

# Tiara Sank

Glenn Heights, TX 75154

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"Dedicated, hardworking Operating Room Nurse with surgical Tech experience in operating room support. Adept at providing age and culturally appropriate care, comfort, and support to preoperative patients. Proven track record for medical procedure competency and adapting quickly to complications while advocating for patient needs."

Willing to relocate: Anywhere

Authorized to work in the US for any employer

## Work Experience

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### **Operating Room Nurse Circulator/ Nurse Scrub**

HCA Medical City Healthcare - Dallas, TX

February 2022 to Present

- Prepared surgical suite according to surgery and surgeon preference, especially assisted in operative procedures.
- Assured the cleanliness and sterility of the surgical area before, during, and after the surgery, adhering to AORN standards of perioperative practice.
- Perform assessments, take vitals, and chart patient conditions and physician instructions.
- Follow all hospital protocols, regulations, and infection control procedures.
- Stock supplies, prepare operating rooms, and manage post-operative patient care.
- Act as strong leader for nursing personnel assigned to unit and shift.
- Assisted the surgical team to ensure stringent quality standards and safety precautions for the patients.

### **Operating room Nurse Extern**

Parkland Health & Hospital System - Dallas, TX

September 2021 to March 2022

- Ensuring all required paperwork was in a chart before surgery and ensuring the successful outcome for each surgery.
- Learn about all of the instrumentation and being able to anticipate what instrument the surgeon would require next
- Administered emergency care to up to 10 patients daily.

### **Home Health Assistant**

Gift of Grace

August 2020 to January 2022

- Assisted in assessing patients by performing physical check-ups
- Interviewed patients and families to determine active complaints
- Provided support in designing and implementing nursing plans according to each patient's needs
- Administered oral and IV medication upon specific orders from physicians and nursing managers
- Completed patients' medical histories and charts
- Took and recorded vitals such as blood pressure, pulse, and temperature

- Provided emergency services such as CPR and First Aid

### **Student RN**

Methodist Charlton Medical Center

June 2021 to August 2021

- Monitored five assigned patients, updating information on vital signs and progress of treatment.
- Documented data related to patients' care including assessment results, interventions, medications, patient responses, or treatment changes.
- Assessed condition of patients, ordering and evaluating diagnostic tests as needed.

### **Student RN**

Methodist Dallas Medical Center

April 2021 to June 2021

- Collaborated with other healthcare professionals to plan, manage, and assess patient treatments in the acute care unit with a bed capacity of 32 patients.
- Administered blood product transfusions or intravenous infusions, monitoring patients for adverse reactions.
- Performed emergency medical procedures, such as basic cardiac life support (BLS), and other condition stabilizing interventions.
- Discussed illnesses and treatments with patients and family members in a supportive manner.

## Education

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### **Bachelor of Science in Nursing**

West Coast University - Dallas, TX, US

October 2021

### **Associate of Science in Cedar valley Collage**

March 2018

## Skills

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- Qualified to observe and record patient behavior by ensuring constant vigilance and observation
- Proficient in establishing treatment plans and implementing them according to each patient's individual medical needs
- Adept at treating medical emergencies such as heart attacks, strokes, car accidents, and burns
- Highly skilled in handling post and pre-operative procedures including patient preparation and after surgery care
- Care Plan Identification
- Emergency Handling
- Infection Control
- Medicine Administration
- Counseling
- Personalized Interventions
- Psychological Support

- Physical Examination
- Patient Education

## Certifications and Licenses

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**RN License**

**First Aid Certification**

**BLS Certification**

**AHA Certification**

**CPR Certification**

**PALS Certification**