and specific symptoms. Obtain intravenous access on patients for procedures. Assist with physician during procedures of back injections and trigger point injections.

3/2011 to 5/2013. 40 Hours per Week, Licensed Practical Nurse, Warrior Family Medicine Clinic, 1650 Cochrane Circle, Fort Carson, CO 80913, Rhonda Burton, (719)526-9277. Obtain information from patient and/or family to identify major complaints, symptoms, or reason for seeking health care. Take all vital signs (blood pressure, temperature, pulse, respirations, pain level, height, weight, measurement of head circumference, and length); performs a behavioral health screening. Document patient's chief complaints, interventions and patients' response to care, medication reconciliation, screening tools, questionnaires, behavioral health intake surveys, and other pertinent information in the health record. Participate in promoting patient compliance with health activities in accordance with Patient Centered Medical Home (PCMH) and Respect-Mil. Coordinate and facilitate care coordination, communicates relevant information according to the medical plan of care and nursing assessment, and documents accordingly in the health record. Provide individualized nursing care to patients of all ages based upon the physician's medical care plan, the nursing assessment, and the physical, mental and emotional needs of the patient. Communicate relevant information to healthcare team. Assist the physician with various examinations and diagnostic procedures such as pap smears, pelvic exam, IUD insertion and removal, Nexplanon insertion and removal. Setting-up and maintain a sterile field; understands the proper positioning of patients required for various procedures. Administer oxygen, IV fluid and prescribed oral; rectal, subcutaneous, intradermal and intramuscular medications. Perform inhalation treatments, nasal wash collection, finger stick glucose, urine dipsticks, rapid strep testing, urine pregnancy testing, visual acuity, phlebotomy, dressing changes, and surgical instrument cleaning and packaging after use. Perform routine procedures, such as EKGs, eye, throat, nasal and/or wound cultures, dressing changes, ear irrigation, and application of bandages. Assure accurate care and handling of specimens. Perform patient education for special needs such as medication administration, inhaler and spacer use, self-dressing changes, finger stick and glucose meter use, and asthma home monitoring with peak flow meters and nebulizer use. Perform teaching to patients and/or family regarding self-care procedures and document teaching. Screen and review immunization records and unit Standard Operating Procedures to select required immunizations, correct dosages, and routes of administration. Review required transcription of information to medical records and official school forms. Educate patients and family members on childcare and school requirements for children on medications. Instruct parents/guardians regarding normal versus adverse reactions to immunizations and treatment for normal reactions of discomfort. Administrative duties include inputting data into the computer and retrieving information such as laboratory and diagnostic procedures results. Other computer related duties include the use of the Composite Health Care System (CHCS I) and Armed Forces Health Longitudinal Technology Application (AHLTA).

Review laboratory results and bring abnormal results to attention of physician. Per physician's instruction, telephone patient regarding follow-up required and document in records.

STUDENT CLINICAL EXPERIENCE

Preceptorship with Lactation Consultant/Mother Baby Unit, Hospitals of Providence Memorial Campus

ICU, Surgical/PACU, Emergency Room, Telemetry Nursing at Hospitals of Providence East Campus

OB Nursing, Del Sol Hospital

Pediatric Nursing, El Paso Children's Hospital

Mental Health Nursing, University Behavioral Hospital

LICENSURE

State of Texas Registered Nurse (multistate) expires 1/2025

State of Texas Vocational Nurse (multistate) expires 1/2023

CERTIFICATION

CPR expires 7/2023

PROFESSIONAL AFFILIATIONS

Nurses Organization of Veterans Affairs

REFERENCES AVAILABLE UPON REQUEST