

# Lincy Mathews, RN-BC

lincymathews89@gmail.com ♦ 516-974-8423 ♦ Sienna, TX

## Objective:

Board Certified Registered Nurse with 6 years of inpatient acute care experience with proven ability to excel in challenging environments, looking to work in an acute care setting in your facility.

- Experienced in nurse patient ratio of 1:8 and up to five patients while taking on charge nurse role, additional 2 plus years of experience working in the Covid-19-unit caring for up to twelve patients.
- Excellent communication, organization, multitasking, time management and leadership skills.
- Ability to work independently and collaboratively with multidisciplinary team to form care plans for patients.
- Adept at critical thinking and providing quick concise resolutions in emergent situations as well as assisting rapid response teams.

## Areas of Expertise:

- Patient Assessment and Vital Signs
- Vitals monitoring and interpretation
- Medication Administration
- IV Insertion, administration and titration
- Phlebotomy
- PCA and feeding tube
- Blood Transfusions and Heparin Drips
- Therapeutic Communication
- End of life care
- Reporting and documenting patient data
- Infection Control
- HIPPA compliance
- Epic EMR
- Multilingual (Hindi and Malayalam)

## Professional Experience:

### **Registered Nurse**

*St. Joseph Hospital, Bethpage, NY*

*Aug. 2016 - May 2022*

- Medical Surgery being the main unit while floating to Telemetry and Surgical units as needed.
- Perform initial patient assessments and work with physicians to plan, implement, and evaluate plans of care for patients of all ages.
- Obtain and record patient medical histories and vital signs in electronic and physical medical charts.
- Observe patients and implement nursing interventions to expedite healing and recovery after surgery.
- Administer oral medications, injections and IV therapy.
- Test glucose levels, following hypoglycemia protocols and alerting physicians as indicated.
- Provide wound care while maintaining skin integrity.
- Perform skin assessment to avoid pressure ulcers, provide appropriate skin barriers, prevent CAUTI.
- Handle admissions, discharges, and assist fellow nurses while taking the role of charge nurse.
- Communicate and coordinate with physicians and ACPs regarding any deterioration in patient status, assist in stabilizing measures and upgrading patients appropriately.
- Precept new graduates and nursing students for the unit.
- Remain up to date with infection control protocols, CE credits and attended educational seminars.

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**Pharmacy Technician** *Target, Huntington Station, NY* *Oct. 2013 - July 2016*

- Compiled and recorded confidential patient data using electronic pharmacy software.
- Reviewed and filled prescriptions, managing inventory, ordering, returns, and inter-store transfers.
- Complied with current pharmacy rules and regulations (HIPPA & Fraud Waste and Abuse).
- Communicated extensively with pharmacist regarding patient concerns and needs.

**Child Care Teacher** *SUNY Buffalo, Buffalo, NY* *Jan. 2010 - May 2013*

- Maintained confidential records on individual children including daily observations, activities, meals, and medications administered.
- Instructed children in health and personal habits such as eating, resting, and personal hygiene.
- Planned and designed classroom lessons in conjunction with assistant teacher.

## **Education:**

**Capella University**, Minneapolis, MN *July 2016 - June 2017*  
*Bachelor of Science in Nursing*

**Saint Paul's School of Nursing**, Queens, NY *Jan. 2014 - Dec. 2015*  
*Associate Degree in Nursing*

**University at Buffalo**, Buffalo, NY *Aug. 2008 - Dec. 2012*  
*Bachelor of Science in Biology*

## **Licenses and Certifications:**

Texas State License 1086545	Expiration 11/2023
New York License State 715764	Expiration 10/2024
BLS Healthcare Provider CPR/AED	Expiration 10/2023
Board Certified Medical Surgical Nurse	Expiration 03/2025
NIHSS Certified	