

Demetra Cates

Roanake, VA

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Nursing, State of GA Compact -RN282407

VA license RN. Compact

BLS - American Heart Association

Willing to relocate: Anywhere

Authorized to work in the US for any employer

Work Experience

Registered Nurse

Wake Med Cary - North Carolina

October 2021 to Present

- RN Med- Surg - Travel
- Bed Size 400 level III trauma center.
- Provide care adult patients. Covid, Acute respiratory failure, Acute renal failure. GI bleed, Diabetes, Alcohol withdrawal, Decubitus ulcers.
- Epic charting

Registered Nurse

Saint Mary's Medical Center - Huntington, WV

November 2020 to August 2021

- RN Med Surg Float Pool -Travel
- Bed size 378 Trauma and Teaching Hospital
- Providing care for all ages in Neuro, Ortho, Pulmonary - with bedside monitor. COVID and urology.
- Cerner Charting.
- Able to adapt and work where needed.

Registered Nurse

Memorial Health System - Savannah, GA

February 2019 to September 2020

- Med/Surg - 20 Bed unit in 612 Bed Hospital
- Level 1 Trauma and Teaching Hospital
- Utilize the nursing process to prescribe, provide, and coordinate care for Cardiac, Med/Surg and COVID patients based on current standards of medical/surgical and critical care nursing.
- Care includes initial and ongoing assessment, drug administration, vascular access procedures, assisting physicians and technologists during procedures, and reporting on patients' conditions.
- Regular perform wound care, NG tube maintenance blood transfusions, chest tube maintenance, and many technical tasks.
- Documented medication administration, physical, and psychological assessments via EPIC.

Charge Nurse

Coastal Harbor Behavioral Health - Savannah, GA

December 2018 to September 2020

- Provided primary nursing to acute adult inpatient care with multi-medical diagnoses including CHF, HIV positive, HTN, suffering psychiatric problems, and patients going through alcohol withdrawals.
- Conducted daily patient assessments documented findings monitored patient status, utilized clinical reasoning skills to determine when orders/interventions were warranted and intervened accordingly.
- Contribute to the provision of a safe, comfortable, a therapeutic environment.
- Rotate between the Acute Psychiatric ward and Alcohol detox care units as staffing needs arise.
- Supervise and delegate responsibilities to a team of 3-4 assistant staff.

Patient Care Technician

Health Care Staffing - Savannah, GA

February 2015 to February 2017

- Providing social or direct care services to groups of particular need's individuals in a personal setting. Crisis intervention training. Monitor vital signs of clients.
- Participates in case of a review, consulting with the team to evaluate the individual's needs, and plan for continuing services. Develop individualized plans.
- Provide training for the daily living situation and new orientation services to consumers.
- Counsels and advises individuals on behavioral problems, decision making, and the resolution of minor issues.
- CPR, CPI certified.

HR Rep

ON Site HR - Savannah, GA

March 2015 to January 2016

- Fill open positions with the most qualified worker's available-through phone or in-person interviews.
- Set up and administer recruiting programs.
- Handle all the necessary paperwork in hiring and orientation: conducted I-9 verification and Background checks.
- Answer multi-line phones and assist applicants and clients with questions/problems.

Merchandise Analyst

CitiTrends - Savannah, GA

October 2010 to October 2014

- Organize a weekly touch base with senior management about current business needs.
- Allocator for Kids 4-16, Jr. and Ladies Dresses for 500 stores.
- I played an intricate role in the Buying and Planning team to aid in optimal allocation direction.
- Guiding individual store assortment needs through detailed analysis to help identify the sales trends through AS400.

Assistant Buyer

Forman Mills - Pennsauken, NJ

June 2008 to September 2010

- Evaluate financial plans weekly and suggest plan changes if necessary.
- Facilitate in effectively communicating product information at the store level

- Assist with the timing and flow of products based on seasonal plans, in/out strategy, and overall category management.
- Analyze ad performance and make recommendations to maximize future performance.
- Administrative duties as needed.

Education

Bachelor's in Nursing in Nursing

Drexel University
September 2018

Bachelor's degree in Business Marketing

Liberty University - Lynchburg, VA
2014

Nursing Licenses

RN

Expires: January 2023

State: GA

Skills

- Selected for the highly competitive New Graduate Nurse Residency Program, 2019, for the level 1 trauma center. Served in the leadership role as a relief charge nurse for a 20-bed unit. Preceptor to senior nursing students, co-op and transitional, overseeing and teaching acute, bedside nursing per hospital policies and procedures.
- More than ten years engaged in delivering unparalleled customer service. A verifiable record of accomplishment of success backed by impeccable references. Areas of expertise include Management, Multitasking, and Problem Solving.
- RN
- Medical Surgical
- Tube Feeding
- Behavioral Health
- Crisis Intervention
- Medication Administration
- Epic
- Cerner
- Employee Orientation

Certifications and Licenses

BLS Certification

CPR Certification

Assessments

Nursing Aide Skills — Expert

February 2020

Providing nursing aid to patients using knowledge of relevant equipment and procedures.

Full results: [Expert](#)

Nursing Skills: Clinical Judgment — Expert

February 2020

Assessing a patient's condition and implementing the appropriate medical intervention.

Full results: [Expert](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.