

# MARTHA ZUNIGA- MARQUEZ



marthazuniga.m@outlook.com

1-769-972-2484

Picayune, MS 39466

## SKILLS

- Fluent in Spanish
- Telemetry monitoring
- Pre and post op care
- Excellent communication skills
- Patient and family advocacy
- Discharge planning
- Preceptor experience
- Charge Nurse experience
- Detail oriented

## EDUCATION

**University of Southern  
Mississippi**

Hattiesburg, MS • 12/2018

**Bachelor of Science:** Nursing

- Graduated with Highest Honors

## CERTIFICATIONS

- RN in Mississippi (compact) (exp. 12/22)
- BLS certified (exp. 5/23)
- ACLS certified (exp. 2/24)

## PROFESSIONAL SUMMARY

Bilingual registered nurse with experience in telemetry, medical-surgical, and step-down areas. Proficient in pre / postoperative care for cardiac, gastrointestinal, ENT, and vascular surgical procedures. Proven ability to remain calm and skillfully handle stressful situations. A quick learner with the desire to learn new skills and grow professionally.

## WORK HISTORY

**Ochsner Medical Center- Registered Nurse, Surgical Step-down**

New Orleans, LA • 03/ 2020 - present

- Manage patients postoperatively by providing adequate pain control, implementing progressive mobility protocol,
- Implement multimodal pain therapies including perineural catheters and PCAs
- Accurately document all elements of nursing assessment, including treatment, medications administered, discharge instructions and follow-up care
- Manage alternate airways postoperatively
- Educate patients and family on drains, feeding tubes and tracheostomy/ laryngectomy management

**Forrest General Hospital - Registered Nurse, Telemetry**

Hattiesburg, MS • 01/2019 - 12/ 2020

- Monitor patient condition, including interpreting and tracking EKG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity
- Educate patients and caregivers on diagnosis and prognosis, treatment options, disease process and management, and lifestyle options
- Manage care from admission to discharge, including patient assessments, care planning, and discharging support to provide comprehensive care to six patients daily
- Manage patients recovering from medical or surgical procedures, including facilitating wound care, ostomy care, pressure ulcer prevention and pain management