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Education and Training

High School Diploma

Penn Foster Career School, Scranton, PA October 2012

Associate of Applied Science

Nursing Interamerican University, San Juan, PR, PR February 2017

Bachelor of Science

Nursing Interamerican University, San Juan, PR, PR June 2020

Nursing Diploma

Nursing Roy Lester Schiender School Of Nursing, ST Thomas, VI January 2012

ALLISON PORTIA CHARLES

SUMMARY

To utilize my excellent patient care skills and customer service skills to the benefit of the company. Also, to gain more experience in the medical field. Knowledgeable and compassionate nursing staff memberdiligent about serving patient's medical and personal needs. Focused on delivering high-quality care to individuals of diverse backgrounds while protecting patient safety and promoting satisfaction with facility services. Credentialed RN,BSN, offering 13 years of medical experience providing compassionate care in safe environment.

SKILLS

- Punctual and Reliable
- Typing speed 85wpm
- Possess Basic computer skills (Microsoft word, PowerPoint, Microsoft excel Microsoft office training)
- Able to multi-task and to work with limited supervision.
- Able to lead a team/team player
- CPR certified
- ACLS Certified
- PALS Certified
- CPI certified
- Experienced in NG-tube care
- Basic computer skills
- CPR certified
- Customer service skills
- Fluent in English
- French
- Microsoft excel
- Microsoft office
- PowerPoint
- Microsoft word
- Epic, Cernar, Point click care, Meditech (EMR)

- Spanish Speaking
- Supervision
- Team player
- Technician
- Typing speed
- Patient triaging
- Multi-tasking and prioritization
- Samples collection
- Assisting physicians
- Documenting incidents
- Licensed Practical Nurse
- Counting narcotics
- Caring for wounds
- Tracking symptoms
- Empathetic and compassionate
- Team building
- Staff direction and task delegation
- Project planning
- Data management

EXPERIENCE

REGISTERED NURSE, BSN (04/25/22 TO PRESENT

HARRIS CENTER IDD MENTAL/SUBSTANCE / JAIL RENTRY DIVERSION

- MEDICATION ADMINISTRATION
- Corresponding with providers
- Chart Audits
- SUPERVISE PSYCH TECHS
- Intakes/Admissions
- Discharges

REGISTERED **N**URSE, BSN

Maxim staffing/UTMB corrections, Medical surgical/telemetry, Galveston Tx 03/2022 to 07/20/2022 (Travel contract)

- Monitored patient's respiration activity, blood pressure and blood glucose levels in response to medical administration.
- Responded to patient alarms and needs-assessment requests to identify course of treatment.
- Answered patient and family questions to educate on optimal treatment procedures.
- Collected and documented vital signs to track current patient conditions.
- Utilized computerized Resource and Patient Management System (RPMS) and Electronic Health Record (EHR) system.
- Discharge
- Admission
- IV therapy
- Wound care
- Blood transfusion
- Intravenous, Intramuscular, oral, subcutaneous medication Administration
- Blood draws/cultures
- Inmates patients
- Suicidal Ideation and Behavioural Patients

REGISTERED NURSE, BSN

Memorial Hermann | Houston, TX | January 2021 to March 2022

- Monitored patient's respiration activity, blood pressure and blood glucose levels in response to medical administration.
- Responded to patient alarms and needs-assessment requests to identify course of treatment.
- Answered patient and family questions to educate on optimal treatment procedures.
- Collected and documented vital signs to track current patient conditions.
- Utilized computerized Resource and Patient Management System (RPMS) and Electronic Health Record (EHR) system.
- Discharge
- Admission
- IV Therapy

- Patient education
- Peg tube feeding/TPN
- Blood Transfusion
- Medication Administration
- Blood draws
- Communicate with Physcians

PRACTICAL NURSE

Roy Lester Schnider Hospital | St Thomas, VI | December 2015 - August 2017

- Started, monitored and managed intravenous medication to stabilize patient heart and blood pressure.
- Used sterile techniques to prepare patients for procedures.
- Communicated concerns regarding clients' status, care and environment to nursing supervisors, clinical care supervisors and case managers.
- Monitored patient's respiration activity, blood pressure and blood glucose levels in response to medical administration.
- Collected and documented vital signs to track current patient conditions.
- Documented patient intake information, including medical histories, current symptoms and vitals such as height and weight.

December 2015 - February 2018 LICENSE PRACTICAL NURSE

Queen Louis Nursing Home | ST Thomas, VI | December 2014 - February 2017

- Monitored patient's respiration activity, blood pressure and blood glucose levels in response to medical administration.
- Examined and addressed lacerations, contusions and physical symptoms to assess and prioritize need for further attention.
- Prevented drug interactions and contributed to correct diagnosis by recording patient health information, monitoring vitals and updating patient files.
- Collected and documented vital signs to track current patient conditions.
- Communicated concerns regarding clients' status, care and environment to nursing supervisors, clinical care supervisors and case managers.
- Documented patient intake and dietary requirements and aided with feeding and monitoring.
- Promoted patient satisfaction by assisting with daily living needs such as bathing, dressing, toileting and exercising.
- Used sterile techniques to prepare patients for procedures.
- Responded to patient alarms and needs-assessment requests to identify course of treatment.
- Monitored infection control procedures to verify facility-wide health and safety.
- Guaranteed exceptional care quality by correctly administering medication, inserting and caring for catheters, dressing and changing wounds and assisting with personal hygiene.
- Checked in on patients at regular intervals to record food and fluid intake and output, taking measures to promote healthy levels as needed.

- Addressed patient care needs, collected vitals, dressed wounds and managed catheters.
- Utilized computerized Resource and Patient Management System (RPMS) and Electronic Health Record (EHR) system.
- Took blood, tissue and fluid samples to perform laboratory tests.

LICENSE PRACTICAL NURSE

East End Medical Center | ST Thomas, VI | January 2012 - October 2014

- Assisted physicians with conducting examinations and patient scans during diagnostic processes.
- Monitored patient's respiration activity, blood pressure and blood glucose levels in response to medical administration.
- Collected biological specimens and packaged for laboratory transport to complete diagnostic tests.
- Examined and addressed lacerations, contusions and physical symptoms to assess and prioritize need for further attention.
- Prevented drug interactions and contributed to correct diagnosis by recording patient health information, monitoring vitals and updating patient files.
- Collected and documented vital signs to track current patient conditions.
- Communicated concerns regarding clients' status, care and environment to nursing supervisors, clinical care supervisors and case managers.
- Used sterile techniques to prepare patients for procedures.
- Triaged patients by phone and provided general assistance for basic and advanced needs.
- Monitored infection control procedures to verify facility-wide health and safety.
- Performed triage to maximum team productivity and effectiveness.
- Educated clients, patients and caregivers on medical diagnoses, treatment options, chronic disease self-management and wound management.
- Directed implementation of improved patient care and documentation methods and procedures to achieve quality objectives.

CERTIFIED NURSING ASSISTANT

Seaview Nursing Home | ST Thomas, VI | January 2010 - July 2011

- Conducted routine checks on standard patient vitals, including blood pressure, blood sugar and heart rate.
- Documented activities and recorded information in EMR system.
- Assisted patients with shaving, bathing and oral hygiene to promote healthy habits and overall wellness.
- Maintained accurate, timely flow of information by completing thorough patient records and updating healthcare team on patient status.
- Collected specimens, monitored vitals and maximized patient comfort to maintain optimal environment.
- Facilitated activities of daily living, including personal hygiene management, feeding and ambulation.

- Managed and maintained patient rooms, shared-living areas and nursing stations.
- Used mobility devices to transport patients.
- Provided daily living activities to patients by serving meals, feeding, ambulating and turning over and positioning patients.
- Provided basic care to over 12 patients per by bathing and grooming patients, changing bedding and preparing meals.

LICENSED PRACTICAL NURSE

Center For Neuro Skills | League City, TX | November 2020 - March 2021

- Monitored patient's respiration activity, blood pressure and blood glucose levels in response to medical administration.
- Responded to patient alarms and needs-assessment requests to identify course of treatment.
- Documented patient intake and dietary requirements and aided with feeding and monitoring.
- Followed rehabilitation and treatment care plans to accelerate patient recovery, minimize pain and optimize patient outcomes.
- Started, monitored and managed intravenous medication to stabilize patient heart and blood pressure.
- Promoted patient satisfaction by assisting with daily living needs such as bathing, dressing, toileting and exercising.
- Examined and addressed lacerations, contusions and physical symptoms to assess and prioritize need for further attention.
- Collected and documented vital signs to track current patient conditions.
- Utilized computerized Resource and Patient Management System (RPMS) and Electronic Health Record (EHR) system.
- Monitored infection control procedures to verify facility-wide health and safety.
- Provided behavioral and emotional support and closely supervised patients suffering from dementia and Alzheimer's.
- Assisted patients with daily tasks, such as dressing, hygiene upkeep and movement throughout facility,
- Administered medications and therapies in accordance with physicians orders.
- Observed strict confidentiality and safeguarded all patient-related information.
- Performed triage to maximum team productivity and effectiveness.

References

• REFERENCES:

Upon Request

Languages

• Fluent in English and French Creole

• Moderate Spanish Speaking and comprehension