# Benjamin Pulanco

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#### REGISTERED NURSE

Patient Care & Advocacy ■ Adaptive Nursing ■ Customized Treatment

Knowledgeable and driven nursing professional skilled in prioritizing patience care and advocacy. Equipped with hands-on experience in diverse and intensive clinical settings. Known as a fast learner with a robust work ethic and the ability to remain calm in fast-paced environments. Areas of expertise include:

Case Management | Regulatory Compliance | HIPAA & OSHA | Wound Care | Basic Life Support (BLS) Clinical Judgment | Electronic Medical Records (EMR) | Standard Operating Procedures (SOPs) | Epic Human Growth & Development | Root Cause Analysis | Team Building | Needs Assessment

### Work Experience

### **Operating Room Resident Nurse**

ST. ANNE HOSPITAL – CHI FRANCISCAN - Burien, WA March 2022 to July 2022

- Completed OARN Peri-Op 101
- 4 months experience in OR
- Heavy focus on Orthopedic surgery
- Davinci Robotic surgery
- General Surgery

#### RN, Public Health (Agency)

Accountable Healthcare Staffing - Seattle, WA October 2021 to March 2022

Assigned to work for King County Public Health. I was assigned to the at the Isolation Center as wall as for Jail Health.

### **Occupational Health Nurse**

POLYCLINIC - OPTUM - Seattle, WA January 2021 to December 2021

Facilitate and ensure occupational exposures are dealt with appropriately and within compliance of WISHA regulations, collaborating with the Infection Control Specialist to reduce infections Case Manage and assist in follow up for exposures, i.e. COVID testing, and employee ret urn to work protocols for all infectious diseases.

Respond to on the job injuries, ensuring processes are completed appropriately including completion of incident /exposure forms and tracking.

#### **Occupational Health Nurse**

SEATTLE CHILDREN'S HOSPITAL - Seattle, WA January 2016 to December 2021

Conduct screening, testing and immunization of workforce personnel for communicable diseases and other health requirements; clarify immunization requirements for new and existing workforce personnel; evaluate health requirements; advice managers of work restrictions as appropriate; ensure compliance with immunization and health screening requirements.

Manage and follow up on staff Bloodborne pathogen exposures: assess and counsel exposed staff regarding HIV and hepatitis risk, initiating Post Exposure Protocols; document processes; identify and follow up regarding prevention strategies as appropriate.

Perform and coordinate investigation of communicable disease exposures to workforce personnel (employees, volunteers, and non-employees): interview and counsel staff regarding risk of exposure, coordinating/administering prophylaxis and/or obtaining baseline testing; assign work restrictions as appropriate and communicate with managers and IC; document all encounters.

### **CSL-Registered Nurse**

CORAM/CVS SPECIALTY INFUSION - Seattle, WA January 2015 to December 2016

Leveraged clinical knowledge, training, and experience to educate # patients throughout the Seattle area with a focus on self-administered home injections.

Collaborated with CSL and TM on a daily basis (What are CSL and TM?)

Used a proactive, understanding approach to making each patient feel comfortable and well- informed.

### **Registered Nurse**

LEE ASSET MANAGEMENT, LLC - Seattle, WA January 2013 to December 2015

Operated as a live-in resource for one wheelchair-bound patient with several chronic conditions. Championed daily living tasks to enhance quality of life and ensure personal/medical well -being. Earned promotion from Per Diem to full-time employee.

### **Registered Nurse**

NORTH AMERICAN HEALTH CARE - PARK RIDGE/PARK WEST - Seattle, WA January 2011 to December 2013

Spearheaded all-encompassing clinical care for 15 patients suffering from chronic conditions on the nursing home's long-term care unit.

Chosen as a Wound Care Specialist as a team-wide mentor helping to assess, stage, plan for, and treat various types of wounds.

Excelled in an intensive, fast-paced environment spanning medication administration, wound care, progress monitoring, vital taking, and medical record maintenance.

#### **Registered Nurse**

AVAIL HOME HEALTH - Yakima, WA January 2009 to December 2011

Provided daily medical care and observation to one quadriplegic, ventilator-dependent patient. Championed daily living tasks to enhance quality of life and ensure personal/medical well -being. Established and preserved a beneficial patient relationship by blending companionship with nursing skill.

### Education

### **Associate of Science in Nursing**

SEATTLE CENTRAL COLLEGE - Seattle, WA 2009

### **Nursing Licenses**

### RN

Expires: December 2022

State: WA

### Skills

- Case Management | Regulatory Compliance | HIPAA & OSHA | Wound Care | Basic Life Support (BLS)
  Clinical Judgment | Electronic Medical Records (EMR) | Standard Operating Procedures (SOPs) | Epic Human Growth & Development | Root Cause Analysis | Team Building | Needs Assessment
- Nursing
- · Phlebotomy
- Medication administration
- Acute care
- Medical office experience
- Occupational Health Experience
- Experience Administering Injections
- Infection Control Training
- Employee Orientation
- · Patient Care

### Certifications and Licenses

### **BLS Certification**

December 2020 to December 2022

#### RN

60090424

### **AHA Certification**

#### Assessments

### Clinical judgment — Proficient

October 2021

Assessing a patient's condition and implementing the appropriate medical intervention

Full results: Proficient

## **Protecting patient privacy — Expert**

October 2021

Understanding privacy rules and regulations associated with patient records

Full results: Expert

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.