

Helen Ariwodo

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Seeking a position as a Registered Nurse where my clinical years' experience would assist in providing quality health care in a compassionate and ethical organization.

Authorized to work in the US for any employer

Work Experience

Registered Nurse

West Oaks Hospital

December 2019 to Present

- Observing and recording patient behavior
- Performing physical exams and diagnostic tests
- Collecting patient health histories
- Counseling patients and their families
- Educating patients about treatment plans
- Administering medications, wound care, and other treatment options
- Interpreting patient information and making decisions about necessary actions, where appropriate
- Consulting with nurse supervisors and physicians to determine best treatment plans for patients
- Directing and supervising the care of other healthcare professionals, including licensed practical nurses, certified nurse assistants, and nurse aides
- Conducting research to improve patient outcomes and healthcare processes

Registered Nurse

The Crescent Rehabilitation

October 2018 to Present

Registered Nurse

Bellaire Behavioral Hospital

April 2019 to December 2019

Registered Nurse

Oceans Behavioral Hospital

February 2019 to April 2019

Patient Care Asst

St Joseph Medical Center

August 2015 to January 2018

North Cypress Medical Center

February 2017 to April 2017

Patient Care Asst

Alliance Staffing Group
March 2015 to January 2017

North Cypress Hospital
June 2016 to July 2016

Harris County Psychiatric Center
February 2016 to April 2016

Memorial Herman Hosp.-Medical Center
October 2015 to November 2015

Methodist Hospital Willow
September 2015 to October 2015

West Houston Medical Center
February 2015 to April 2015

Patient Care Asst

Memorial Hermann Hospital
May 2009 to January 2015

Select Heights Specialty Hospital
September 2014 to November 2014

Unit Secretary

Triumph Hospital
February 2006 to May 2009

Patient Care Asst

The Methodist Hospital
December 2005 to December 2006

Nurse Assistant

Sava Senior Care
June 2005 to November 2006

Achievements

Houston Community College Higher Honors Award August 2011

Dean's List January 2010

Education

Bachelor of Science in Nursing

Prairie View A&M University, College of Nursing
January 2014 to May 2018

Associate in Arts

Houston community College
January 2009 to August 2011

Nursing Licenses

RN

Expires: February 2022

State: TX

Skills

- Nursing
- Hospital Experience
- Critical Care Experience
- Senior Care
- Medication Administration
- EMR systems
- Epic
- Triage
- Laboratory Experience
- Experience Administering Injections
- Vital Signs
- Travel nursing
- Cerner
- Employee Orientation
- Patient Care
- Phlebotomy
- Home Care
- Management
- ICD-10
- Medical Office Experience
- Computer Skills
- Supervising Experience
- Caregiving
- Behavioral health
- Assisted living

Certifications and Licenses

ACLS Certification

BLS Certification

CPR Certification

**Compact State Nurse License
Medical License**