

Cindy Dahl

Critical Care Nurse

Las Vegas, NV 89166

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Driven nursing professional with six years' experience in critical care environments. Talented at conducting patient assessments, developing individualized care plans and implementing prescribed orders. Successful at delivering high-quality patient care to advance recovery goals and improve overall health.

Authorized to work in the US for any employer

Work Experience

Cardiac Cath Lab Recovery Nurse

Mountain View Medical Center - Las Vegas, NV

September 2021 to July 2022

- Organized and managed care of patients undergoing various therapies and procedures, including cardiac catheterization, implantable devices, cardiac ablation, transcatheter aortic valve replacement, cardioversions, and femoral popliteal bypass surgery.
- Monitoring patient condition post procedure, including interpreting and tracking EKG readings, identifying signs of any complications, and identifying irregular telemetry reading and updating team members on changes in stability and acuity.
- Management of arterial and venous access sites, including arterial groin sheath management and removal.
- Equipped patient and their families with tools and knowledge needed to ensure a successful and sustained recovery.
- Educated patients on how to improve lifestyle choices, dramatically reducing chances of symptoms reoccurrence.

Critical Care Nurse

IMC - Las Vegas, NV

August 2017 to September 2021

- Observed and reported patient condition, progress and medication side effects to accurately document updates.
- Conferred with physicians to discuss diagnoses and devise well-coordinated treatment approaches.
- Documented vitals and medical histories in patient charts when assessing patients and communicated patient information to physicians and other nurses for care continuity.
- Delivered medications via oral, IV and intramuscular injections, monitoring responses to catch and address new concerns.
- Demonstrated ability to advocate for and strive to protect health, safety, and rights of patient.
- Informed patients and families of effective treatment options and at-home care strategies, enhancing long-term outcomes.
- Created individualized care plans for patients and worked with medical professionals to come up with treatment and discharge options.

ICU RN

Centennial Hills Hospital Medical Center - Las Vegas, NV
October 2019 to September 2020

- Frequently working with traced and intubated patients, monitoring vents, and providing sedation as prescribed.
- Managed central lines, chest tubes, vas cath, foley, arterial lines, etc.
- Monitoring of hemodynamically unstable patients and provided interventions as appropriate.
- Conducted assessments, ordered and assessed lab tests as required.
- Created patient care plans which included assessments, diagnosis, and evaluations.
- Closely working with intensivist, anesthesiologists, and surgeons.

Intensive Care Unit Nurse

Western Missouri Medical Center - Warrensburg, MO
May 2016 to July 2017

- Performed patient treatment according to urgency of condition while multitasking and delegating treatment needs to qualified staff to ensure effective and safe care to promote better outcomes.
- Coordinated with healthcare staff from various disciplines to devise, carry out and manage personalized care plans to benefit patient health and recovery.
- Assessed and managed various patient treatments for numerous patient diagnoses from sepsis to acute respiratory distress.
- Oversaw various aspects of telemetry by administering PA catheters and arterials, vasoactive drugs, titration, thrombolytic therapy, dysrhythmia interpretation and chest tubes.
- Monitored patient reactions to drugs and carefully documented progress of individuals participating in clinical trials.
- Guided and educated patients and caregivers on diagnoses, disease management, preventative measures, medication use and self-care to foster consistency in care administration.
- Cooperated and communicated effectively with physicians to ensure client satisfaction and compliance with set standards.

Education

BSN in Nursing

Central Methodist University - Fayette, MO
Present

Associate of Science in Nursing

State Fair Community College - Sedalia, MO
March 2016

Associate of Arts in Health Care Administration

University of Phoenix - Tempe, AZ

Nursing Licenses

RN

Expires: August 2023

State: NV

RN

Expires: August 2023

State: NM

Skills

- RN
- Critical Care Experience
- Nursing
- Medication Administration
- ICU Experience
- Hospital Experience
- EMR Systems
- Experience Administering Injections
- Cerner

Certifications and Licenses

BLS for Healthcare Providers

August 2019 to August 2023

Advanced Cardiovascular Life Support (ACLS)

August 2019 to Present