

Kidist Bireda
Sioux Falls, SD
Registered Nurse

Email: ksbireda16@ole.augie.edu
Link: [linkedin.com/in/kidist-bireda-020b9517b](https://www.linkedin.com/in/kidist-bireda-020b9517b)
Phone Number: 605-728-4874

Healthcare Experience

Registered Nurse, Sanford Medical Center, SD

03/2022 – Present

- Evaluate intensive care patients, recognize, and address complications and coordinate treatment with other members of critical care team.
- Assessed needs, prioritize treatment, maintain patient flows for five to six patients per shift as well as assist physicians with non-invasive procedures.
- Treat patients using non-pharmacological and pharmacological modalities such as administer medications, track dosages, and document patient conditions to address various disorders, diseases, and injuries.
- Observed critical condition of patients and improvised a diagnostic procedure that helped speed up patients' recovery time and shortened length of stay in the hospital.
- Respond to emergencies with speed and expertise, to provide optimal care, and life-saving interventions.
- Collaborated with charge nurses, physicians, respiratory, physical, and speech therapist as well as case managers as an inter-disciplinary team

Clinical Rotations, Augustana University, SD

10/2019 – 12/2021

- Advocated for patient needs with interdisciplinary team and implemented outlined treatment plans.
- Maintained strict data procedure for five to six patients per shift to comply with HIPAA laws and prevent information breaches.
- Supported four to five patients per shift with basic activities of daily living.
- Acquired basic nursing skills, medicine administration, focused assessments, critical thinking, and patient education.

Patient Care Tech, Sanford Health, SD

06/2020 – 08/2021

- Acquired health-care skills: vital signs, phlebotomy, practice communication skills with patients, family members, and within the nursing team and continue to build on.
- Worked as part of a team to execute proper care of body mechanics and safety of the patient.
- Assist up to sixteen patients per day with activities of daily living which include but are not limited to bathing, grooming, dressing, and assistance with ambulation and range of motion.
- Worked as a float technician in units such as pulmonary, surgical and trauma, cardiology, rehabilitation, orthopedics & neurology, and pediatrics

Direct Support Professional, Lifescape, Sioux Falls, SD

01/2019 - 08/2019

- Collaborated with team members to provide care and assisted with ADLs for disabled children and young adults who are non-verbal, high-level dependent, and immobile.

Education

Bachelor of Science in Nursing (B.S.N.)

12/2021

- Augustana University, Sioux Falls, SD

Volunteer Activity

Children's Gift Shop, Volunteer, Sanford Health, SD

06/2017 - 08/2017

- Organized the delivery of flowers to all hospital units while creating a positive and welcoming environment for patients.

Languages

- English – Fluent
- Amharic – Native/Bilingual