

# MAMALETA LINDO-CLEMETSON

AUGUSTA, GA 30909

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## PROFESSIONAL SUMMARY

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Registered Nurse with twelve (12) years of clinical nursing experience in the Accident and Emergency, Medical (male and female), Surgical (male) and Pediatric unit. Dedicated and compassionate Registered Nurse (RN) with progressive career history in direct patient care, triage and care coordination in fast-paced environment. Proven to remain calm under pressure and skillfully handle difficult patients and high-stress situations. Consistently developing strong relationships with patients and families through empathetic communication, respectful attitude and excellent customer service.

## SKILLS

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CRITICAL THINKING

TEAMWORK AND DEPENDABILITY

COMMUNICATION SKILLS

## WORK HISTORY

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08/2021 to Current **REGISTERED NURSE**

**Doctors Hospital** – Augusta, Georgia

- Collaborate with members of an interdisciplinary health team to plan, implement, co-ordinate and evaluate patient care in consultation with patients and their families.
- Performs nursing procedures that are appropriate to the needs, age and acuity level of the patients.
- Interprets and administers medications and monitor the patients' reaction to ensure the best possible outcomes.
- Administration of intravenous fluids and parental medication.
- Administer cardiopulmonary resuscitation.
- Feeding via nasogastric/gastrostomy tube.
- Nasopharyngeal and oropharyngeal suctioning.
- Conduct electrocardiogram and basic interpretation.
- Administration of blood products and monitor for transfusion reaction.
- Insert intravenous cannula.
- Observe and record vital signs, symptoms and update medical practitioners based on necessity or per hospital protocol.

11/2018 to 07/2021 **REGISTERED NURSE**

**Cornwall Regional Hospital** – Montego Bay, Jamaica

- Deployed from the Cornwall Regional Hospital with a team of nurses (6) to work as the nurse In Charge of a step-down isolation facility with a cohort of 58 Covid-19 positive clients.
- Collection of oropharyngeal and nasopharyngeal swab for Covid-19 testing.
- Monitor client's vital signs, symptoms, responses and general status.
- Work as nurse In Charge of the first Covid-19 ward at the Cornwall Regional Hospital with a 29 bed capacity.
- Lead a cohort of over twenty (20) nurses and collaborate with the multidisciplinary team to curtail the Covid-19 infection.
- Work collaboratively with the infection control team to manage an outbreak of Clostridium difficile.
- Implement measures for staff to follow to prevent further propagation of the C. Difficile bacteria.
- Daily donning and doffing of personal protective equipment (PPE) for patient's care and personal safety.
- Apply monitoring devices, cardiac monitor, pulse oximeter, maintain adequate oxygenation with supplemental oxygen as needed such as high flow nasal cannula, non-rebreather mask and face mask.
- Assist with incentive spirometer exercises.
- Proning clients at least sixteen (16) hours per day to improve oxygenation.
- Assist with intubation of endotracheal tubes.
- Prioritize specific patient's cases and urgency for care based on ongoing assessment of patients' need.

03/2016 to 11/2018 **REGISTERED NURSE**

**Mount Alvernia High School** – Montego Bay, Jamaica, Jamaica

- Collaborate with members of an interdisciplinary health team to plan, implement, co-ordinate and evaluate patient care in consultation with patients and their families.
- Manage medical emergencies on a daily basis, such as Asthma, Hypoglycemia/Hyperglycemia, seizures and head injuries.
- Educate and counsel patients and their families on health-related issues in collaboration with other health care providers.
- Execute critical thinking and knowledge to identify contagious diseases within the school's population and take appropriate nursing intervention.
- Monitor, assess, address, document and report symptoms and changes in patient's condition.

09/2014 to 03/2016 **REGISTERED NURSE**

**Noel Holmes Hospital** – Hanover, Jamaica

- Build trust and working rapport with staff, patients and family members to enable effective communication of instructions and other information that are pertinent to the patient's wellbeing and care.
- Provide holistic nursing care using the nursing process to patients with varied condition.
- Proficiently worked 6 months in the accident and emergency unit, handling multiple medical emergencies including, strokes, cardiac arrest, motor vehicle accidents, head injuries, poisoning, burns and sexual assaults.
- Administered medications via oral, IV and intramuscular injections and monitored responses.

02/2010 to 09/2014 **Registered Nurse**

**Bustamante Hospital for Children** – Kingston, Jamaica, Jamaica

- Supervised assigned wards in the absence of the nurse manager for Medical, orthopedics, isolation and burn units.
- Collaborate with nurse manager and two other nurses to control and prevent the spread of MRSA outbreak on the burn's unit.
- Provide direct quality care to patients including daily monitoring, recording and evaluating of medical conditions of up to 10 patients per day.
- Lead and mentor a cohort of 25 First Year Nursing Students each semester, educating and guiding in both clinical skills and workplace competencies.
- Handle auto blood transfusion pump, IVs, splinting, suturing and other necessary clinical procedures as part of patient care plan.
- Active member of the Nurses Association of Jamaica (NAJ).
- Managed care from admission to discharge.

**EDUCATION**

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Sept. 2009 **Bachelor of science: Nursing**  
**University of the West Indies**

08/2021 - 08/2023 **ACLS**

08/2021 - 08/2023 **BLS**