# Sharnae Hudson

Northern Ca | 510-926-7828 | sharnaern@gmail.com

# Objective

New-grad RN with progressive experience in delivering compassionate and competent patient centered care. Seeking to combine my recent education and 9 month experience as a Nurse Extern on the telemetry unit to pursue career opportunities as a registered nurse.

# **Licenses & Certification**

- BLS July 2023
- Managing Assaultive Behavior July 2023
- Licensed Registered Nurse- July 2023

# Education

## Chamberlain University

Bachelor of Science in Nursing BSN – Anticipated Graduation May 2023

# Victor Valley College

- · Associates Degree in Nursing Completed
- · Math & Science Degree Completed

# **Victor Valley Beauty College**

· Cosmetologist- Completed

# **Skills & Abilities**

- · Compassionate care
- · Provide safe, competent care
- · Exceptional ability to stay attentive with patients and family
- · Professional communication skills with interprofessional team
- · Clear communication skills aimed at understanding patient's needs and providing corresponding services
- Exceptional organization skills and adaptability
- Exceptional time management
- Knowledge using EPIC and MEDITECH charting systems
- EKG 12 Lead, IV start and discontinue, Urinary Catheter Insert/Discontinue, Wound Care, Nasal Gastric
  Tubes, Administration of Blood products, Care of patient in ICU, trach care, management of multiple lines,
  provide oral care, ostomy care, central line dressing changes, Medication administration, Push medications,
  IV piggy backs, PO, Subcutaneous, Insulin, Intramuscular, Covid Swab, charting assessments, contact and
  communication with providers, input doctors' orders.

#### **EXPERIENCE**

# STUDENT EXTERN NURSE | DESERT VALLEY HOSPITAL |

- Fulfilled role as nurse extern providing care to 4-5 patient with supervision from a licensed nurse
- Provided comprehensive care to patients with cardiovascular, urological, neurological, pulmonary, and other life-threatening complications
- · Assess, diagnose, plan, implement and evaluate each patient
- · Administer medications, IV therapies, blood transfusion, immunizations, and dressing changes
- · Insert nasal gastric tubes, start IVs, suction trach, medication pass through gastric tubes
- Document using MEDITECH charting system
- Prepare equipment and assist provider during examinations
- · Professionally communicate with interpersonal team

#### SALES REPRESENTATIVE & FRONT DESK | IN-SHAPE HEALTH CLUB |

- · Primary responsibility is to sell memberships to the community and promote health
- · Provide exceptional customer service to all members and guest
- Answered and directed phone calls, answered all questions from members, potential members, and guest
- Keep club clean and organized
- · Provided guest with tours of the facility.

# STYLIST & INVENTORY CLERK | GREAT CLIPS |

- Provided the highest quality haircare and services to customers so that a positive image of Great Clips is promoted within the marketplace
- Using the Great Clips Customer Service System to provide quality to customers to retain their business.
   Responsible for answer phones, ordering inventory, and keeping shelfs stocked

#### OPERATOR II | VERIZON SA |

- · Provided information by accessing alphabetical, geographical, or other directories
- Assist customers with special billing requests, such as charges to a third party and credits or refunds for incorrectly dialed numbers or bad connections
- May handle emergency calls and assist children or people with physical disabilities to make telephone calls

# **VOLUNTEER WORK**

## Heart to Heart Care

#### 442-284-3264

2019 - 2021 = 650 hours

- · Volunteered 4-6 hours every week
- · Checked vitals, bed baths, oral care, and ambulation
- Provided each patient with emotional support and a companionship
- Maintained a positive and supportive attitude
- · Supported family with a few hours for respite care
- I assisted with organization and daily living task

# **EXTERNSHIP**

Desert Valley Hospital
Student Extern Nurse
Medical Surgical / Telemetry
Keith Eads - Clinical Educator - 760-241-8000 Ext 8547
Cathie Severance - Director of Med/Surg Telemetry - 760-241-8000 Ext 8844

# **CLINICAL EXPERIENCE**

FALL 2019 August 30- December 7th
PROVIDENCE ST. MARYS MEDICAL CENTER
18300 CA-18, Apple Valley Ca 92307
MEDSURG/TELE
180 HOURS
BARSTOW VETERAN'S ADMINISTRATION HOSPITAL
100 Veterans Pkwy, Barstow Ca 92311
12 HOURS
TOTAL 192 HOURS

FALL 2020 August 25- December 12th
PROVIDENCE ST. MARYS MEDICAL CENTER
18300 CA-18, Apple Valley Ca 92307
MEDSURG/TELE
TOTAL 180 HOURS

SPRING 2021 February 17- June 5th
PROVIDENCE ST. MARYS MEDICAL CENTER
18300 CA-18, Apple Valley Ca 92307
MEDSURG/TELE
72 HOURS
OBSTETRICSS
48 HOURS
PEDIATRICS
12 HOURS
TOTAL 132 HOURS

FALL 2021 September 7- December 14
VICTOR VALLEY GLOBAL HOSPITAL
15248 Eleventh St, Victorville Ca 92395
MEDSURG TELE, ICU, ER
120 HOURS

ARROWHEAD REGIONAL BEHAVIORAL HEALTH
400 N. PEPPER ST. COLTON CA 92324
24 HOURS
TOTAL 124 hours

Spring 2022 February 20- April 23rd
Providence St. Joseph
MEDSURG TELE FLOOR
SO FAR 7 CLINICAL ROTATIONS = 84 HOURS
Heritage Urgent Care- Community Health
12370 Hesperia Road #15, Victorville Ca 92395
March 8<sup>th</sup> = 12 hours

Preceptorship May 10<sup>th</sup> - 10 shifts = 120 hours Providence St. Joseph MEDSURG TELE FLOOR

# References

Lecture and Clinical Professors

Silvia Portillo – Lecture Teacher NP 1, 3, &4

760-964-0302

JoAnn Munroe – Lecture Teacher NP1

760-963-6874

Susan Ali – Clinical Instructor NP 2

760-605-3257

Michelle Juat – Clinical Instructor NP 3

760-265-3235

Yolanda Austin – Clinical Instructor NP 4

760-964-2827