

# Kristine Blohowiak

## **Always with a smile.**

Appleton, WI 54915

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- To whom it may concern,

Im very excited to speak with you regarding the nursing position you have available at this time. I feel that my experience in healthcare management combined with my nursing knowledge will allow me to contribute to my knowledge base with basic to critical care needs and patient rights and advocacy.

Through current employment and related employment in the medical field, I have gained experienced delivering patient care, respecting patient and family rights, and facilitating a patient-nurse relationship through therapeutic technique.

I have consistently provent the ability to produce positive resultts in the majority of the challenges ive undertaken. Given the oppurtunity, I am confident that I work as a team player and would manifest positive results.

I would love the oppurtunity to discuss the position and my qualifications further.

Thank You,

Kristine Blohowiak

Authorized to work in the US for any employer

## Work Experience

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### **In Home Care Provider**

Private party/home owner. - Chicago, IL

April 2019 to February 2022

1. Assisting with personal care: bathing and grooming, dressing, toileting, and exercise
2. Basic food preparation: preparing meals, shopping, housekeeping, laundry, and other errands
3. General health care: overseeing medication and prescriptions usage, appointment reminders and administering medicine
4. Mobility assistance: help with getting in and out of a wheelchair, car or shower
5. Personal supervision: providing constant companionship and general supervision
6. Transportation: driving to and from activities, running errands, and help getting in and out of wheelchair-accessible vehicle
7. Emotional support: being a stable companion and supporter in all matters personal, health-related and emotionally.
8. Home organization: help with organizing, packing or cleaning for a trip, or general house care and cleaning

9. Health monitoring: following a care plan and noticing any changes in the individual's health, recording and reporting any differences

### **Director of Nursing, RN/ Southern Care Hospice R.N.Case Manager**

Grand Horizons - Appleton, WI  
June 2017 to March 2019

Southern Care Hospice January 03,2017(coordinated with Southern Care until January 2018 as the Director of Nursing, and worked on PRN Cases for Southern Care part-time)

Utilization Management with Medical Director and other personnel, Case Management, Hospice, Direct and oversee and nursing personnel.

Develop and enforce policies aiming for legal compliance and high Quality of standards.

Control budgets and monitor expenditures. Resolve issues and deficiencies when needed.

Manage record-keeping procedures.

Collaborate with other departments and professionals to streamline operations. Guide staffing procedures

Set objectives and long-term goals for the nursing department

Organize and coordinate admission, nursing and patient care procedures. Develop and enforce policies.

### **RN Care Manager**

Lakeland Care District - Green Bay, WI  
June 2015 to January 2017

2729 South Oneida Street  
Green Bay WI, 54304  
920-288-2800

Supervisor: Tasha Wallace

Role: RN Care Manager-

- Improved quality of life for members.
- Worked in collaboration with health care team.
- Prevented unnecessary hospital admissions, when at-home care or nursing facility would best serve the member's needs through utilization of a broad range of resources.
- Proactively assessed potential problems and initiated solutions utilizing Best Nursing Practices.
- Case management (managed over 90 members)
- Disease management
- Determine appropriate level of care while consulting with Medical Director as needed.
- Outreached to members and performed pre-admission counseling and post discharge assessment to promote optimal health and prevent re-hospitalization.
- Ensured compliance to rules, regulations and policies established by the organization.
- Acted as a liaison, coordinating treatment, services and providing education. Communicated with claims examiners, physicians and health care providers.
- Prepared reports documenting file activity, keeping the account closely informed.
- Responsible for patient care plans, as well as educating patients and their families on home and overall health care
- Supervised, scheduled, trained and motivated ancillary staff
- Educated patients and families in medical diagnosis, treatment, and prognosis
- Collaborated with physicians and the agency in patient care planning, management, and implementation

- Medical record input and documentation
- Evaluated documents the progress of individual therapeutic programs and makes modifications as required

### **Registered Nurse**

Rennes Healthcare - De Pere, WI

May 2014 to May 2015

I supervised, coordinated and executed patient cares with the interdisciplinary team including; medical administration, wound cares and treatments, therapy, appointments, labs, social services, and ancillary staff while providing follow through, and accountability for my patient's care.

Managed a patient-nurse ratio of 1 nurse to 17-21 post surgical and rehabilitation patients.

Medication Administration, including IV/IM, on a daily basis

Assessment of progression, or changes in condition.

Correct and thorough charting, including Medicare charting, for required assessments daily.

Communication with family, pharmacy, and interdisciplinary team: to advise, update, and take orders.

Monitor very critical patients as needed while providing care and treatments.

Interpret or adapt, using good reasoning in emergency situations.

Tube Feeding/Placement Assessments

Blood Draws, including PICC lines

Tracheotomy Care

Complex Wound Changes including Wound Vac's weekly.

Insert and remove catheters, monitor input and output, and perform bladder scans to monitor residual.

### **Licensed Practical Nurse**

NeuroSpine Clinic - Appleton, WI

September 2013 to 2014

As an LPN my job included rooming patients, taking vitals, consulting with the nurse practitioner, and physicians. Taking and inputting patient history, and providing assistance with procedures as required.

Assist in a variety of office procedures

Take vital signs and intake information

Maintain records and test results

Interpret or adapt, using good reasoning in emergency situations

Occasionally relocate to other facilities within in the area.

### **Registered Nurse Case Manager**

Oncology Rotation - Antigo, WI

March 2013 to May 2013

Preceptorship)

Assessed patients with consideration to adverse/side-effects of chemotherapy or radiation treatments.

Assisted in central port blood draws, multiple IV starts, multiple blood transfusions, sterile dressing changes, charting in EPIC, and assisted physicians in multiple surgical procedures.

### **RN Case Manager**

Oncology Rotation - Green Bay, WI

March 2013 to May 2013

Provided total nursing care of the patient including the administration of medications, treatments, and patient teaching. Assessed, planned, implemented, and evaluated nursing care.

### **Licensed Practical Nurse**

Woodside Lutheran Home - Green Bay, WI  
August 2011 to September 2012

1040 Pilgrim Way  
Green Bay, WI 54304  
(920) 499-1481

Supervisor: Roberta Morschauser

Role: Licensed Practical Nurse

Prepare and give injections and enemas, monitor catheters, and dress wounds

Collect samples for testing

Monitor patients and report adverse reactions to medications or treatments.

Gather and complete insurance forms, per-authorizations, and referrals, and share information with registered nurses and doctors to help determine the best course of care for a patient.

Evaluate residents' needs, develop care plans, and supervise the care provided by nursing aides

Responsible for making appointments, keeping records, and performing other clerical duties.

Administer prescribed medications

### **Patient Service Representative**

Forward Dental - Green Bay, WI  
May 2008 to August 2009

1241 Lombardi Access Rd.  
Green Bay, WI 54304  
(920) 530-4726

Supervisor: John Draxler

Role: Patient Service Representative

Proficiency in Microsoft Windows and Microsoft Office as well as data entry.

Supported corporate vision and strategy while achieving defined goals.

Demonstrated knowledge of effective scheduling and establishing a proper call-back system.

Performed all necessary paperwork including managing charts, Q.A., referrals, and appointments.

Demonstrated the ability to identify, reference, and apply insurance coverage and billing.

Demonstrated knowledge of financial policies, insurance, billing, and presented this to patients.

Made positive contributions to office organization, and acted in a professional manner.

Demonstrated knowledge of medical terminology and assisted with patient education

Display excellent customer service skills while facilitating communication between patient and doctor.

### **Admission Coordinator**

Parkview Manor - Green Bay, WI  
February 2007 to May 2008

Analyzed and interpreted journals, technical procedures, legal documents, and legal procedures.

Completed admission paperwork with patient or patient representatives upon admission to the facility.

Giving tours of the facility to prospective patients and their families.

Updated referral ratio.

Assisted with verifying insurance coverage for prospective admissions.

Assisted with transporting patients to the hospital or the facility.

Entered demographic information on each new admission.  
Responsible for alternating rotation with the weekend on-call pager.  
Responsible for coordinating weekend admissions or new referrals.  
Initiated the financial file for the billing office  
Responsible for ensuring reports were accurately updated and sent to corporate weekly  
Fill in for the Admission Director in her absence (coordinating admissions with hospital liaisons)  
Effectively presented information about inquiries or complaints from executives, managers, family members, employees, and the public.

### **Certified Nursing Assistant**

Bornemann's Nursing Home - Green Bay, WI  
2002 to 2004

Provided nursing care in accordance with resident needs, policies, and procedures.  
Ensured the safety and well-being of all residents was maintained.  
Assisted residents with activities of daily living in accordance with their care plans.  
Measured and recorded patients' fluid intake and output.  
Managed supply inventory and requisitions.  
Provided medication reminders.  
Took patient vital signs and weights.

## Education

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### **Associate in Registered Nursing**

College of Menominee Nation  
July 2013

### **Diploma in Practical Nursing**

College of Menominee Nation  
June 2011

## Skills

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- RN
- Home Health
- CNA
- Home Care
- Documentation
- Patient Care
- Medication Administration
- Wound Care
- Healthcare
- Microsoft Office
- Epic
- Time Management
- Microsoft Word

- Hospice Care
- Experience Administering Injections
- Nursing
- Utilization Management
- EMR Systems
- Tube Feeding
- Vital Signs
- Medical Office Experience
- Supervising Experience
- Nurse Management

## Certifications and Licenses

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**BLS, ACLS**

**CPR Certification**

**RN**