

Char'Lesa D. Sargent, BSN, RN

307 S. Poppleton Street Baltimore, MD 21230 charlesa.sargent1029@gmail.com

Professional Summary

Patient-focused, highly motivated Registered Nurse specializing in trauma, seeking to use learned skills to assist your facility in an upcoming RN position. I have a passion and commitment to patient care and quality assurance, as well as an extensive background in healthcare that would make me a great addition to your team.

Education

Masters of Science in Nursing, Family Nurse Practitioner May 2025

- George Washington University , Washington D.C
- Currently enrolled

Bachelor of Science in Nursing, BSN / May 2022

- University of Virginia, Charlottesville, VA

Associates of Applied Science: ADN, Nursing/ May 2020

- Southside Virginia Community College, Keysville, VA
 - o Member of "The Heartbeats" Nursing club
 - o Focus on health within the community - blood glucose checks, blood pressure checks
 - o Student nurse mentor and tutor

Experience

Select Specialty Hospital Wilmington, DE

Travel Registered Nurse: IMC/ICU 03/15/22-current

- Critical illness recovery hospital, 34 beds, ratios 1:4, 1:5
- Care and management of patients with complex disease processes, status post COVID 19 infection, including ventilation weaning, nutritional care, wound management, and mobility.

R Adams Cowley Shock Trauma Center @ University of Maryland Medical Center Baltimore, MD

Staff Registered Nurse: Multi trauma Intermediate Care Unit 08/2021-3/09/2022

- Providing inpatient trauma care to the most critically injured adult patients in the area. Level 1/PARC trauma center. 12 bed unit, ratios 1:3
- Coordinating treatment with multidisciplinary healthcare team members to attain optimal health and continuity of care

Chippenham Hospital Richmond, VA

Staff Registered Nurse/Charge Nurse: Trauma Step Down | 07/2020-08/2021

- Providing inpatient nursing care to the adult and geriatric population. Level 1 trauma center, 10 bed unit. Ratios 1:3
- Treating severe, acute/chronic injuries and illnesses, such as heart/respiratory failure, sepsis, injuries sustained from falls and car crashes (e.g., broken legs, arms, ribs, spinal cord injuries), injuries from blunt force trauma, and gunshot wounds

Chippenham Hospital | Richmond, VA

Nurse Extern: Trauma Step Down | 12/2019-07/2020

- Providing direct, quality care to meet the patients' healthcare needs
- Keeping accurate charting on each patient, and communicating effectively among the interdisciplinary team to best meet the needs and goals of each patient
- Assisting nurses with hourly patient rounding and efficient transfers and discharges

Walgreens | Farmville, VA

Certified Pharmacy Technician | 12/2017-08/2019

- Communicated with prescribers to verify medication dosages, refill authorizations, and verify patient information
- Maintained proper drug storage procedures, registries, and records for controlled substances. Collaborated with the pharmacist and fellow technicians to properly fill prescription orders, labeling bottles and packaging, and back counting medications
- Performed monthly controlled substance counts alongside the pharmacist to ensure proper inventory and handling

The Woodlands- Farmville, VA

Certified Nursing Assistant | 04/2014-08/2015

- Supported residents with activities of daily living, including feeding, bathing, and ambulatory needs
- Established great rapport with residents and their family members, including fellow health care employees and nurses to promote the residents' personal care plan and goal achievement
- Collaborated with other interdisciplinary healthcare team members to provide high-quality support of the residents

Skills

- IV starts, blood draws
- Time management
- Critical thinking and problem solving
- Excellent management of wounds, lines, and drains (ex. Chest tubes, trachs, wound vacs, ostomies)

Awards and Certifications

- BLS- Basic Life Support Provider | exp 11/2023
- ACLS- Advanced Cardiac Life Support Provider | exp 07/2024
- TNCC- Trauma Nursing Core Course | exp 07/2025

National Memberships

- AACN- American Association of Critical-Care Nurses
- STN- Society of Trauma Nurses