

David Freeman III, BSN, RN

(202)-549-4369

David.Freeman3rd@yahoo.com

*“Leadership is intentional
influence.”*

Michael McKinney

*“Education is the power to think
clearly, the power to act well in the
world's work, and the power to
appreciate life.”*

Brigham Young

*“Knowledge will bring you the
opportunity to make a difference.”*

Claire Fagin

*“Remember: nurses are like
icebergs. At any one time, you are*

Professional Profile

Cardiac Surgery ICU nurse that is committed to learning, embraces adversity and provides evidenced based care to patients of varying acuity levels.

Education – Certifications – Licensure – Organizations

BSN

University of Maryland-Baltimore, 2018.

Certifications

- American Heart Association Basic Life Support (BLS): Expires: 04/2024
- Advanced Cardiovascular Life Support (ACLS): Expires 04/2024
- Cardiac Surgical Unit – Advanced Life Support (CSU-ALS): Expires 10/2023

Licensure

- Maryland Board of Nursing. 2019 (#R237158)

Organizations

- American Association of Critical Care Nurses

Travel Employment

Registered Nurse – Medical/Surgical ICU

Mary Washington Hospital Center – Fredericksburg, VA.

March 2022 – June 2022

- Provides care to one to three patients daily to both non-surgical and pre/post-surgery patients which include CABG's, valve replacements/repair, post cardiac arrest, heart block, stent placement, sepsis and abdominal trauma in a 38-bed level II trauma center.
- Assesses, Monitors and manages 1 patient daily with an Intra-aortic balloon pump (IABP) and temporary atrial and(or) ventricular pacing.
- Provides care for one to three patients daily who require inotropy, vasoactive, anticoagulation, antiarrhythmic, sedation/pain, pulmonary or endocrine support by means of medication via infusion or ordered route of administration.
- Assesses and monitors patients with central lines, arterial lines, HD catheters and Swan-Ganz catheters.
- Follows pathways and protocols for patient's post-surgery with sternotomy closure regarding pain management, drain output extubation, electrolyte replacement, and de-escalation of care.

only seeing what they are actually doing.”

Ian Miller

“Nursing is rarely boring or predictable. In few other professions, we are present at life’s most momentous events, from birth to death, from crisis to recovery. For those who thrive on variety, every day brings a range of new situations.”

Diane Barnet

Staff Employment

Registered Nurse – Cardiac Surgery ICU

University of Maryland Medical Center – Baltimore, MD

December 2020 – March 2022

- Provided care for one to three patients daily pre and post-surgery with aortic dissections/aneurysms, congenital defects, cardiomyopathy, heart failure, multi-vessel disease, chest pain, valve/vessel stenosis and(or) regurgitation, valve repair/replacements (mechanical and tissue), CABG’s, TEVAR’s, pacemaker/LVAD implants (temporary or destination therapy), stent placement, heart/lung/kidney transplants or V-V/V-A ECMO requirements in a monitored 30 bed cardiac surgery ICU at a level 1 trauma and primary adult resource center (PARC).
- Assessed and monitors patients requiring temporary atrial and(or) ventricular pacing, CRRT, IABP, Vapotherm (Hi-flow) and mechanical ventilation by means of endotracheal intubation or tracheostomy.
- Followed pathways and protocols for patient’s post-surgery with or without sternotomy or thoracotomy closure regarding pain management, drain output (chest-tube, Foley, JP, wound or wall vacuum), extubation, electrolyte replacement, blood/platelet/cryoprecipitate/plasma administration (single or massive transfusion), antibiotic or transplant medication administration, ambulation and de-escalation of care.
- Provided care for one to three patients daily who require inotropy, vasoactive, anticoagulation, antiarrhythmic, sedation/pain, pulmonary or endocrine support by means of medication via infusion or ordered route of administration.
- Assessed and monitors patients with central lines, arterial lines, HD catheters and Swan-Ganz catheters.

Registered Nurse – Neurotrauma IMC

R. Adams Cowley Shock Trauma Center at The University of Maryland – Baltimore, MD

February 2019 - December 2020

- Comfortably provided care for one to three patients daily with and without trauma from different mechanisms of injuries in a monitored 24-bed intermediate care unit at a level 1 trauma and primary adult resource center (PARC).
- Assessed and monitored patients with traumatic brain injuries (TBI), spinal cord injuries (SCI), soft tissue infections, major/minor limb injuries, facial/chest/abdominal and orthopedic trauma.
- Assessed and monitored tracheostomies (metal, Shiley, XLT, etc.) with ventilator support/trach-collar, peg tubes, gastro-jejunal tubes (GJ), nasogastric tubes (NGT), multiple drains (Subdural, lumbar, IR, Jackson-Pratt, hemovac), chest tubes/pigtails, external fixators, halo devices and skeletal traction.
- Assessed and monitored patients with arterial lines, medications drips, nerve blocks (peripheral/epidural), patient-controlled analgesia (PCA), wired jaws, craniotomies/craniectomies, limb amputations, flaps/skin grafts, splints/immobilizers, pre/post-surgery, restrained, guarded, or under arrest, combative and non-compliant with care.
- Administered parenteral nutrition through tube feeding or TPN and lipids.

- Performed COVID-19 testing for initial or repeat COVID-19 tests to proceed to rehab or surgical procedures.
- Performed wound dressing changes and lab testing as ordered
- Briefly cross-trained in the Neurotrauma ICU to prepare for a possible influx of COVID-19 patients or stable ICU patients that may require intubation, vasopressor requirement, and sedation.
- Assisted in orientation of new graduate nurses and clinical education with student nurses.

Patient Care Technician – Neuro/Medical-Surgical and Cardiovascular Intensive Care units

Washington Adventist Hospital – Takoma Park, MD

April 2016 - February 2019

- Aided nursing staff and patients in a 10-bed neuro/medical-surgical ICU and 16-bed cardiovascular intensive unit depending on unit needs and staffing.
- Dual functioned as unit support coordinator which included answering phones, sending/receiving faxes, making copies and ordering unit supplies.
- Assisted in providing care to 10 more patients daily.

Professional Accomplishments

- 2020 nomination for Contagious positive attitude from University of Maryland 2020 Nursing Excellence Awards.
- 2017 nomination Compassionate Care award.