Shakina L. Meredith, RN, BSN P.O. Box 75194, Richmond, VA 23236 h. 804-929-1429 c. 804-929-1429 email=louslanghorn@gmail.com

SUMMARY OF QUALIFICATIONS

Provide active supervision of employees and department operations.

Provide services as required in medical centers, hospitals, nursing homes, MD offices, and home care. Perform all duties required as a Registered Nurse.

EDUCATION, LICENSE, AND CERTIFICATION

- Hampton University, Hampton, VA Bachelor of Science in Nursing 12/ 1997
- · NJ Registered Nurse License, MDS 2.0 Certification, Basic Life Support/CPR/First Aid/AED
- · Instructor Certification, Pre/Post Natal Fitness Instructor Certification, Home Health Aide and
- Nursing Aide Certification, IV and Heart Sounds Certificate, School Nurse Substitute.
- · University of Medicine and Dentistry of New Jersey Newark, NJ Current Transfer
- Master of Science in Nursing

ADMINISTRATIVE QUALIFICATIONS

- Manage the preparation of 58-138 bed facilities/unit for Annual State Surveillance and Bi-Annual
- · JCAHO Surveillance.
- · Civil service Supervisor of Nurses and School Nurse Manager, and participated as a union trustee
- for the executive board of various nursing unions such as JNESO and ASFCME.
- Assumed the Director of Nursing position in the absence of the DON, and completed MDS 3.0,
 2.0
- · and submission.
- · Case Manager in charge of reporting various medical or employee incidences to managing
- authorities, and conducted annual studies concerning facilities infections history and staff inoculations.
- · Nurse liaison for patients, families, and health team members, and communicated information
- · with patients concerning nurse's notes, doctor's orders, and advance directives.

MEDICAL DUTIES

· Perform general assessments of patient's physical and neurological condition.

- Perform daily living activities for various departments, including Ortho-Surgical, Bariatric, Neurology,
- · Oncology, Pulmonary, Telemetry, PCU, CCU, IVCU, Med-Surgical, ER-ED, Step Down, Same Day Surgical, Pre-Admission Testing and Critical Care.
- · Screen and administer facility's annual PPD/TB, HBV, and other inoculations.
- · In-house and abroad patient care, including medication administration, IV administration, wound care, treatments and other daily nursing procedures.

MEDICAL ORGANIZATIONS

- · The National Nurses in Business Association,
- The National School Nurses Association,
- · Hampton Alumni Association

EMPLOYMENT HISTORY

Veterans Administration Medical Center- McGuire Richmond, VA 2018-2022

- · Float registered nurse for various floors to include Medical-Surgical, Telemetry, Oncology, Polytrauma, Spinal Cord and Community Living Center.
- RQI super user to include assisting various staff members with completion of required training for CPR, BLS, and ACLS mandatory certifications.
- · Coach/Mentor for co-workers (newer registered nurses, licensed practical nurses and certified nursing aides.

Bon Secours Health Systems Richmond, VA 2011-2018

Case Manager Home Health/Acute Care, RN

- · Nurse liaison for patients, families, and health team members, and communicated information
- · with patients concerning nurse's notes, doctor's orders, and advance directives.
- · Performed general assessments of patient's physical and neurological condition.
- Daily living activities for various acute care departments, including Ortho-Surgical, Bariatric, Neurology,
- Oncology, Pulmonary, Telemetry, PCU, CCU, IVCU, Med-Surgical, ER-ED, Step Down, Same Day Surgical, Pre-Admission Testing and Critical Care. Served as Preceptor for newly hired RNs and new graduates for above mentioned floors. Also served as charge nurse for above mentioned floors.

Camden County Health Services Blackwood, NJ 2005 - 2011

Nurse Manager/Supervisor, RN

- · Civil service Supervisor of Nurses and School Nurse Manager, and participated as a union trustee
- for the executive board of various nursing unions such as JNESO and ASFCME.
- · Screen and administer facility's annual PPD/TB, HBV, and other inoculations.
- · In-house and abroad patient care, including medication administration, IV administration, and
- other daily procedures.

Clark Nursing and Rehabilitation Center Clark, NJ 2000 - 2002 Assistant Director of Nursing, RN

Infection Control / Staff Education Supervisor

- Assumed the Director of Nursing position in the absence of the DON, and completed MDS 3.0,
 2.0
- · and submission.
- · Case Manager in charge of reporting various medical or employee incidences to managing
- authorities, and conducted annual studies concerning facilities infections history and staff
- · inoculations.
- · Nurse liaison for patients, families, and health team members, and communicated information
- · with patients concerning nurse's notes, MD orders, and advance directives.

Montclair School Board Montclair, NJ 2002 -2005

School Nurse Manger, RN

- · Nurse liaison for patients, families, and health team members, and communicated information
- · with patients concerning nurse's notes, doctor's orders, and advance directives.
- · Perform general assessments of patient's physical, mental, psychological and neurological condition.
- · Provide Health education for Hillside School for school age children grades 3 thru 5. Provide
- health education, annual continuing education, and annual training for CPR/First Aid/AED
- training for staff (young and middle age adults), students (grades 3-5) and the general public (all
- age groups).
- · Instructor Experience
- · School Nurse Manager for Montclair School Board. Provide Health education for Hillside School
- · for school age children grades 3 thru 5. Provide health education, annual continuing education,
- and annual training for CPR/First Aid/AED training for staff (young and middle age adults),
- students (grades 3-5) and the general public (all age groups).

Wings Health Services LLC – Sicklerville, NJ 200-2011 and North Chesterfield/Midlothian, VA 2012-2022

· Health Educator to general public (all age groups) Provide annual training for CPR/First Aid/AED

- · CPR certification to local churches, schools, prisons, and nursing facilities in the community.
- Nursing Instructor and adjunct instructor, for local career and technical schools thru contracts including special needs schools in NJ for autistic children, Montclair Elementary Public Schools in Montclair, NJ and Chester Career College in Chester, Va.
- Provide clinical and classroom instruction for teacher aides, nursing aides and assistants as well as teachers under the supervision of the principals and Chief Nurses of each facility.
- · Medical-Surgical, Pharmacology, Fundamentals of Nursing and Geriatric classes.

Veterans Administration Medical Center – Hampton, VA 1997-1998 Staff Registered Nurse, RN BSN

- · Registered nurse for SCI Spinal Cord floor on the Hampton VA Spinal Cord Unit.
- · Nurse liaison for patients, families, and health team members, and communicated information
- · with patients concerning nurse's notes, doctor's orders, and advance directives.
- · Perform general assessments of patient's physical, mental, psychological and neurological condition

Veterans Administration Medical Center – Hampton, VA 1996-1997

Student Nurse Technician (Registered Nurse, RN BSN Degree Program – Hampton University 1993-1997)

- · Registered nurse for SCI Spinal Cord floor on the Hampton VA Spinal Cord Unit.
- · Nurse liaison for patients, families, and health team members, and communicated information
- · with patients concerning nurse's notes, doctor's orders, and advance directives.
- Perform general assessments of patient's physical, mental, psychological and neurological condition

Temporary Experience (Agency)

- · Maxim Healthcare Nursing Agency,
- · InteliStaf Travel Nursing
- · Cross County Travel Nursing
- · Favorites Healthcare Staffing

ADDITIONAL SKILLS

- · Meditech
- · EPIC / Connect Care / Point Click Care
- · MS Office / MAC / Windows
- · 85 wpm
- · Internet applications
- · Spanish and Sign Language