

Rachel Cothron

Experienced Director of Nursing with Acute Care experience.

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I have worked as a Director of Nursing in long-term care. In addition, I also have 10 years of acute care experience. I am looking for a stable career opportunity, where I can advance my skills and make a difference.

Authorized to work in the US for any employer

Work Experience

Director of Nursing

Creekside Village - Richwood, TX

May 2022 to July 2022

I was responsible for ensuring Standards of Care are met. I also ensured quality measures were met and CMS guidelines.

Director of Nursing

Kemp Care Center - Kemp, TX

March 2022 to May 2022

I have dealt with multiple staffing issues and fixed clinical systems. I am responsible for scheduling, call, care plans, and much more.

Weekend Supervisor/Director of Nursing

Stamford Residence and Rehab - Stamford, TX

May 2021 to March 2022

While working as a Weekend supervisor I was responsible for ensuring staffing needs were met. In addition, Assessed and made recommendations for residents with changes in condition. As DON I have successfully dealt with staffing shortages and other challenges. I am responsible for ensuring that CMS regulations are followed.

Director of Nursing

Homeplace Manor - Hamlin, TX

November 2020 to September 2021

Scheduling of nursing staff, wound management, care plans, and supervising staff. In addition I am responsible for QAPI and Quality Management.

Registered Nurse

L.V.N.-R.N., HASKELL MEMORIAL HOSPITAL - Haskell, TX

August 2015 to August 2021

I worked as both a charge nurse in the emergency department and on the Med-Surg floor. After starting in LTC, I stayed PRN at this facility and worked multiple shifts in the ER and on the Med-Surg floor.

Director of Nursing

Stamford Residence and Rehab - Stamford, TX
September 2020 to November 2020

Scheduling of nursing staff, wound management, care plans, and supervising staff.

R.N. SUPERVISOR HASKELL HEALTHCARE

Haskell Healthcare Center - Haskell, TX
July 2018 to September 2020

I work on an as needed basis at this SNF. My duties are supervising the nursing staff, ensuring patient safety, and resident assessment.

Licensed Vocational Nurse

L.V.N., STAMFORD MEMORIAL HOSPITAL
February 2011 to July 2015

I provided care for patients in both the Emergency Room and Med-Sur Floor. I was responsible for medication administration and patient care. During my employment with this hospital I also worked in the clinic setting for six months. I was the only nurse for a busy Nurse Practitioner. Additionally, I was responsible for insurance referrals as well as Quality Assurance.

Education

Master's degree in Nursing Administration

The University of Texas at Arlington - Arlington, TX
January 2022 to Present

Bachelor's in Nursing

The University of Texas at Arlington - Arlington, TX
January 2020 to August 2021

ASSOCIATE DEGREE IN NURSING in NURSING

TEXAS STATE TECHNICAL COLLEGE
April 2018

Vocational Nursing in VOCATIONAL NURSING

VERNON COLLEGE
August 2009 to August 2010

Nursing Licenses

RN

Skills

- TIME MANAGEMENT
- Outlook
- Healthcare

- Management
- Microsoft Word
- Nursing
- EMR Systems
- Primary Care Experience
- Medication Administration
- Problem-solving
- Flexibility
- Team Work
- Reliability
- Quality Management
- Hospital Experience
- Experience Administering Injections
- Triage
- Interviewing
- Recruiting
- EHR systems
- Typing
- Vital Signs
- Medical Records
- Laboratory Experience
- Patient Care
- Basic IV
- Case Management
- Nurse Management
- Supervising Experience
- Quality Assurance

Certifications and Licenses

Registered Nurse

June 2018 to February 2022

LVN

August 2009 to February 2024

Assessments

Electronic Medical Records Knowledge — Highly Proficient

July 2019

Knowledge of EMR data, associated privacy regulations, and best practices for EMR use.

Full results: [Highly Proficient](#)

Clinical judgment — Highly Proficient

June 2021

Assessing a patient's condition and implementing the appropriate medical intervention

Full results: [Highly Proficient](#)

Medical terminology — Highly Proficient

June 2021

Understanding and using medical terminology

Full results: [Highly Proficient](#)

Patient-focused care — Expert

June 2021

Addressing concerns and using sensitivity when responding to needs and feelings of patients

Full results: [Expert](#)

First aid — Expert

June 2021

Treating common medical emergencies

Full results: [Expert](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.

Additional Information

SKILLS

Computer literate Time management Multi-tasking Self-guided learner