

# Adara Patterson

Alexandria, VA 22302

[MsDeepatt30@hotmail.com](mailto:MsDeepatt30@hotmail.com)

+1 703 254 4726

Attentive and detail-oriented with over 15+ years' experience in the medical field. Offering a combination of diverse clinical experience and administrative skill set with a true passion for helping people in the healthcare setting.

## Work Experience

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### **Registered Nurse ICU**

MedStar Southern Maryland Hospital Center

May 2022 to Present

Critical care nursing. Specializing in cardiovascular and stroke patients. As well renal failure and neurological disorders.

### **OR Charge Nurse**

Palisades Eye Surgery Center - Bethesda, MD

June 2021 to April 2022

Providing patient care for ophthalmology clients being treated for Cataract, Glaucoma, Refractive, PPK, and cornea repair surgeries. Verifying and triaging patients, performing nursing assessments, and providing patient education on recovery care for eye drops as well as scheduling follow-up appointment. Interpreting EKGs, starting IVs, and administering medication.

### **Surgical Oncology Reregistered Nurse**

MedStar Washington Hospital Center - Washington, DC

December 2020 to June 2021

- Providing patient care for patients coming from surgery who maybe recovering from Colorectal, Bariatric, or the Sugarbaker Procedure. Admitting and discharging patients, medication administration via oral, intravenous, topical, and nasogastric tube. Monitoring and titrating insulin, heparin, furosemide and Ketamine drips. Setting SMART goals daily for patient care while rounding with the surgeons and their teams. Preventative care of wounds, ostomies and Foley patients. Dressing changes, wet to dry wound packing, ostomy teaching and replacement. Trach care and suctioning, monitoring chest tube output, ambulating with patients, time management and prioritizing care. Tele monitoring for arrhythmia.

### **Registered Operation Room Nurse**

MedStar Washington Hospital Center - Washington, DC

July 2020 to June 2021

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- Providing patient care for patients as they prepare their surgical procedures. Maintaining the traffic flow in and out of the OR suite, gathering needed supplies for the procedures, assisting with patient positioning, handoff report for PACU. In the scrub nurse role, assisting at the field by passing needed instruments to the surgeon, providing helping hands with the surgical procedures. Knowledge of plastic, bariatric, trauma, surgical oncology, Gyn and general surgery.

## **Student Nurse Extern/Patient Care Tech**

Anne Arundel Medical Center - Annapolis, MD

September 2019 to May 2020

Annapolis, MD 21401)

- Provider direct patient care for patient with neurological disorders and altered mental status. Assisting with oral care, feedings and personal hygiene. Assisting's with admission/discharges, performing initial weight checks, vital signs and orientation to room/unit. Recognizes and reporting pain/complaints to assigned nurse, drawing blood, glucose checks, IV insertion, Foley catheter removal.

## **Senior Practicum**

Chamberlain College of Nursing - Washington, VA

December 2018 to April 2020

- 48-hour each rotation for Mental Health, Maternal-Newborn, Pediatrics, Critical Care, Community Health and Fundamentals at varies hospitals and clinics in the area
- 96-hour each rotation for Medical- Surgical, Leadership and Capstone at varies hospitals and clinics within Northern Virginia, Washington DC and Maryland.
- Senior Practicum, 16 weeks General Surgery at Suburban Hospital in Bethesda, MD

## **Lead Medical Assistant**

Privia Medical Group - Washington, DC

March 2014 to December 2017

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- Triaging patient, performing venipunctures, running EKGs, as well as administering injection. Providing patient care/education on (Diabetes management, Hypertension and STDs). Initiating Prior Authorization/ Referrals, medication refills, scheduling Diagnostic testing (MRI, CT, Ultrasounds). Updating EMRs, documenting lab results and answering phone calls.

## Education

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### **BNS degree**

Chamberlain College of Nursing

May 2020

### **Associate's degree in Registered Medical Assistant**

Fayetteville Tech College - Fayetteville, NC

November 2013

### **Diploma**

Pinecrest High School - Southern Pines, NC

July 2001

## Nursing Licenses

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### **RN**

Expires: December 2021

State: DC

## **RN**

Expires: December 2021

State: VA

## Skills

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- /Awards  
Proficient with computers/ Healthcare systems (Microsoft Office, Epic, Allscprints, CareCloud, Athena).  
A member of Student Nurses Assicotation (SNA) since 2017 and National Honors Society (NHS) since 2018.
- Phlebotomy
- Venipuncture
- Patient Care
- EMR Systems
- Triage
- Laboratory Experience
- Experience Administering Injections
- Nursing
- Medical Records
- Medication Administration
- Ophthalmology Experience
- Critical Care Experience
- Catheterization
- Basic IV
- Foley catheter
- Anatomy knowledge

## Certifications and Licenses

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### **BLS Certification**

### **CNA**

### **CPR Certification**

### **CPR Certification**

### **ACLS Certification**