

# Annalysa Salinas

San Antonio, TX 78256

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Texas Board-Certified Registered Nurse with five years of experience delivering high-quality care to patients in Medical- Surgical/ Telemetry and Stepdown care units. Work well with diverse patient population and foster trusting relationships to improve outcomes. Efficiently coordinate with healthcare professionals to advance patient care.

Authorized to work in the US for any employer

## Work Experience

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### **Registered Nurse**

HCA Healthcare Healthtrust - San Antonio, TX

April 2020 to Present

COVID/ Stepdown/Telemetry/Med-Surg/Float

### **Registered Nurse**

Houston Methodist Willowbrook Hospital - Houston, TX

September 2019 to March 2020

Monitored patient condition, including interpreting and tracking EKG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity

Delivered outstanding care to up to 5 patients at a time, with various diagnoses and managed care from treatment initiation through to completion

Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans

Facilitated therapeutic communication, conflict resolution and crisis intervention by redirecting negative behaviors and helping patients regain or improve coping abilities to prevent further disability

### **Lead Registered Nurse**

Restore Hyperwellness And Cryotherapy - San Antonio, TX

February 2019 to June 2019

Trained new nurses in proper techniques, care standards, operational procedures and safety protocols to optimize performance and safety

Kept optimal supply levels in treatment rooms, triage and other areas to meet typical patient loads

Observed and reported patient condition, progress and medication side effects to accurately document updates

Monitored social media and online sources for industry trends

Administered Intravenous therapy and Intramuscular shots

Administered Hyperbaric Oxygen Treatment

### **Registered Nurse Supervisor**

San Antonio Wellness And Rehabilitation - San Antonio, TX

October 2018 to February 2019

Managed infection control and critical incidents and made procedural changes and improvements  
Ensured that the pharmacy area was kept clean, neat and free of debris  
Audited charts daily and reviewed all clinical documents to verify accuracy and completeness, progress towards core measurable targets and completion of appropriate patient health education

### **Registered Nurse**

Methodist Stone Oak Hospital - San Antonio, TX  
April 2018 to February 2019

Documented patient information obtained from interviews  
Educated patients on procedures and facility processes  
Talked with families about preferred care methods  
Diagnosed and treated patients with chronic and acute health problems such as MI, arrhythmias, asthma, COPD and pneumonia  
Maintained accountability for controlled narcotics and distributed medication on schedule

### **Registered Nurse**

Northeast Methodist Hospital - Live Oak, TX  
June 2017 to April 2018

Worked closely with doctors to triage and facilitate patient care  
Provided skilled emergency response in critical situations  
Liaised between patients and physicians to ensure patient comprehension of treatment plans  
Instructed patients and family members on proper discharge care  
Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care to deliver comprehensive services

## Education

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### **Master of Science in Nursing**

Georgetown University - Washington, DC  
August 2021

### **Bachelor of Science in Nursing**

The University Of Texas Rio Grande Valley - Edinburg, TX  
2017

### **Associate of Applied Science in Interdisciplinary Studies**

South Texas College - McAllen, TX  
2013

## Skills

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- BLS certified
- Professional bedside manner
- Patient evaluation
- Fluent in English and Spanish
- Strong clinical judgment

- Women's health exams
- Medication administration
- Chronic disease management
- Culturally-sensitive
- RN
- Staff Nurse
- Med Surg
- Medical Surgical
- Hospital
- Home Health

## Certifications and Licenses

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### **Womens Health Nurse Practitioner**