

# TEODORA RUSINOVA

✉ tdrusnova1@gmail.com

☎ (612) 840-1014

📍 Austin, TX 78717

## PROFESSIONAL SUMMARY

Registered nurse deeply committed to providing safe, quality, compassionate, holistic patient care. Nursing background includes, 4 years of Medical Surgical, Telemetry, Orthopedics and COVID Unit experience within Level III and IV trauma centers.

## SKILLS

- Compassionate and caring
- Open-minded and proactive
- Critical thinking and problem solving
- Time management, teamwork and respectful communication
- HIPPA compliance
- Resourceful
- Blood Product Transfusion
- IV Administration ( critical drips)
- Chest Tubes
- Interpreting EKGs
- NG tubs, Catheters, Ostomy, Wound care

## EDUCATION

**Metropolitan State University**  
Saint Paul, MN • 05/2018

**Bachelor of Science:** Nursing

## CERTIFICATIONS

- Registered Nurse License -

## WORK HISTORY

### **Methodist Hospital - Registered Nurse, Medical-Surgical Unit**

*Saint Louis Park, MN • 10/2021 - 07/2022*

- Provided direct patient care, stabilized patients and determined next course of action.
- Maintained quality care and comfort for patients with heart failure, pulmonary hypertension and other conditions. In some cases prepared patients for Cath lab.
- Reviewed pre and post-operative orthopedic orders and continuously monitored patients' post-operative vitals and wound.
- Managed care for patients on cardiac monitoring, interpreted rhythms and delivered appropriate treatment.
- Followed all hospital protocols, regulations and infection control precautions
- Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.
- Organized and managed care of patients undergoing various therapies and procedures.
- Floated to Oncology, Neurology, Psychiatric, Geriatric and Observation Units. On specific days managed care of 12 patients.
- Evaluated healthcare needs, goals for treatment and available resources of each patient and connected to optimal providers and care.

BSN

- ACLS
- BLS
- Holistic Baccalaureate Nursing Certification- in progress

- Managed care from admission to discharge

**Allina Health - Unity Hospital - Medical Telemetry Unit  
Registered Nurse**

*Fridley, United States • 11/2018 - 06/2021*

- Provided independent nursing practice along with ability to delegate medical functions performed by other healthcare team members.
- Assessed and evaluated mental health needs, working with multidisciplinary team to initiate, manage and modify individualized care plans.
- Implemented care plans for patient treatment after assessing physician medical regimens.
- Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.
- Educated patients, families and caregivers on diagnosis and prognosis, treatment options, disease process and management and lifestyle options.
- Provided direct patient care, stabilized patients and determined next course of action.
- Implemented medication and IV administration, catheter insertion and airway management.
- Monitored patient condition by interpreting and tracking EKG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity.
- Cared for patients in 31 -bed unit, supporting fellow nurses in delivering outstanding treatment to patients